

Pale, Thin, Nervous?

Then your blood must be in a very bad condition. You certainly know what to take, then take it—Ayer's Sarsaparilla. If you doubt, then consult your doctor. We know what he will say about this grand old family medicine.

This is the first question your doctor would ask: "Are your bowels regular?" He knows that daily action of the bowels is mostly essential to recovery. Keep your liver active and your bowels regular by taking laxative doses of Ayer's Pills.

Made by J. C. Ayer Co., Lowell, Mass. Also Manufacturers of
Ayer's HAIR VIGOR, AGUE CURE, CHERRY PECTORAL.
We have no secrets! We publish the formulas of all our medicines.

"Don't you like to hear the wind whistling through the wood?" asked the poetical one. "Well," replied the practical one, "if I'm out in the forest I do; but if the wood is made up into a 32 flute, I can't say that I do."—Yonkers Staatscourier.

Don't Push

The horse can draw the load without help, if you reduce friction to almost nothing by applying

Mica Axle Grease

to the wheels. No other lubricant ever made wears so long and saves so much horse power. Next time try MICA AXLE GREASE. Standard Oil Co. Incorporated.



Husband (angrily)—I don't see why I ever married you. You are a fool. Wife (calmly)—Undoubtedly. Otherwise I would have refused you.—Grit.

On An Ocean Liner. The Wife—Shall I have your dinner brought to your room, dear? Husband (feebly)—No. Just order it thrown overboard.—Clinted.

MAKE NO MISTAKE

TOWER'S FISH BRAND

OILED CLOTHING

will give you complete protection and long service. You can't afford to buy any other. Every garment guaranteed. The best dealers sell it.



According to the St. Petersburg Times, the demand for agricultural machines in the Siberian country beyond Lake Balkal is said to be very large.

Teacher—Willie, what would be the first thing to do if a boy should be sunstruck? Willie—Let him stay away from school.—Chicago Daily News.

SAN DIEGO

property is the best 1607 property on the market as an investment. San Diego's future assured by the San Diego & Arizona R. R. We only sell lots that we are willing to buy ourselves. Easy terms and instalments if desired. \$20 down and \$5 per month. Correspondence solicited.

REMONDING INVESTMENT CO.
Fletcher-Salmans Block
SAN DIEGO, CALIFORNIA

Many who formerly smoked 10¢ Cigars now smoke LEWIS' SINGLE BINDER STRAIGHT 5¢ CIGAR


Dealers supplied by their jobber or direct from Frank P. Lewis' Factory, Peoria, Ill.

W. L. DOUGLAS

BEST IN THE WORLD
\$3.00 AND \$3.50 SHOES
W. L. DOUGLAS \$4.00 GILT EDGE SHOES CANNOT BE EQUALLED AT ANY PRICE.
SHOES FOR EVERYBODY AT ALL PRICES:
Men's Shoes, \$3 to \$1.50. Boys' Shoes, \$3 to \$1.25. Women's Shoes, \$4 to \$1.50. Misses' & Children's Shoes, \$2.25 to \$1.00.

W. L. Douglas shoes are recognized by expert judges of footwear to be the best in style, fit and wear produced in this country. Each part of the shoe and every detail of the making is looked after and watched over by skilled shoemakers, without regard to time or cost. If I could take you into my large factory at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer, and are of greater value than any other makes.

W. L. Douglas name and price stamped on the bottom, which protects the wearer against cheap, inferior shoes. Take No Substitute. Sold by the best shoe dealers everywhere. Fast Color Effects used exclusively. Catalog mailed free. W. L. DOUGLAS, Brockton, Mass.



Not Too Abrupt.

Radical changes in clothing are seldom safe, at least so the old-time grandmothers held. The putting off of winter underwear was likely to be a gradual and prolonged process. That this belief in deliberate adjustment was widespread and inclusive is shown in W. P. Frith's story of his life. He was engaged in painting a portrait of Mrs. Birt, the wife of a prominent business man, who used to bring her little dog to share her sittings.

Mr. Birt was a great lover of dogs, but he entertained a strong aversion to dog-collars. So I was surprised one day when Mrs. Birt brought her favorite dog, "Ducky," to see a band round the little animal's neck.

"I thought you objected to dog-collars, Mrs. Birt," I said. "I see Ducky sports one to-day."

"Oh, no, that's not a dog-collar," returned the lady. "It's only a piece of flannel. The poor dear has had a dreadful cold and a sore throat. She has worn flannel night and day."

"Surely that is too narrow to do any good. The strip is no wider than a collar."

"Oh, it was wider, of course. We have gradually lessened it. She is leaving it off by degrees."

Only One "BROMO QUININE"

That is LAXATIVE BROMO QUININE. Similarly named remedies sometimes deceive. The first and original Cold Tablet is a WHITE PACKAGE with black and red lettering, and bears the signature of E. W. GROVE. 25c.

Great Heat in Deep Mines.

The latest determination of rise in temperature in descending underground gives 243 feet for every degree centigrade or 135 feet for a rise of one degree Fahrenheit. The difference in temperature of different rock substances is almost inappreciable.

Experiments made in deep mines to prove that the heat of the rocks does not preclude mining operations at even 4,000 feet, because if the recognized formula was accepted there would be a temperature of 125 degrees Fahrenheit at 3,500 feet, demonstrated that such a temperature is not reached.

The assertion sometimes made that mining might extend to as great a depth as 10,000 feet if haulage could be accomplished is untenable. The difficulties would not be in haulage, but, first, that of breathing under the enormous atmospheric pressure, and, secondly, increase of temperature. A mass of air in a down-cast shaft of 60 degrees Fahrenheit at the surface at a depth of 10,000 feet would attain a temperature of 90 degrees by its own weight. Healthful mining would be impossible.

PILES CURED IN 6 TO 14 DAYS.

PAZO OINTMENT is guaranteed to cure any case of itching, blind, bleeding or protruding piles in 6 to 14 days or money refunded. 50c.

Rhubarb Jelly.

Wash the stalks and cut them into small pieces without peeling them. Cover with cold water and let them simmer or boil slowly until the pieces are soft. Then place the whole in a coarse jelly bag and let the juice drip through. Do not attempt to squeeze it, but use whatever remains for rhubarb jam. Measure the juice, and to every pint allow one pound of white granulated sugar. Put the juice on the fire, placing an asbestos mat under the kettle to prevent burning when it begins to boil; let it boil for about fifteen or twenty minutes.

The Antiquity of an Egg.

A simple method of finding out the age of an egg, says the Agricultural Epitomist, is by means of the air space which is situated toward the broad end of the shell. If the egg is held up between the hands before a light in a dark room the air space can be easily discerned, and by its size the age can be determined. In a perfectly fresh egg the air space is very small, but as age increases it extends, until when the egg is three weeks old the air space occupies about a sixth of the entire contents. With practice the age can be told to within twenty-four hours.

"Yes," said the condescending youth, "I am taking fencing lessons." "Good!" answered Farmer Cornstossel. "I allus said you was goin' to turn in an' do somethin' useful. What's your speciality goin' to be—rail, stone or barbed wire?"—Washington Star.

CATARRH CANNOT BE CURED

With LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years, and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free.

F. J. CHENEY & CO., Props., Toledo, O.
Sold by Druggists; price 75c.
Take Hall's Family Pills for constipation.

C. A. N. U. 1907-10

FERRY'S SEEDS

have stood the test for over 50 years, and are still in the lead. Their absolute certainty of growth, their uncommonly large yields of delicious vegetables and beautiful flowers, make them the most reliable and the most popular everywhere. Sold by all dealers. 1907 Seed Annual free on request.

D. M. FERRY & CO., Detroit, Mich.



Tapioa Custard.

Soak three tablespoonfuls of pearl tapioca over night in water. In the morning put one quart of milk in a double boiler, and when it reaches the boiling point stir in the tapioca, which should be well drained. Cook about five minutes. Add yolks of three eggs beaten with one-half cupful of sugar and one-half teaspoonful salt; when it thickens, take from fire and flavor. Beat the whites of the eggs stiff with three tablespoonfuls of sugar, spread over the pudding and brown lightly in oven.

Assistant—This poet says that the last two verses of his poem may be omitted, if you think it is desirable. Editor—I'll do better than that. I'll omit the whole poem.—Somerville Journal.

MULE TEAM BORAX

IN THE LAUNDRY

is wonderful in removing dirt and grease spots. It fixes colors, bleaches and prevents cloth from turning yellow.

All dealers. Sample Box, Souvenir Picture in its colors and booklet 5c, and dealer's name. PACIFIC COAST BORAX CO., Oakland, Cal.

THE BOER'S REFRIGERATOR.

How Provisions Are Preserved in the High Plains of the Transvaal.

The Boers who live on the high veldt of the Transvaal have a simple way of preserving perishable provisions in the summer, says London Ice and Cold Storage. On the high veldt the weather during the day is extremely warm, but once the sun sets a breeze springs up and in about two hours' time the cold is intense. This is due to the rarefied air.

When the sun has disappeared for two hours or so the vrou brings out her provisions and wraps each article in a piece of thin sack and hangs it from the roof of the eaves, which run around the outside of the building. In the morning when the cattle in the cattle kraals proclaim by their lowing that it is time to rise she comes out and takes the bags in. The butter, if butter is one of the articles, is so hard that you could not spread it; the meat, if it is buck's head, has much the same texture and appearance as buck's meat that has been transformed into biltong by being dried in the sun, though it differs from this in that it can of course be cooked, which biltong cannot, and still retains the greater part of its juice; the beef or mutton is frozen.

The bags are taken inside and placed on that side of the house which is "against the sun." When the sun veers around to this side of the house they will be transferred to the other side. Travelers who call at one of these farms on some summer day, when the sun is blazing down, and there is not a breath of air, marvel how the people keep their provisions shut off as they are from all helpful adjuncts. If they express their surprise to the vrou she takes them to the front of the house and gravely points out the large hooks, which she will later on in the day call into use again.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Preserved Strawberries.

Cap the berries and allow a pound of sugar for each pound of fruit. Put the berries and sugar in alternate layers in the preserving kettle, and set at the side of the range until the sugar melts. Boil hard for twenty-five minutes. Take out the berries with a split spoon or a strainer, lay on platters in the hot sunshine, and boil the sirup until thick. Strain and skim. Set glass jars that have been well washed in a pan of hot water, put the berries in them, and fill to overflowing with the boiling sirup. Seal immediately.

Short Suggestions.

Although "hunger is the best sauce," a daintily garnished dish is the next best. Biscuits require much more heat to bake than bread, so heat your oven accordingly.

Peach Butter Pudding.

Beat one egg, add one-half cup of milk and one and one-half cups of flour sifted with a saltspoon of salt and two level teaspoonfuls of baking powder; also a level tablespoonful of melted butter. Add last one cup of thinly sliced peaches, turn the dough into a buttered mold. Cover and steam one hour. Put the mold into a kettle, with the boiling water half way up the side of the mold. Add more water as needed, but always use boiling water. Serve with a sauce.

Rhubarb Tapioca.

To one pint of chopped rhubarb add two dozen cooked prunes, one-fourth cup of prune juice and one-half a cup of sugar. Boil for five or ten minutes, then add one-half cup of any quick-cooking tapioca which has first been soaked for half an hour in three-fourths cup of cold water. Cook until the tapioca looks transparent and serve either hot or cold with sugar and cream.

Pure Blood

Is certain if you take Hood's Sarsaparilla. This great medicine cures those eruptions, pimples and boils that appear at all seasons; cures scrofula sores, salt rheum or eczema; adapts itself equally well to, and also cures, dyspepsia and all stomach troubles; cures rheumatism and catarrh; cures nervous troubles, debility and that tired feeling.

Sarsaparilla—For those who prefer medicine in tablet form, Hood's Sarsaparilla is now put up in chocolate tablets called Sarsatabs, as well as in the usual liquid form. Sarsatabs have identically the same curative properties as the liquid form, besides accuracy of dose, convenience, economy—no loss by evaporation, breakage, or leakage. Druggists or promptly by mail. C. I. Hood Co., Lowell, Mass.

GUARANTEED under the Food and Drugs Act, June 30, 1906. No. 924.



Mrs. C. K. Tyler, Burlington, Vt., says: "The cures of a large farm, so much to do and so little health to do it with, caused almost a complete break down: blood poor and thin; no strength, little sleep. Hood's Sarsaparilla gave appetite, natural sleep, perfect health, strength to do all my work."

The churches are the Portuguese polling places and votes in Portugal are cast nowhere else.

It takes 1,000,000 barrels of herrings daily to supply the breakfast of the cod off the Norwegian coast.

A stocking darned machine so simple that any bachelor can use it has been invented by a Bostonian.

Jet comes from Spain. In two-inch layers it is found in the blue sandstone of Gijon. It sells at about \$1.50 per pound.

Uncle Sam's annual income is \$558,887,148.

Australia has only four German newspapers.

In one ward of Brooklyn there is not a solitary negro voter.

The Paris police costs the government \$7,000,000 a year.

A ton of sugar beets yields 210 pounds of refined sugar.

One-sixth of the land owners of Great Britain are women.

OLD SORES FED AND KEPT OPEN BY IMPURITIES IN THE BLOOD

Whenever a sore refuses to heal it is because the blood is not pure and healthy, as it should be, but is infected with poisonous germs or some old blood taint which has corrupted and polluted the circulation. Those most usually afflicted with old sores are persons who have reached or passed middle-life. The vitality of the blood and strength of the system have naturally begun to decline, and the poisonous germs which have accumulated because of a sluggish and inactive condition of the system, or some hereditary taint which has hitherto been held in check, now force an outlet on the face, arms, legs or other part of the body. The place grows red and angry, festers and eats into the surrounding tissue until it becomes a chronic and stubborn ulcer, fed and kept open by the impurities with which the blood is saturated. Nothing is more trying and disagreeable than a stubborn, non-healing sore. The very fact that it resists ordinary remedies and treatments is good reason for suspicion; the same germ-producing cancerous ulcers is back of every old sore, and especially is this true if the trouble is an inherited one. Washes, salves, nor indeed anything else, applied directly to the sore, can do any permanent good; neither will removing the sore with caustic plasters or the surgeon's knife make a lasting cure. If every particle of the diseased flesh were taken away another sore would come, because the trouble is in the blood, and the BLOOD CANNOT BE CUT AWAY. The cure must come by a thorough cleansing of the blood. In S. S. S. will be found a remedy for sores and ulcers of every kind. It is an unequalled blood purifier—one that goes directly into the circulation and promptly cleanses it of all poisons and taints. It gets down to the very bottom of the trouble and forces out every trace of impurity and makes a complete and lasting cure. S. S. S. changes the quality of the blood so that instead of feeding the diseased parts with impurities, it nourishes the irritated, inflamed flesh with healthy blood.

I was afflicted with a sore on my face of four years' standing. It was a small pimple at first but it gradually grew larger and worse in every way until I became alarmed about it and consulted several physicians. They all treated me but the sore continued to grow worse. I saw S. S. S. advertised and commenced its use and after taking it a while I was completely cured. My blood is now pure and healthy from the effect of S. S. S., and there has not been any sign of the sore since S. S. S. cured it.

THOS. OWEN
West Union, Ohio.

S.S.S. PURELY VEGETABLE

The sore begins to heal, new flesh is formed, all pain and inflammation leaves, the place scabs over, and when S. S. S. has purified the blood the sore is permanently cured. S. S. S. is for sale at all first class drug stores. Write for our special book on sores and ulcers and any other medical advice you desire. We make no charge for the book or advice.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Brown Stew.

A brown stew is made by frizzling the cut-up meat first in a frying pan with an onion, then transferring it to a kettle and stewing it slowly until it is done, after which it should be thickened with browned flour and poured over a platter of hot boiled potatoes. This appetizing dish may be made of a piece of mutton neck, the cost of which is almost nothing.

The native born in Massachusetts are not reproducing themselves. They have fewer children than the French have.

The French varieties of cheese which are best known and chiefly exported are Gervais, Camembert and Roquefort.

Professor Meyer suggests that the fire escape be utilized for the open-air treatment of consumption in tenement houses.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of

of

Dr. J. C. Hatcher

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

900 DROPS

CASTORIA

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr. SAMUEL PITCHER

Purified Senna -
Aloes -
Rhubarb -
Castor Oil -
Syrup of Marshmallows -
Syrup of Gum Arabic -
Syrup of Gum Tragacanth -
Syrup of Gum Benzoin -
Syrup of Gum Myrror -
Syrup of Gum Resin -
Syrup of Gum Turpentine -
Syrup of Gum Capivi -
Syrup of Gum Gamboge -
Syrup of Gum Senegal -
Syrup of Gum Guaiacum -
Syrup of Gum Licorice -
Syrup of Gum Sassafras -
Syrup of Gum Storax -
Syrup of Gum Venice -
Syrup of Gum Zoster -
Syrup of Gum Elemi -
Syrup of Gum Benzoin -
Syrup of Gum Myrror -
Syrup of Gum Resin -
Syrup of Gum Turpentine -
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Syrup of Gum Sassafras -
Syrup of Gum Storax -
Syrup of Gum Venice -
Syrup of Gum Zoster -
Syrup of Gum Elemi

A Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac Simile Signature of
Dr. J. C. Hatcher
NEW YORK.

416 months old
35 Doses - 35 CENTS

EXACT COPY OF WRAPPER.

PUTNAM FADELESS DYES.

Color more goods brighter and faster colors than any other dye. One 10ct. package colors Silk, Wool and Cotton equally well, and is guaranteed to give perfect results. Ask dealer, or we will send postpaid at 10 cts. a package. Write for free booklet how to dye, bleach and mix colors. TONROE DRUG CO., Unionville, Missouri.