

## CHILD HEALTH, DIET, SAFETY STRESSED IN FOOD SHORTAGE

Government Food Experts Tell How to Slash Food Supply and Still Protect Children in Family

If the family food supply is short, look after the needs of the children first. They suffer most if they do not get the right foods. This is the urgent advice of Uncle Sam's specialists in child welfare. "But," says the troubled mother, "when both food and money are scarce, how shall I divide the little we have? What are the cheapest foods and the smallest quantity I can give to my children to keep them well?" That is what relief workers also want to know, and many letters come daily to government offices asking for such advice. The question is so important to every community, and to the whole country in times like the present, that the Bureau of Home Economics of the U. S. Department of Agriculture and the Children's bureau of the U. S. Department of Labor have joined

## \$488,936 TO BE SET ASIDE FOR WORK HERE

(Continued from page one)

tion have long been agitating for a good, high-speed highway over which they can carry their crops to the markets at Las Vegas and the new town of Boulder City. COUNTY ALLOTMENTS. Budget allotments by counties follow: Churchill, \$169,963.37; Clark, \$488,936.49; Douglas, \$16,110.61; Elko, \$608,582.55; Esmeralda, \$25,054.12; Eureka, \$232,431.73; Humboldt, \$27,264.73; Lander, \$330,380.09; Lincoln, \$270,993.10; Lyon, \$255,311.19; Mineral, \$29,827.13; Nye, \$61,718.54; Ormsby, \$125,871.16; Pershing, \$16,415.54; Storey, \$1,995.50; Washoe, \$395,634.15; and White Pine, \$574,385.00. \*For emergency work.

forces to work out an emergency guide for feeding children whose parents may be out of work or hard up from other causes.

**RULES GIVEN**  
This emergency guide for feeding children appears in two publications, one for mothers and one for relief workers. It says:

"For every child, every day, at least one pint of milk (he should have 1 1/2 to 2 pints), two teaspoonfuls of cod-liver oil if he is less than two years old (he should have 3 to 4 teaspoonfuls), one vegetable or fruit (he should have three or four), and also plenty of bread, cereals, and other energy and body-building foods."

The emergency food guide for mothers is printed as a dodger (salmon colored), entitled "How to Spend Your Food Money." The other publication, intended for relief workers, is entitled "Emergency food relief and child health." Either publication can be obtained by writing to the Children's bureau of the U. S. Department of Labor or the Bureau of Home Economics of the U. S. Department of Agriculture.

The milk, the cod-liver oil, and the vegetables or fruits are "protective foods." They safeguard the child against such diseases as rickets, scurvy or pellagra, which are known as deficiency diseases because they result from lack of certain essential foods. Milk—whole milk (unskimmed), says the food guide—which should be the foundation of every diet, is imperative in the diet of children throughout the whole period of growth and of pregnant and nursing mothers.

**MILK IS IMPORTANT**  
There is economy in using milk because it does more for the body than any other food and does it more cheaply. What if the family can not afford whole milk at 8 to 15 cents a quart? In that case, say the nutritionists of these federal bureaus, buy evaporated milk (not sweetened condensed), which costs 8 1/4 to 8 1/2 cents a tall can and is a good alternative. A tall can of evaporated milk, when diluted with an equal amount of water, is the equivalent of a quart of fresh milk.

Cod-liver oil, say the child specialists, is an indispensable food for children. It not only prevents rickets, but also protects the child in other important respects. It is of the greatest importance that the oil should be of a good grade as shown by tests for vitamins A and D. If the children have 3 or 4 teaspoonfuls of cod-liver oil daily (which will cost 15 to 25 cents a week per child), they can get along with skim milk, either fresh or dry.

## BARON LONG HAS CHUCKLE; TELLS OF TURF 'TRICK'

SAN DIEGO, Calif., Jan. 8. (U.P.)—Bookmakers all over the country are so ready to send in money to cut the prices of horses their clients had bet on that Baron Long, part owner of the Agua Caliente corporation, decided it would be "fun" to reverse the situation.

He therefore forced down the mutual odds on Linden Tree, from the George Drumheller stables, in the first race at Agua Caliente yesterday, and the horse paid \$21.40 for a \$2 ticket.

Before the first race, Linden Tree was an odds-on favorite, opening at 3 to 5 in the track books. At post time, his price was boosted to 6 to 1 on the approximate mutual odds board.

Bookmakers, after paying off to their clients, wailed "scandal," but track officials insisted the mutual machines had made no mistake.

Long chuckled today when he told about the coup. "For years," he said, "I have observed the bookmakers of the country sending money to the track apparently for the purpose of cutting the price of horses their clients had bet on."

"Remembering the day when, because of this comeback money, I was forced to take a one to ten on a legitimate six to one shot, I got to wondering what would happen if conditions were reversed. Apparently it made a lot of difference, according to the walls I have heard."

"I shouldn't tell how I did it, but the story is too good to keep. I bet \$1,000 to win on Linden Tree. Then, as the horses were going to the post in the first race, I posted \$3,500, betting some of it in every horse in the race. Linden Tree won and I won \$9,700 and lost \$3,500. The last minute money on the other horses boosted the odds on Linden Tree."

## FRIDAY IN CONGRESS

By United Press

**HOUSE**  
Took test vote on tariff bill which assured its passage.

Banking and currency committee completed revision of President Hoover's \$2,000,000,000 corporation bill.

**SENATE**  
Walter S. Gifford, head of President Hoover's relief organization, insisted before LaFollette-Costigan committee federal aid was not necessary for unemployed.

Amended \$2,000,000,000 corporation bill eliminating provision whereby loans would be authorized on Canadian securities as collateral.

Finance committee continued investigation of sales of foreign bonds in United States, revealing huge sum paid to son of Peruvian president.

Senator Couzens introduced a measure proposing government supervision of interstate motor bus and truck transportation.

**MEXICO REFUSES U.S. SCHOLARSHIPS**  
OKLAHOMA CITY, Okla., Jan. 8. (U.P.)—The Mexican government formally has refused Gov. W. H. Murray's offer to provide scholarships in Oklahoma schools in honor of two prominent Mexican youths slain by Ardmore officers last summer.

If B. McLafferty will call at The Age office today, he will receive a free theater ticket, good for today at El Portal theater.

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103 Fremont Street

**SILVER STATE MARKET**  
FIFTH AT FREMONT  
GROCERIES  
Ward's Cash & Carry Market No. 2

Saturday and Monday Specials

|                              |     |
|------------------------------|-----|
| CHEESE, Banquet              | 20c |
| Per Lb.                      |     |
| BUTTER, Banquet              | 30c |
| Per Lb.                      |     |
| BEANS, Pin's                 | 29c |
| 5 Lbs.                       |     |
| LIMAS, Large                 | 24c |
| 5 Lbs.                       |     |
| BEANS, Small White           | 24c |
| 5 Lbs.                       |     |
| CORN, Headlight              | 29c |
| 3 Cans                       |     |
| PEAS, Pierce's No. 4 Sieve   | 25c |
| 2 No. 2 Cans                 |     |
| TOMATOES, Kitchen King       | 29c |
| 3 No. 2 1/2 Cans             |     |
| BEANS, Western Special       | 29c |
| 3 Cans                       |     |
| PEACHES, Del Monte           | 39c |
| 2 No. 2 1/2 Cans             |     |
| PINEAPPLE, Del Monte         | 31c |
| 2 No. 2 1/2 Cans             |     |
| SOAP, Crystal White, P. & G. | 29c |
| and BEN HUR, 10 Bars         |     |
| SOAP, Jergen's               | 11c |
| 3 Bars                       |     |
| COFFEE, Red Bag              | 20c |
| Per Lb.                      |     |
| COFFEE, Del Monte            | 33c |
| Per Lb.                      |     |
| FIG BARS                     | 29c |
| 3 Lbs.                       |     |
| OATS                         | 42c |
| 9 Lbs.                       |     |
| HONEY                        | 53c |
| 5 Lbs.                       |     |


**VEGETABLES**

|                             |        |
|-----------------------------|--------|
| POTATOES, Good Russets      | 95c    |
| Sack                        |        |
| Cauliflower, Large Snowball | 15c    |
| Head                        |        |
| APPLES, Rome Beauty         | 25c    |
| 6 Lbs.                      |        |
| Box                         | \$1.49 |
| SQUASH FOR BAKING           | 2 1/2c |
| Per Lb.                     |        |
| GRAPEFRUIT                  |        |
| Fancy Imperial Seedless     | 25c    |
| 7 for                       |        |
| ORANGES, Sweet Navels       | 35c    |
| 2 Doz.                      |        |
| TANGERINES, Large Sweet     | 25c    |
| 6 Lbs.                      |        |

**Meat Market Specials**

There is no reason why you should go elsewhere for meats when you can buy meats at these prices.

|                           |         |
|---------------------------|---------|
| CHICKENS—                 |         |
| Fryers, Hens, Roasters,   | 25c     |
| RHODE ISLAND REDS, Lb.    |         |
| ROAST LEG OF LAMB         |         |
| Young Utah Lambs          | 17c     |
| Per Lb.                   |         |
| ROAST SHOULDER OF LAMB    | 13c     |
| Per Lb.                   |         |
| PORK ROAST                |         |
| Young Corn Fed            | 9c      |
| Per Lb.                   |         |
| PORK BACK BONES           | 25c     |
| Real Lean, 3 Lbs. for     |         |
| PORK LIVER                | 25c     |
| Sliced for Frying, 3 Lbs. |         |
| PURE PORK SAUSAGE         | 35c     |
| Made Right, 2 Lbs.        |         |
| CUDAHY'S BACON            | 17 1/2c |
| Sugar Cured, Per Lb.      |         |

**Tower**  
DRIVE  IN  
**Market**  
"Where Your Dollars Have More Cents"  
Saturday and Monday Specials

|  |     |
|--|-----|
| BUTTER, Banquet Brand                    | 30c |
| 1 Pound for                              |     |
| Made from the Cream of Creams            |     |
| COFFEE, Hotel Blend                      | 18c |
| Per pound package                        |     |
| CATSUP, Large Bottle                     | 25c |
| 2 for                                    |     |
| SUGAR, Cloth Bag                         | 49c |
| 10 pounds for                            |     |
| OLEOMARGARINE                            | 25c |
| 3 pounds for                             |     |
| Golden West—Stock Up Now—Price Advancing |     |
| SALMON, Peter Pan                        | 11c |
| Extra fancy Alaska, Tall cans            |     |
| JAMS, Sunny Boy                          | 33c |
| Large 2-lb. 6-oz. jar                    |     |
| 2 Jars for                               | 65c |
| All Flavors—2 Pounds, 6 Ounces           |     |
| PINEAPPLE, Iris Brand                    | 19c |
| Finest Quality, Lg. 2 1/2 cans           |     |
| P & G or CRYSTAL WHITE SOAPS             | 29c |
| 10 Bars for                              |     |
| SARDINES, Large Oval Can                 | 19c |
| In Mustard or Tomato Sauce               |     |
| 2 Cans for                               |     |
| ARROWHEAD TISSUE                         | 25c |
| 1000 Sheet Roll, Reg. 10c—4 for          |     |
| DOG FOOD                                 | 85c |
| The Finest Dog Food                      |     |
| Kennel Ration—10 cans for                |     |
| CRACKERS                                 | 29c |
| 3 Pound Box                              |     |
| Made by National Biscuit                 |     |
| PEAS, Sifted                             | 25c |
| No. 2 Cans, Fine Quality—2 for           |     |
| We Reserve the Right to Limit Quantities |     |

**EGGS**  
Strictly Fresh—Extra Quality  
Per Doz. 28c

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**"SOOKY"**  
WITH  
Jackie Cooper and Robert Coogan  
Adapted from the Book, "Dear Sooky," by Percy Crosby.  
The Most Lovable, Laughable Youngsters of the Day.  
A Paramount Super-Special Attraction.

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Simply grand for knock-about wear! One and two-piece styles with wide, floppy trouser legs.

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|   |         |
|---|---------|
| Choice Colored Hens, Roasters AND FRYERS, per pound | 35c     |
| Leg of Lamb, The Good Kind Small Lamb               |         |
| SHOULDER OF LAMB                                    | 20c     |
| Per Lb.   |         |
| SHOULDER OF PORK                                    | 12 1/2c |
| Whole, Lb.  |         |
| CHOICE SMALL HENS                                   | 25c     |
| Our Own Dressing—Per Lb.                            |         |
| White Ribbon SHORTENING                             | 10c     |
| Per Lb.   |         |
| PURE PORK LARD                                      | 25c     |
| 2 Pounds for  |         |
| PURE PORK LARD                                      | \$1.10  |
| 10 Pounds for                                       |         |
| SUPERIOR BACON                                      | 25c     |
| Piece, Per Lb.                                      |         |
| SLICED, Rind Off                                    | 30c     |
| Per Pound   |         |

**Las Vegas Packing Company**  
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