

AGE FOOD SECTION

Quality

Price

Economy

BOULDER CITY

And News of The Hoover Dam Project

WILL START BOULDER HOTEL SOON, SAYS CONCESSIONAIRE

Following a conference yesterday with Sims Ely, Boulder City manager, announcement was made that W. A. Drennan, southern California hotel man, will start immediately on plans for an up-to-date hotel in the dam city.

Drennan made an early application for a permit to operate an hotel in Boulder City, and following his conference with Ely, at which time he learned that his applica-

tion had been approved, announced that he was prepared to go ahead immediately to supply the government's model city with a model hostelry.

Planning to be able to offer accommodations this summer to the thousands of tourists expected to view the progress of the work on the government project, Drennan's hotel will fill a need that has been felt acutely for the past several months, it is said.

Gravel Plant Railroad Progresses; Draglines At Pit Now In Operation

Officially reported to be six months ahead of schedule, work on the Hoover dam contract is still progressing at the rapid pace that has characterized the work of the contractors since the start of the job, according to a brief survey made yesterday.

Track laying on that portion of the Six Companies railroad leading to the gravel plant and to the river has progressed as far as the gravel plant. The gravel plant proper has been completed and has been thoroughly tested in operation and proven completely reliable.

At the gravel pit, located seven miles up the Colorado on the Arizona side of the river, huge draglines have been put in operation preparatory to the actual excavation of the gravel to be used in the concrete for lining the tunnels.

Mixing of the concrete will start with the completion of the low level mixing plant, which will be completed in about ten days, and will be in readiness for supplying concrete well in advance of schedule.

TOBACCO BAN FOR MINORS AT B. C.

Prohibiting the sale of tobacco or cigarettes to minors, an order will be issued by Sims Ely, manager of Boulder City, which will also be designed to prevent the minor children of Boulder City from frequenting any of the clubs, recreation halls, or billiard rooms in this city.

Differing from the usual in such rulings and ordinances, the order will prohibit the sale of tobacco or cigarettes to minors even if they appear in a store with a note from their parents. Under no circumstances will any minor child be permitted to buy tobacco in any form, according to authorities at Boulder City.

BRIDGE MEETS AT MRS. CASS'S HOME

The bridge club held its regular weekly meeting last Thursday afternoon at the home of Mrs. G. R. Cass. Among guests attending were Mrs. A. V. Towler, Mrs. D. O. Taggart, Mrs. E. M. Stevens, Mrs. H. E. Paysinger, Mrs. P. C. Guinn, Mrs. Bury, Miss Betty Towler, and Mrs. Myers of Las Vegas, who was in Boulder City visiting friends.

Mrs. Guinn won high score, and received a bottle of perfume, and Mrs. Taggart took low score.

Dainty refreshments were served. The bridge club will hold its next meeting Thursday, Feb. 4, at the home of Mrs. Bury.

O-WEE-GO HOLDS THURSDAY PARTY

The O-Wee-Go Bridge club met last Thursday afternoon at the home of Mrs. Baker. Among those playing cards were Mrs. Janet Bingham, Mrs. O'Shea, Mrs. Norma Curtis, Mrs. Herbert Stiekney, Mrs. Rhea Brandon, Mrs. Marie Barrett and Mrs. Helen Settler.

Mrs. Stiekney held high score and Mrs. Barrett captured the consolation. Refreshments were served by the hostess and everybody reported an enjoyable afternoon.

The O-Wee-Go Bridge club will hold its regular weekly meeting next Thursday afternoon at the home of Mrs. Stiekney.

BOULDER FOLKS ARE ENTERTAINED

A party of ladies gathered at the home of Mrs. Kelly Wirth last Thursday and spent the afternoon playing bridge. Among the guests were Mrs. Anthony Bous, Mrs. Rodney Bush, Mrs. Baker, Mrs. Cass, Mrs. Jack Howard, Mrs. J. F. Dixon, Mrs. C. A. Williams, Mrs. Woody Williams, Mrs. Homer Kelly, Miss Laura Kelly, Mrs. Hamilton, Mrs. Doolittle, Mrs. E. R. Stokes, Miss Hunt, Mrs. Moran and Mrs. McAdams.

Delicious refreshments were served, and the ladies reported everybody spent a very enjoyable afternoon.

USE THE

CLASSIFIED

AGE ADS AID

Behind every economical heating plan is a COAL pile. When you're planning your battle against the cold weather remember that COAL gives the biggest pile of heat for the smallest amount of cash. Know!—Don't guess!

There is NO COAL Better Than the Famous CASTLE GATE and KING COAL.

Let Us Tell You the Best Grade for Your Stove

PHONE 34

LAS VEGAS

COAL & ICE CO.

BOULDER BRIEFS

Dishpan Harry And 4x6 Phil Start Oral War Atop Dam Hill

Wherever Kleins and Watts foregather, there's some narrow-back who writes jingles. A reflector man and a cross-arm engineer are the subjects of this one. If you don't know what we're talking about ask the nearest electrician.

SAYS HE

Says 4x6 Phil, to Dishpan Harry: Here's a good timber, I wish you would carry.

Says Dishpan Harry, to 4x6 Phil: A job like this means a \$10.00 bill.

Says Dishpan Harry, to 4x6 Phil: Old Man Harris, wants a light on that hill.

Says 4x6 Phil, to Dishpan Harry: You carry this timber, d—d if I will.

Says 4x6 Phil, to Dishpan Harry: Drop your ten cent pan, so we both can carry.

Says Dishpan Harry, to 4x6 Phil: It's not my line, and I'm tired of your boss'n.

BOULDER MAN IS BOOKED IN L. V.

Brought to Las Vegas last night by a deputy U. S. marshal, Roy Smith was booked for investigation at the request of Boulder City Chief of Police Bud Bodell.

Said by police to have been under the influence of liquor when brought in, Smith was held for Bodell, who is to appear against him in the morning to prefer charges.

LEGION APPRECIATION

The American Legion of Boulder City extends its thanks through the Boulder City department of The Age for the generous donation of books and magazines that are being delivered to the police station, to be distributed among the wards at the hospital.

SUPERINTENDENT ILL

Superintendent White of the New Mexico Construction company is suffering from an attack of influenza.

BOULDER CITY CLASSIFIED

LOST

LOST—Leather case of car keys. Return Box 821 or leave at 821 Fifth St., Boulder City, Reward. p26

BEAUTIFUL PARLOR

BEAUTIFUL Croquinole Permanent Wave, \$5.00; Finger Waves, 50c-75c. Nellie McDougal, Tenth Row, third house from New Mexico street, Boulder City. p27

BOULDER MAN IS SLIGHTLY BETTER

His condition slightly improved over what it was when he was admitted to Las Vegas hospital Thursday, C. W. Chambers of Boulder City is waging a desperate battle against the basal meningitis from which he is suffering.

Emphatically declared by Dr. F. M. Ferguson to be in no way related to the epidemic form of meningitis, the illness from which Chambers is suffering was caused by a brain abscess resulting from a chronic ear discharge, it is said.

A. C. DELKIN

LAS VEGAS CASH & CARRY

Saturday and Monday

The S and W Store

Saturday and Monday

JIM DANDY COFFEE 16c
Fresh Roasted, Lb.

PORK & BEANS 25c
Ritter's, Pound Cans, 4 for

TOMATO SOUP 25c
Van Camp's, 4 Cans

BREAD—White, Whole Wheat, French, Rye 25c
4 Loaves

MOTHER'S OATS 29c
Aluminum, Crystal and China Premiums

PURE HONEY 49c
5-Pound Can

MILK, Carnation or Borden's 10c
Small Size, 3 for

OYSTERS 35c
4 Cans for

HOMINY 25c
Large 2 1/2 Tins, 2 for

SWIFT'S SLICED BACON 25c
Lb.

"Delkin Sells Good Things To Eat For Less"

LAS VEGAS CASH & CARRY

Essential Nutrients Should Not Be Omitted, Though Food Cost Cut

Some families nowadays have to cut their food costs to the limit, but the menu, however economical, should not omit the essential nutrients. The more the choice of foods is limited, the more difficult it is to provide a balanced diet. Likewise, the Bureau of Home Economics urges, the more limited the choice, the more important the balanced diet becomes.

That is the answer to the well-to-do housewife who complained the other day that her husband wanted more variety than these low-cost menus provide. She can, of course, improve these low-cost menus, the bureau points out, by adding more vegetables, fruits, and meats according to her pocketbook, thus reducing the requirements for bread and cereals. For low-cost diets, however, bread and cereals must be depended on for a substantial proportion of the food values, with more limited quantities of the more expensive foods to balance them. The point that must not be lost sight of is that certain different kinds of food are necessary.

The bureau's suggested menus provide those kinds.

The housewife must remember the vitamins. The lack of certain vitamins is one of the most serious deficiencies in any diet. Vitamins, proteins, starches, sugars, fats and mineral salts, are all food materials essential to human health. To provide those necessary things, in necessary quantity every day, the diet must be balanced. The menus suggested by the Bureau of Home Economics are planned on that basis, utilizing the cheapest of each of the necessary kinds of food.

Vitamin A, the anti-infection vitamin, has been discussed in this series. Vitamin C is the subject today. Without vitamin C human beings are in danger of scurvy, one of the diseases that appears when people lack fresh foods. Scurvy used to be common on long ship voyages. What foods shall the housekeeper depend on to provide the family with vitamin C?

The cheapest source of vitamin C is raw cabbage. Green peppers (Continued on Page Six)

Tower Market

DRIVE IN

"WHERE YOUR DOLLARS HAVE MORE CENTS"

SATURDAY & MONDAY SPECIALS

BUTTER, The Best 25c
Per Pound

EGGS, Strictly Fresh 20c
Per Dozen

THESE ARE NOT SMALL EGGS

FLOUR, Idaho Rose \$1.19
Fine Grade, 49-Lb. Sack

OLEOMARGARINE 25c
3 Pounds for

KENNEL RATION 85c
Dog Food Supreme, 10 Cans

HILL'S COFFEE, Red Can 72c
2-Pound Can

SUGAR 26c
Cloth Sack, 5 Pounds

CHOCOLATES, Assorted 70c
Fresh, Finest Grade, 2 1/2-Lb. Box

TOMATOES, Tall Cans 23c
No. 1 Cans, 3 for

PEAS, Early June 32c
No. 2 Cans, 3 for

CORN, STRING BEANS 29c
No. 2 Cans, 3 for

CATSUP, Large Bottle 16c
Black & White Brand, Each

PINEAPPLE, Iris Brand 19c
Large 2 1/2 Can, Doyle Best

TOILET SOAP 39c
Palm Olive, Lux, 6 bars

SOAP, Crystal White, P. & G. 29c
10 Bars for

MANY OTHER MONEY SAVING SPECIALS

We Reserve the Right to Limit Quantities

FOR SATURDAY ONLY

POTATOES, Russetts \$1.00
Per Sack

BANANAS, Fancy 25c
One Dozen

GRAPEFRUIT, Large 25c
Imperial, 8 for

LETTUCE 10c
3 for

CRANBERRIES 25c
3 Pounds for

Idaho Russett POTATOES 15c
No. 1, 10 Lbs. for

ORANGES, Sweet, Juicy 25c
2 Dozen for

Silver State Market

FIFTH AT FREMONT

We Have Started Delivery Service. All Orders Under \$5.00 a Charge of 10c, and Orders Over \$5.00 Delivered Free.

VEGETABLE DEPARTMENT

SPINACH, Fresh and Tender	10c
Pound	
APPLES, Rome Beauty	25c
9 Pounds for	
APPLES, Rome Beauty	\$1.10
Per Box	
POTATOES, Idaho Russetts	25c
15 Pounds for	
POTATOES, Idaho Russetts	\$1.25
105-Pound Sack for	
LETTUCE, Large Imperial, Iced	15c
2 Heads for	
CELERY, Tender Utah Hearts	05c
Per Bunch	
ORANGES, Juicy Navels	35c
2 Dozen for	
PARSNIPS, Tender Utah	25c
6 Pounds for	

MEAT SPECIALS

Eastern GRAIN FED PORK	12 1/2c
Per Pound	
PORK BACK BONES	25c
3 Pounds for	
PORK LIVER, Sliced for Frying	25c
3 Pounds for	
PORK STEAKS	15c
Per Pound	
CUDAHY PURITAN BABY BEEF STEAK	24c
Round, Sirloin and Rib, Per Pound	
COLORED FRYERS, Milk Fed	30c
Per Pound	
White Ribbon SHORTENING	10c
Cudahy's Brand, Pound	

WARD'S CASH AND CARRY

PHONE 689

These Specials For All Three Stores, Nos. 1, 2 and 3, For Saturday Only

EGGS (Large Extras)	20c
Per Dozen	
LARGE WHITE BEANS	24c
5 Pounds for	
POP CORN (Black Beauty)	25c
4 Pounds for	
CORN MEAL, White or Yellow	36c
9-Pound Bag	
GOLD MEDAL PASTES	
Macaroni, Spaghetti, Noodles	21c
VERMICELLI, 3 Packages for	
KENNEL RATION	49c
6 Cans for	
COFFEE, Folgers or Del Monte	32c
Per Pound	
COFFEE, Red Bag	19c
Per Pound	
SOUP, Van Camp's Tomato	25c
4 Cans for	
PINEAPPLE, No. 2 1/2 Cans	25c
2 Cans for	
LIMA BEANS, Mission Brand	25c
No. 2 Tins, 2 Cans for	
COCOA, Mother's Brand	12c
1-Pound Tin	
MALT SYRUP	49c
3-Pound Can	
HONEY	53c
5-Pound Tin	