

Women's Page



from the
KELVIN KITCHEN
by Joan Adams

CANDY GET-TOGETHERS

Do you feel a stir of anticipation in your sweet tooth this week? No wonder. It's National Candy Week! The confectioners of America have dedicated seven days to the two-billion pound national appetite for buns and more widely assorted chocolates. But we know a better way to celebrate the week—by making candy ourselves!

What shall we make? Fudge or fendant, toffee or taffy? Can't you picture the shining honey-colored ropes of molasses candy at an old-fashioned candy pull? During Candy Week would be an appropriate time to revive that genial form of getting together. On an evening when you've nothing in particular to do, invite over informally two or three others who haven't anything in particular to do; persons, perhaps, who aren't well acquainted with each

other, for there's nothing like a taffy-pull for making acquaintances that "stick." Rush your guests into the kitchen before they can get established in the upholstered chairs out front, and tag them with aprons. Put one guest to measuring out brown sugar, another in charge of molasses, and someone else to cream the butter. Before those ingredients have got together, your guests will have, too.

Maybe you're so torn between a choice of taffies—molasses, peanut butter, chocolate, and even orange taffy—you'll decide to make fudge. What a gorgeous chocolatey aroma fudge sends through a house! If you make it, remember the "soft-ball" stage is reached at 238 degrees F. or when a soft ball can be made of a little of the sirup dropped in cold water without clouding it.

Perhaps you'll chose the smooth, creamy, nut-laden richness of Creole pralines. In the deep South where chilly damp nights at this time of year begin to make a small fire feel good, Southern households often use the extra available heat for making those famous Louisiana pralines and the similar Mexican confection, penucho. In the northern zone, the rosy, spicy autumn apples urge home candy-makers to prepare Apples-on-Sticks, beloved by children at Hallowe'en. Popcorn balls are popular with youngsters, too. In Kentucky, they're called "tick-tacks" and sorghum is often used for the candy mix in place of corn sirup.

Many splendid, quickly prepared candy recipes have been developed to simplify home candy-making. They can be made to fill a bridge-table candy dish the same evening the guests arrive. Some of these candies don't ever see a stove—they're "conditioned" with cold, in the refrigerator.

FRUIT CARAMELS

- ½ pound stoned dates.
- ½ pound raisins.
- ¼ pound figs.
- ¼ pound grated coconut.
- ¼ pound nut meats.
- ½ pound orange peel.
- Juice ½ lemon.
- ¼ cup orange juice.

Put fruit and nuts, then the coconut, through food chopper. Add fruit juices and mix well. Pack in a square tin to the depth of ½ inch. Sprinkle with confectioner's sugar, cover and store in refrigerator for 12 hours. Cut in squares and roll in powdered sugar. Can be kept for several weeks in refrigerator.

FONDANT

- 3 cups sugar.
- ¼ cup butter.
- 2-3 cup orange juice.
- ½ cup evaporated milk.

Combine ingredients and cook to a soft ball when tested in cold water. Pour ½ mixture into a pan in which 1 square of chocolate has been melted and blend thoroughly, pour onto buttered platter and cool. When mixture is thoroughly cooled, beat with a large spoon until fondant is smooth, then place in refrigerator for 20 minutes. Remove and form into balls. Roll orange colored balls in shredded coconut. Makes about

EMILY BUZBY, DOG PSYCHOLOGIST KNOWS PUPPIES

Among American women, the ownership of dogs is on the increase, according to statistics recently compiled by dog experts in New York City. Moreover, it appears that women are more successful than men, as a general rule, in the training and management of dogs. This, it is said, is due to the fact that women are better "dog psychologists" than men.

Dog psychology, according to scientists, is the important thing in bringing up a puppy. And one of the foremost dog psychologists in America is a woman—Miss Emily Buzby. She has written a brief and simple study of the elementary principles of dog-raising, which appears in the current issue of the Woman's Home Companion. To any lover of dogs, it contains many in-

teresting observations and suggestions.

A puppy is a dog, but it also is a baby. You must train it right. You must consider its youthful enthusiasms and tendencies.

There is really no more excuse for an untrained troublesome dog than there is for an ill-humored annoying child, declares Miss Buzby. Your puppy must be taught to obey, to be cleanly in its habits, to refrain from jumping all over the unsuspecting guest, and from making a nuisance of itself at meal time. And all of it must be taught with kindness. Miss Buzby tells exactly how to do it.

Obedience, she points out, is easily taught. Call your dog by name, and when he comes to you, give him a tiny piece of apple or cracker. Tell him to "lie down," pressing lightly on his back. When he does it, give him another reward. Do this over and over. He will soon run to you whenever you call; he will lie down whenever you tell him to.

If you must punish him, speak in a stern harsh voice showing extreme displeasure. It will break his heart, temporarily. Never strike a dog with your hand or about the head—you may injure it seriously. Have a sheet of newspaper rolled for a spanker. It makes a terrific slap, with no damage, and it startles the pup into good behavior if used smartly on the flank. One coaxing and reward will do more good than ten spankings.

If your dog runs away, reward him when he comes home. He will come back sooner the next time. If you whip him when he returns he

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YOUR CHILD AND THE SCHOOL

By Dr. ALLEN G. IRELAND
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Study Time

Though the home work required by many schools is questionable, the fact remains it exists and parents should make the best of it by

providing the best conditions for studying. Quiet is one essential. Shut off the radio during the study hour. If possible give the child a room to himself, and keep other children away.



As the workman needs good tools, so the child needs a comfortable chair and a table of the right height. Good light is important, but this does not mean an excessively bright light. By all means avoid glare, thus the table top should not be polished and the light should be placed so that it does not shine directly into the child's eyes. The best location for the light is to the left and slightly to the rear of the child, or the right in the case of left handed children.

It is desirable to have a regular time for study, and insist that the schedule be kept. But don't let it come in the child's after-school playtime. Let that be his own time. An hour or so after the evening meal is usually satisfactory. Insist upon concentration and application during study time. Discourage "fooling" and interruptions.

Dr. Ireland will discuss next week the important problem of parents and teachers—the causes of communicable diseases.

4 dozen candles.

CHOCOLATE FUDGE

- 2 cups granulated sugar.
- 1 cup water.
- 1 cup sweetened condensed milk.
- 3 squares unsweetened chocolate.
- 1 cup nut meats (optional).

Mix sugar and water in large saucepan and bring to boil. Add sweetened condensed milk and boil over low flame until mixture will form a firm ball when tested in cold water (235 degrees F. to 240 degrees F.) Stir mixture constantly to prevent burning. Remove from fire, add chocolate cut in small pieces. Chop nut meats and add. Beat until thick and creamy. Pour into buttered pan. When cool, cut in squares.

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