SSS THE GREATEST OF ALL TONICS

The ingredients that enter into S. S. S. and the method of combining and preparing them so that they build up and strengthen every part of the body, make it the greatest of all tonics. S. S. S. is nature's remedy—***PURELY VEGETABLE***—and while it is restoring the lost appetite, overcoming that tired, run-down feeling, and other ailments common to Spring, which warn us that it is necessary to take a tonic, it is purifying the blood of all poisons and waste matters so that it can supply to the system the strength and nourishment it needs to keep it in perfect condition during the depressing summer months that are to follow.

Spring is the season when most every one needs a tonic. It is nature's time for renewing and changing; and as everything puts on new life, the sap rises in vegetation, the earth thaws out from its winter freezes, and all respond to Spring's call to purge and purify themselves, there is a great change also takes place in our bodies. The blood endeavors to throw off the poisons and accumulations which have formed in the system, and been absorbed by it, from the inactive winter life, and calls upon every member to assist in the elimination. The system is often unequal to the struggle, the appetite grows fickle, the energies give way, the spirits are depressed, and a general run-down condition is the result.

Then the body must have assistance—it must be strengthened and aided by a tonic, and S. S. S. is the ideal one. Being made entirely from roots, herbs and barks, it does not disagreeably affect the system in any way as do most of the so-called tonics on the market which contain Potash or some other harmful mineral ingredient to derange the stomach and digestion, unfavorably affect the bowels, or otherwise damage the health. S. S. S. tones up the stomach and digestion and assists in the assimilation of food; it rids the system of that always-tired, worn-out feeling, and imparts vigor and tone to every part of the body. It re establishes the healthy circulation of the blood, stimulates the sluggish organs, and calms the unstrung nerves which make one feel that he is on the verge of prostration. S. S. S gives an appetite and relish for food that nothing else does, and by its use we can find ourselves with as hearty, hungry an appetite in Spring as at any other season.

It acts more promptly and gives better and more lasting results than any other remedy and is absolutely safe because of its vegetable purity. Dyspeptic, irritable, nervous, debilitated people will find S. S. S. is just the medicine that is needed for the purification of the blood, which, from its diseased or impure condition, is causing their trouble, as well as for toning up and helping the entire system. When you take your tonic this Spring do not experiment, but get the best—the tonic with forty years of success behind it, and the one endorsed by the best people all over the country—***S. S. S., THE GREATEST OF ALL TONICS.*** It is necessary at this time, when the system is depleted and weakened at every point, that the right remedy be used—one that is especially adapted to the condition, and S. S. S. has proved itself to be this remedy for many years. If it is taken at the first sign of Spring the system will be so built up and strengthened that the disagreeable affections of the season will not be felt as warmer weather comes on.

AN EFFORT TO PULL THROUGH THE DAY.

I have used S. S. S. quite extensively and unhesitatingly recommend it as the best blood purifier and tonic made. I am a machinist by trade and at one time my system was so run down that by 10 o'clock every day I would be completely exhausted, and it was with the greatest effort that I could pull through the balance of the day. Since taking S. S. S., however, all this has disappeared. I am a strong, vigorous man, abundantly able to do my day's work, my appetite has been whetted up so that I can eat anything my sleep is sweet and refreshing, and I know further that it has purified my blood and put it in good condition. I cannot speak too highly of your great remedy, S. S. S.

817 W. Broad St., Columbus, O. A. B. MONTGOMERY.

SHE FOUND IT THE BEST SPRING TONIC.

On two occasions I have used S. S. S. in the spring with fine results. I can heartily recommend it as a tonic and blood purifier. I was troubled with headache, indigestion and liver troubles, which all disappeared under the use of S. S. S. My appetite, which was poor, was greatly helped. I can eat anything I want now without fear of indigestion, and my blood has been thoroughly cleansed of all impurities and made rich and strong again. As a tonic and blood purifier it is all you claim for it.

771 E. Main St., Springfield, O. MRS. G. WIEGEL.

THE SWIFT SPECIFIC COMPANY, ATLANTA, GA.

MAKING ARTIFICIAL ICE CREAM.

Cottonseed Oil Used Instead of the Ordinary Ingredients.

"When Prof. Stillman of Stevens Institute gave a dinner to two friends, at which most of the viands were made artificially by chemical means," writes Lawrence Perry in the Technical World magazine, "he had small idea of the furore his efforts would produce. But he has received hundreds of letters asking how different dishes were produced—so many that he has not had time to answer many of them.

"The chemical processes which he employed were some of them simple and some quite complicated. To make vanilla ice cream by artificial means, for instance, the alchemist took some triple refined cottonseed oil and placed it in a centrifugal machine which revolved at a velocity of 3,000 revolutions a minute. A beautiful emulsion was thereby produced, which was then frozen, chemically, of course. The flavor was obtained by the addition of vanillin, glucin and nitrobenzol. They say that ice cream composed as above is sold in many Southern States where cottonseed oil is more plentiful and consequently cheaper than milk or cream. It is far from harmful, tastes good and does not melt as quickly as the genuine ice."

Divorce Increasing.

Divorces seems to be growing more prevalent every succeeding year. In 1895 there were 202 divorces in New York City. In 1904 there were 843.

The same increase is true of Chicago, where in 1895 there were 1,145 divorces, and in 1904 there were 2,350. In Philadelphia in 1904 614 divorces are on record, against 364 in 1895. In Boston there were 269 cases of divorce in 1895, and 512 in 1904.

Nearly all the larger cities show a corresponding increase of divorces

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE $2 trial bottle and treatise. Dr. R. H. Kline, Ld., 931 Arch St., Philadelphia, Pa.

Life-Saving Service.

In perhaps no other country is the life-saving service as proficient as in the United States.

The sytem was first established in 1871, and there are at present 277 life-saving stations supported by the government, 192 of which are on the Atlantic coast, 68 on the Great Lakes, 16 on the Pacific coast, and one at the falls of the Ohio River near Louisville.

There were only 365 disasters along the coasts during the year ending June 30, 1905, and out of 4,089 persons involved only twenty-seven were lost.

Throughout the world, about 3 per cent of people gain their living directly from the sea.

My Hair is Extra Long

Feed your hair; nourish it; give it something to live on. Then it will stop falling, and will grow long and heavy. Ayer's Hair Vigor is the only genuine hair-food you can buy. It gives new life to the hair-bulbs. You save what hair you have, and get more, too. And it keeps the scalp clean and healthy.

The best kind of a testimonial—"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of **Ayer's** SARSAPARILLA. PILLS. CHERRY PECTORAL.

UTTERLY WORN OUT.

Vitality Sapped by Years of Suffering With Kidney Trouble.

Capt. J. W. Hogun, former postmaster of Indianola, now living at Austin, Texas, writes: "I was afflicted for years with pains across the loins and in the hips and shoulders. I had headache also and neuralgia. My right eye, from pain, was of little use to me for years. The constant flow of urine kept my system depleted, causing nervous chills and night sweats. After trying seven different kinds of climate and using all kinds of medicine, I had the good fortune to hear of Doan's Kidney Pills. This remedy has cured me. I am as well today as I was twenty years ago, and my eyesight is perfect."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

You Can Get Allen's Foot Ease FREE

Write Allen S. Olmsted, LeRoy, N.Y., for a free Sample of Allen's Foot-Ease. It cures sweating, hot, swollen, aching feet. It makes new or tight Shoes easy. A certain cure for Corns, Ingrowing Nails and Bunions. All Druggists sell it. 25c. Don't accept any substitute.

Opposed to the Process.

"Come, Tommy; it's time for you to take your bath."

"I don't want to be washed mamma! Give me a dry cleaning, like they do papa's white vests."

Protection of American Birds.

The movement for the protection of birds in America has long since assumed formidable proportions, says American Homes and Gardens. Much of the credit for the work accomplished is due to the Audubon societies, which exist in thirty-five States, and which for a number of years have carried on an active work for the conserving of bird life. The results accomplished are considerable. A "model law" drawn up by the American Ornithologists' union is now in force in thirty States and the District of Columbia. The Lacey law excludes from interstate commerce all birds killed illegally in any State, and makes those legitimately killed subject to the law of the State in which they are bought.

Laws prohibiting the sale of game out of season, even when killed in season, look toward the same end of conserving bird life. Public attention has been aroused on the subject, and even the manufacturer of air rifles no longer calls attention to the fact that they will kill small game within short distances. Absolute protection has not yet been given the birds everywhere, but a great and important work has been well begun and is being carried forward.

NO MATTER WHERE LOCATED,

DO YOU WANT TO SELL OR EXCHANGE YOUR PROPERTY AND PAY NO COMMISSION? WRITE FOR OUR MODERN PLAN.

DO YOU WANT TO BUY?

Tell us what and where you want to buy, about what you can invest, and we will send you description, with name and address of owner absolutely FREE.

THE GRAY REAL ESTATE CO.
520-521 Stimson Bldg., Los Angeles, Cal.

STERLING DENTISTS 5th & Main Los Angeles Crown and bridgework, Perfect fitting plates, Surgical dentistry, without pain, and at prices you can afford. CALL ON US WHEN YOU COME TO LOS ANGELES.

HOWARD E. BURTON,
ASSAYER and CHEMIST,
Leadville, Colorado.
Specimen prices: Gold, Silver, Lead, $1; Gold, Silver, 75c; Gold, 50c; Zinc or Copper, $1. Cyanide Tests. Mailing Envelopes and full price list sent on application. Control and Umpire Work solicited. Reference: Carbonate National Bank.

Lewis' "Single Binder" straight 5c cigar made of extra quality tobacco. You pay 10c for cigars not so good. Lewis' Factory, Peoria, Ill.

No Chance.

Stranger—If you think a curfew law would be a good thing for the town why don't you bring the matter up before the city fathers?

Native—That's the trouble. We haven't any city fathers. Some of 'em are old bachelors, and the rest of 'em live in apartment houses.

How Good Food may Turn to Poison

DECAY is not digestion, you know, even when it takes place in the stomach.

Food decayed in the body after being eaten is as dangerous to health as food decayed before being eaten.

Food nourishes or poisons, just according to how long it remains in the Bowels undigested.

Cascarets are the simplest and surest safeguard against Delayed Digestion yet discovered.

* * *

Sold in a thin Enamel Box, half as thick as your watch, which fits into the vest pocket or lady's purse as if it grew there.

In this round-edged Enamel Box are found six small Candy Tablets.

One of these toothsome tablets works wonders for digestion.

Soon as placed in the mouth it starts the Saliva flowing, which at once gets to work dissolving it.

The Saliva becomes blended with the Candy Cascaret tablet, and from the moment they start going down your throat together they start working together.

Now, what do they work at? Bowel-work, of course—Digestion.

* * *

Most of the Digestion occurs in the thirty feet of intestines that connect with the Stomach.

They are lined with a set of little mouths, that squeeze Digestive Juices into the Food eaten.

The Digestive Juices thus mix with the food, just as Saliva mixes with Cascaret tablets, dissolving and changing that food into nourishment, as it passes along the channel.

The Intestines are also lined with millions of little suction pumps, that draw the Nutriment from Food, as it passes them in going through.

* * *

This Nutriment is then carried into the Blood, and spread over the Body as Brain, Bone and Brawn.

But, when the Bowel-Muscles are weak, the Food moves too slowly to stimulate the little Gastric Mouths and there is no flow, or too little flow of Digestive Juice, to change the food into nourishment.

Then, the food decays in the Bowels, and in the thirty feet of Intestines.

When this Decay begins the little suction pumps draw Poison from the decayed Food, into the blood, instead of the Nutrition it should have drawn.

Now, Cascarets contain the only combination of drugs that Stimulates these Muscles of the Bowels and Intestines just as a Cold Bath, or open-air Exercise, stimulates a Lazy Man.

Cascarets therefore act like Exercise.

They produce the same sort of Natural result that a Six Mile walk in the country would produce, without any injurious Chemical effect.

The Vest Pocket Cascaret Box is sold by all Druggists, at Ten Cents.

Be sure you get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "CCC."

* * *

FREE TO OUR FRIENDS!

We want to send to our friends a beautiful French-designed, GOLD-PLATED BONBON BOX, hard-enameled in colors. It is a beauty for the dressing table. Ten cents in stamps is asked as a measure of good faith and to cover cost of Cascarets, with which this dainty trinket is loaded. 725

Send to-day, mentioning this paper. Address Sterling Remedy Company, Chicago or New York.

Automobiles.

At the close of 1905, eighty-five thousand automobiles were in use in the United States, or one to every one thousand inhabitants. New York State leads with twenty-three thousand six hundred and fifty machines in use, while Arizona has only three.

Momentary Relapse.

"Mr. Spotcash," said the reformed sport, "we want to buy a thousand crullers for the waifs' picnic. Can you give us something?"

"Yes," answered the merchant. "Here's $5."

"Thanks, Mr. Spotcash. I told the boys, by George, it was dollars to doughnuts you'd cough up liberal!"

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

The Useful Earthworm.

Darwin estimates that there are 100,000 earthworms quietly at work for the advantage of the upper six feet of every acre. They continually turn over the soil and drag down leaves and grass, and thus they loosen the soil and fertilize the ground, so that necessary air can reach the roots that spread and grow.

THE DAISY FLY KILLER destroys all the flies and affords comfort to every home, in dining room, sleeping room, and all places where flies are troublesome. Clean, neat and will not soil or injure anything. Try them once and you will never be without them. If not kept by dealers sent prepaid for 20c. **Harold Somers,** 149 DeKalb Ave. Brooklyn, N. Y.

Usual Result.

One day, just to try a new plan,
The office went hunting the man;
But it hunted too high,
For the man he was shy—
And it bagged the old boss of a clan.

Every reader of this paper can get a package of "20-Mule-Team" Borax and a bar of "20-Mule-Team" Borax Soap, with a Beautiful Souvenir Picture 7x14 inches in 10 colors; Absolutely Free.

For a limited time only, on receipt of 10 cents in stamps or silver (to pay postage and packing) with your name and address and your dealer's name, we will send you a full size package of that universally used Household Necessity, "20-MULE-TEAM" BORAX; also a bar "20-MULE-TEAM" BORAX SOAP, free; and include a beautiful souvenir picture 7x14 in 10 colors, called the "OLD DRIVER'S REVERIE," with a 32-page booklet giving 1000 valuable uses for Borax in the Home, Farm, Garden and Dairy; Borax in the Laundry, Nursery, Sick Room and Kitchen; Preservative uses of Borax, and hints on "How to Have a Clear Complexion" and articles on the "Hair and Hands."

WRITE NOW! enclose a dime with your name and address and dealer's name, and receive by return mail this free offer and souvenir. Address, Pacific Coast Borax Co., Oakland, California.

Beware of Ointments for Catarrh that Contain Mercury

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

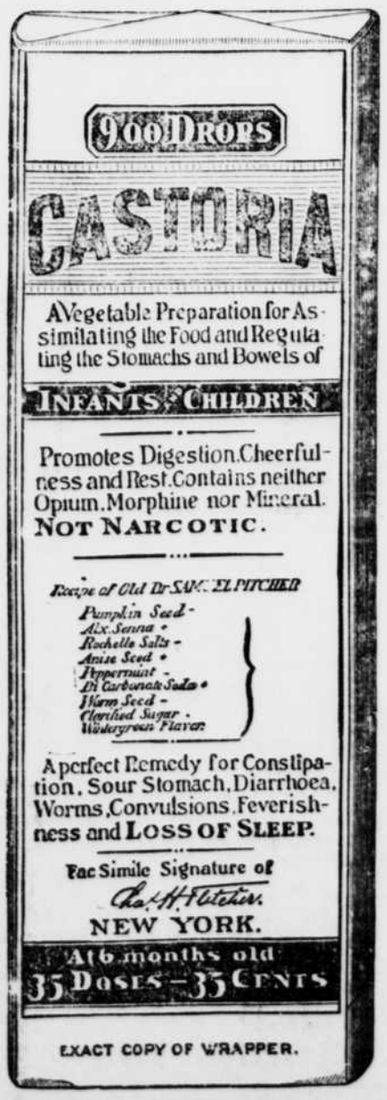
Sold by Druggists, price 75c. per bottle.

Take Hall's Family Pills for constipation.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twentytwo per cent., or nearly one-quarter, die before they reach one year; thirtyseven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium, or morphine. They are, in considerable quantities, deadly poisons. In any quantity they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever.



EXACT COPY OF WRAPPER.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. A. F. Peeler, of St. Louis, Mo., says: "I have prescribed your Castoria in many cases and have always found it an efficient and speedy remedy."

Dr. E. Down, of Philadelphia, Pa., says: "I have prescribed your Castoria in my practice for many years with great satisfaction to myself and benefit to my patients."

Dr. Edward Parrish, of Brooklyn, N. Y., says: "I have used your Castoria in my own household with good results, and have advised several patients to use it for its mild laxative effect and freedom from harm."

Dr. J. B. Elliott, of New York City, says: "Having during the past six years prescribed your Castoria for infantile stomach disorders, I most heartily commend its use. The formula contains nothing deleterious to the most delicate of children."

Dr. C. G. Sprague, of Omaha, Neb., says: "Your Castoria is an ideal medicine for children, and I frequently prescribe it. While I do not advocate the indiscriminate use of proprietary medicines, yet Castoria is an exception for conditions which arise in the care of children."

Dr. J. A. Parker, of Kansas City, Mo., says: "Your Castoria holds the esteem of the medical profession in a manner held by no other proprietary preparation. It is a sure and reliable medicine for infants and children. In fact, it is the universal household remedy for infantile ailments."

Dr. H. F. Merrill, of Augusta, Me., says: "Castoria is one of the very finest and most remarkable remedies for infants and children. In my opinion your Castoria has saved thousands from an early grave. I can furnish hundreds of testimonials from this locality as to its efficiency and merits."

Dr. Norman M. Geer, of Cleveland, Ohio, says: "During the last twelve years I have frequently recommended your Castoria as one of the best preparations of the kind, being safe in the hands of parents and very effective in relieving children's disorders, while the ease with which such a pleasant preparation can be administered is a great advantage."

GENUINE CASTORIA ALWAYS
Bears the Signature of
Chas. H. Fletcher.

The Kind You Have Always Bought
In Use For Over 30 Years.
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.