

GOOD BLOOD TELLS ITS OWN STORY

And tells it eloquently in the bright eye, the supple, elastic movement, the smooth, soft skin, glowing with health, a body sound and well, an active brain, good appetite and digestion, refreshing sleep, energy to perform the duties and capacity to enjoy the pleasures of life. The blood is the most vital part of the body; every organ, muscle, tissue, nerve, sinew and bone is dependent on it for nourishment and strength, and as it circulates through the system, pure and strong, it furnishes to these different parts all the healthful qualities nature intended. When, for any cause, the blood becomes impure or diseased, it tells a different story, quite as forceful in its way. Itching, burning skin diseases, muddled, sallow complexions, disfiguring sores, boils, carbuncles, etc., show the presence, in the blood, of some foreign matter or poison. Rheumatism, Catarrh, Contagious Blood Poison and Scrofula, are effects of a deeply poisoned blood circulation. These may either be inherited or acquired, but the seat of trouble is the same—the blood. S. S. S., a purely vegetable blood remedy, cleanses and purifies the circulation and makes it strong and clean. Under its purifying and tonic effects all poisons and impurities are expelled from the blood, the general health is built up, all disfiguring eruptions and blemishes disappear, the skin becomes soft and smooth and robust health blesses life. Rheumatism, Catarrh, Scrofula, Contagious Blood Poison and all diseases of the blood are cured by S. S. S. Book on the blood and any medical advice, free of charge. THE SWIFT SPECIFIC CO., ATLANTA, GA.



What He Meant.
Mr. Griggsfield was a man who meant well, but was unfortunately addicted to the habit of saying the wrong thing at all times and in all circumstances. An acquaintance of his had suffered severe injuries in a rail-wreck, including a broken nose, the loss of three or four teeth and a gash across one of his cheeks; but his hurts were not serious, and he was soon on the street again, somewhat disfigured, but in good working order. One of the first men to greet him after his recovery was Mr. Griggsfield, who grasped him cordially by the hand and exclaimed:
"Hello, Williams! I understand you have been pretty badly hurt. I am glad to see you so much improved."
Later, when he reflected upon it, he understood why Mr. Williams responded to this greeting with such a queer smile.

To Break in New Shoes.
Always shake in Allen's Foot-Ease powder. It cures hot, sweating, aching, swollen feet. Cures Corns, Ingrowing Nails and Bunions. At all Drug and Shoe stores. Do not accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Liked Substantials.
Simeon Ford tells of some amusing experiences of a lady he knows who is most charitably disposed toward the poor of the slums. One day this worthy woman in the goodness of her heart visited a small boy in whom she was interested and who was convalescing from a long illness. With her she carried some fine fruit for the lad, but to her surprise the mother received the offering rather dubiously, evincing little appreciation or gratitude for what the charitable lady thought would be most acceptable to the little sufferer.

When next the good Samaritan called at the place she asked the mother how the boy had enjoyed the fruit.
"Very well," was the laconic answer.
"And did he eat all of it?"
"Oh, yes," responded the mother, carelessly. "He got away with it all right; but the boy is like me, he don't care much for fruits; likes something substantial and tasty; for instance, pie's feet."

Mother's will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Plan of Action.
Amateur Writer—My friends say this story of mine will prove a great success and they have promised to buy it when it comes out in book form.
Editor—How many friends told you that?
Amateur Writer—Oh, a dozen or more.
Editor—Go and make a hundred thousand more such friends, get their written agreements to buy the book, then come back and I'll talk business with you.—Success.

LEWIS' SINGLE BINDER
STRAIGHT 5¢ CIGAR

You Pay 10c for Cigars
Not so Good.

F. P. LEWIS Peoria, Ill.

Dealers supplied by their jobber or direct from Frank P. Lewis' Factory, Peoria, Ill.

Drawing It Milder.
"How did it happen that he got in the way of the brick? I tell you he was a fool to be there."
"That sounds harsh. There is a milder way of calling him the same thing."
"What should I call him?"
"An innocent bystander."—Cleveland Plain Dealer.

JURY OF MARRIAGE.
They had just commenced house-keeping.
"Clarence, dear," said bridelets, "I wish you would stop at the drug store as you come home to-night and get some sponges."
"All right, darling," responded the temporary head of the matrimonial combine. "How many do you want?"
"I don't know, love," she answered.
"I guess—oh, well, just ask the man how many it takes to make a medium-size sponge cake."

CASTORIA For Infants and Children. The Kind You Have Always Bought

Bears the Signature of *W. C. Little*

Kaiser and Children.
Recently the Kaiser and Kaiserin visited Saarbrücken to unveil a statue in that town, their little daughter, Princess Louise, being left in the meantime in the royal car at the railway station. A beautiful bouquet of flowers had been brought for presentation to the little princess by three small girls, who looked very disappointed at the absence of the little Louise. The Kaiserin, who noticed it, at once ordered that the children should be driven to the railway station to deliver their present. They found the Princess Louise at supper, and one of the children described how she had spilled some egg and rocco on her white frock. "She was very friendly and pleased, and talked as though she had known them 'ever so long.'"
"The Empress, too," the girl relates, "was very kind to us at once, and said: 'Little girls, when you come to Berlin, you must really and truly come to see us. Promise me that you will come.' And the little princess also said we must come. The Emperor shook hands with us, and when he squeezed my hand a bit I squeezed back, and he laughed and put his other hand on top of it. Then both the Emperor and Empress kissed us, and the Emperor said: 'Well, little girls, I think my daughter must make you a pretty present in return for your beautiful flowers.' When we had left, and stood on the platform watching the train, more off, the Emperor and Empress and the princess looked out, nodding and waving good-by till the train disappeared.—Housekeeper.

Very Realistic.
"And when the hero spoke," read the college girl with the novel, "there was a lump in the heroine's throat."
"Poor girl!" sighed her chum, "I bet she felt bad."
"Not at all; she felt good."
"And how was that?"
"Why, it was a lump of ice cream."

Alack! Alack!
Gray—Hello, Smith! How did you get your eye blacked in that artistic style?
Smith—Labor troubles.
Gray—With the union?
Smith—Yes; my wife went on a strike.

Still Another Reason.
Mr. Crimsoneak—"There's another reason for calling a ship 'she.'"
Mrs. Crimsoneak—"What is it?"
"Because ships are so often spoken."
—Yonkers Statesman.

Worst of the Bunch.
Traveler—Say, don't you get tired answering so many fool questions?
Ticket Agent—Sure thing.
Traveler—Which tire you most?
Ticket Agent—Those you just asked.

The Real Trouble.
"I understand," said the horse reporter "that you have succeeded in reducing the cost of living to a nominal sum."
"True," replied the poet with the unbarbered hair, "but my great drawback is the difficulty I have in securing the nominal sum."

WHITE CHIEF OF PONCAS.

Joe Miller, Part Owner of a Ranch of 87,000 Acres.
The largest and most famous ranch in Indian Territory is "101," owned by the Miller brothers. It includes 87,000 acres of lands leased from the Ponca Indians by the late George Miller, a big-hearted Kentuckian and typical cowman. He migrated to Kansas twenty-five or thirty years ago, and made his home at Winfield, where he traded cattle.



Joe Miller. Before Oklahoma was opened he saw a chance to lease the Ponca lands for fattening Texas cattle, and sixteen or seventeen years ago got 25,000 acres, established headquarters near the town of Bliss, and added to it from time to time by purchase and lease until at his death, three years ago, he left his sons the control of 87,000 acres, with 60,000 in a single tract.
The Ponca reservation, comprising about 225,000 acres, is practically under their control. "Joe" Miller, the president of the corporation which the five heirs of the late George Miller formed, is called "the white chief" of the Poncas, and he plays the part. The Indians go to him for advice on every subject. He looks after their crops and stock and implements, keeps their money for them and attends to their shipments and collections. He is the adviser of the Otee Indians, also, on the adjoining reservation.

There are about 600 Poncas and 400 Otees surviving. Their lands are now being allotted in severalty and the tribal relations will be broken up this year. Most of the families are already settled upon farms and are doing quite well in civilization, although every Indian is a prey to speculators, who would rob him of all his property if he was allowed to part with it. But when the tribal relations are dissolved each member of the tribe must keep his share of land until his death. He is not allowed to part with it without the consent of the Secretary of the Interior, but when he dies his heirs may sell the property and divide the proceeds—and that is why one hears people down there talking about the prospect of securing "dead Indian land." A considerable part of ranch 101 is dead Indian land.

The Poncas have peculiar tribal customs. Like other Indians, and one of them is for each warrior at the annual sun dance to give away to his neighbors everything he has. The biggest man in the tribe is he who gives away the most. They present each other their horses and cattle, their saddles and implements, and even the garments they wear, but at the close of the ceremony each has received from the others about as much as he has given away, so that they all come out about even. The only difference is that Running Water will next year have the shirt that Swift Antelope wore last year, and vice versa.



THE FAMILY DOCTOR
One small onion eaten at night will often induce sleep, as onions have a particularly soothing effect upon the nerves, without any of the ill effects that are produced by the taking of drugs. To remove the taste, a little parsley may be eaten, or a few drops of eau de Cologne on a lump of sugar. A few drops of eau de Cologne on sugar, before going out in the evening, is a good eye-brightener.

Homeopaths are said to have discovered a certain remedy for seasickness in apomorphia, a very small dose of which taken once an hour in water, will remove the qualms. They are so certain of its success that they are going to procure a gratuitous circulation of it among vessels that carry passengers. It is also useful for beasts, the sufferings of which are often severe.

A lady writes as follows: "I see from a paragraph that a farmer died from the effects of a wasp sting. It cannot be too widely known that turpentine applied to the place where a wasp has stung will reduce the swelling immediately. If the sting be in the mouth or throat, some turpentine should be swallowed, and the effect produced will be almost instantaneous."
The Real Thing.
"I understand that new business venture of his is quite a marked success."
"Yes, a dollar-marked success, I believe."—Philadelphia Press.

How St Popped the Question.
Silas—Mandy.
Mandy—What is it, Si?
Silas—I'd like to see your picture in our family album.—Brooklyn Life.

Money is naturally tight with the man who is shy of loose change.
A decided blonde may be a brunette who has decided to be a blonde.

Couldn't Lose Him.

"Darling," queried the young man, as he seated himself beside the little bunch of bloated loveliness on the parlor sofa, "is it true that your father has lost every dollar he had in the world?"
"Yeth, Thammie, dear," lisped the fair damsel, as little red-hot tears began to bubble in the corners of her indigo blue eyes, "yeth, it is only too true. I am thorry, to thay—thorry for your thake, and thorry for my own thake ath well—for I realize that thith that blow mutht cauth up to theparate forever."
"Did Sammy extend the icy digit there and there? Not so, gentle reader, not so. Kindly gaze on the next kinoscope picture and you will see her tightly clasped in his arms, while his mustache is immersed in her tear-bathed complexion. Sammy was no quitter. He knew that he could work hard between meals and earn money enough to buy all the wealth they needed in their business—and he also knew that tongue-tied females were scarce, and he couldn't afford to take any chances.

Economics.
Bella—Prof. Muggins tells me that the first principle of socialism is to divide with your fellow-man.
Tom—Not as I understand it. On the contrary, the first principle of socialism is to induce your fellow-man to divide with you.—Puck.

For Thin, Poor Blood

You can trust a medicine tested 60 years! Sixty years of experience, think of that! Experience with Ayer's Sarsaparilla; the original Sarsaparilla; the strongest Sarsaparilla; the Sarsaparilla the doctors endorse for thin blood, weak nerves, general debility.

But even this grand old medicine cannot do its best work if the liver is inactive and the bowels constipated. For the best possible results, you should take laxative doses of Ayer's Pills while taking it as a cathartic. The liver will quickly react, and so will the bowels.

Made by J. C. Ayer & Co., Lowell, Mass. Also manufactured at HAIR VEGIC, A. M. GERE, CHERBY PECTORAL.

The Secret Out.
"That poet didn't make a dollar out of his great epic poem."
"Exactly."
"And his 'Ode to America' fell flat?"
"That's what."
"Well, how is it he rides in an automobile now?"
"My friend, he is the author of a popular song entitled 'My Honey's Black Ez de Chimby-Back, Jump Jim-Crow in de Maxum'!"—Atlanta Constitution.

Common Sense.
A large Minneapolis manufacturing concern, The Pillsbury Co., are employing a unique method in advertising their products, "Pillsbury's Vitos, The Meat of the Wheat," in appealing to the "Common Sense" of the American public.

Their assertions are modest as compared to most of the cereal food advertisements of the last few years, but they carry a ring of truth. Their reasoning is certainly rational; here is some of it:
"We all believe that Wheat is the best cereal the Creator has given mankind.
Pillsbury's Vitos is nothing more nor less than the white heart of this wheat kernel cut out by steel machinery and sterilized—nothing added—nothing taken away—no adulteration—no flavoring—no coloring—no cooking.

This product comes to your table in its pure, white, granular form an appetizing dish for young and old. Easily digested because it retains its granular form when cooked, never lumpy or pasty.
A two pound package makes twelve pounds of pure white cooked food and Pillsbury quality too. Two generous dishes for one cent.

We have no competitors because we are the largest millers in the world and get the best wheat. Your grocer will gladly fill your order for Pillsbury's Vitos because he knows he sells you satisfaction. Vitos is put up only in two pound packages—air tight. Price 20c. Don't be without it.

Discouraging.
Jack—So your engagement with Miss De Styles is off, eh?
Tom—Yes; thanks to her father.
Jack—Did the old man refuse to sanction the match?
Tom—No. When I asked his consent he never said a word, but got busy and showed me her millinery bills.

Not 'What He Required.
Physician—You should drink plenty of pure milk, as it contains all the elements of blood.
Patient—Excuse me, doctor, but I'm not bloodthirsty.

The Grand Duke Constantine is one of Russia's favorite poets. He won a record as a fine soldier before he began to write verse.
It's not wealth nor ancestry, but honorable conduct and a noble disposition that make men great.—Novid.

MATTINGS HELP A ROOM.

Japanese Variety of Great Value in Adorning a Room.
There was once a time when matting meant a covering for the floor consisting of an unbroken succession of dark and white squares that made the floor look like a gigantic checker-board. It was heavy and stiff and shiny, was fastened down with big double clamp tacks and bulged in nice little hillocks at stated intervals. It had a "best room" smell, strongly suggestive of horse hair furniture and big four-post beds, and was always associated with long, hot summer afternoons. Time and fashion, assisted by the Japanese, have wrought such changes that nowadays matting is one of the most satisfactory and artistic of household furnishings.

The old checkerboard patterns are still to be seen and are preferred by some people, but the materials are much finer in texture and more easily handled than the old-fashioned kind. The regular Japanese matting, however, is really a thing of beauty, and besides being used as a covering for floors is put to other uses not dreamed of by the methodical housekeepers of the good old times, who put down their strips of shiny squares in May and took them up in September or October.

This Japanese matting, while not particularly inexpensive, costing as it does 75 cents a yard, or 70 cents if purchased in the piece of forty yards, has the advantage of wearing remarkably well. It is soft and pliable, and when the strips are sewed together, as they always should be, the matting may be laid as smoothly as a carpet. For summer use particularly there is nothing more satisfactory than this typical product of the orient, with its light background and the big, vague-looking flowers done in indefinite pinks and blues and reds, with probably only one design to the yard, thus giving an effect of space and naturally of coolness and harmonizing well with rugs of any description. For carrying out a Japanese effect the matting is used to cover walls.

It is tacked on at the top and bottom and between the widths are run strips of a contrasting color, covering the seams and giving the appearance of panels. Owing to its flexibility this matting is also largely used in upholstery summer furniture. Seetees and settees, porch chairs and other pieces of semi-outdoor furniture are made very attractive when covered with it.—Brooklyn Eagle.

FRENCH DOMESTICITY.
Families Are Nowhere More United than They Are in France.
Curiously enough, one of their greatest qualities, domesticity, is about the very last thing that foreigners of any nation ever think them capable of, says a Paris correspondent of the London Globe. And yet in no country in the world does one see families so united as in France. The heartlessness of the French marriage system is often commented upon, and yet French marriages turn out, on the whole, just as well as any other, if not better. French parents understand that in bringing children into the world they undertake a responsibility, and from the moment a girl is born her "dot" is begun to be hoarded up. Then when she arrives at a marriageable age a young man of somewhat about her own age and social position and possessed of a similar fortune is searched for by friends and relatives, and when found a marriage is "arranged." I have known one woman who bitterly complained of this being thrown into the arms of a stranger, but only one. And she—although she complains about the want of romance of her young days—has made a most admirable wife and mother, and certainly a useful member of society.

French husbands and wives are usually the very best of friends in the world, seconding each other in whatever state of life they happen to be, and considering the bringing up and marrying off of their children as things of the very greatest importance. I have before me a letter received the other day from an old friend, now a widower, announcing the marriage of one of his two daughters. Curiously quaint to English ears sounds the manner of his announcement: "Aujourd'hui je viens vous faire part due mariage de ma fille Marie avec M—, C'est un charmant jeune homme dont je connais la famille depuis longtemps et qui me presente toutes les assurances de bonheur que je puis souhaiter." I can hardly imagine an English father announcing his daughter's marriage in these terms! Of course, during the engagement the young man and his "fiancee" will not have many opportunities of becoming better known to each other, as they will never be left for one moment alone together. But that, as experience has proved, is no reason why their marriage should not turn out to be a very happy one.

Trees that Furnish Water.
No one need die of thirst in Australia if eucalyptus trees are near. By cutting a sapling into sections of about ten feet and standing them perpendicular with the small ends down half a pint of water may be obtained in fifteen minutes.

Deceptive Appearance.
"It doesn't pay to bank on appearances," remarked the wise guy.
"That's right," agreed the simple mug. "Sometimes a fellow wears a yacht cap who actually owns a yacht."—Philadelphia Record.

If it's easy to win a smile from a woman if she has pretty teeth.

IN THE BEST OF HEALTH SINCE TAKING PE-RU-NA.



IN POOR HEALTH. PAINS IN BACK. SICK HEADACHES. PE-RU-NA CURED.
Mrs. Lena Smith, N. Cherry Street, Cor. Line, Nashville, Tenn., writes: "I have had poor health for the past four years, pains in my back; and groins, and dull, sick headache, with bearing down pains."
"A friend, who was very enthusiastic about Peruna insisted that I try it."
"I took it for ten days and was surprised to find that I had so little pain."
"I therefore continued to use it and at the end of two months my pains had totally disappeared."
"I have been in the best of health since and feel ten years younger. I am very grateful to you."
Catarrh of the internal organs gradually saps away the strength, undermines the vitality and causes nervousness. Peruna is the remedy.

Proof Positive.
"It is a well-established fact," remarked the scientific passenger, "that brunettes have much more violent tempers than their blonde sisters."
"That settles it," rejoined the meek little man across the aisle. "I've always suspected that my wife bleached her hair, and if what you say is true there is no further room for doubt."

For bronchial troubles try Pilo's Cure for Consumption. It is a good cough medicine. At drugists, price 15 cents.

More than Likely.
She—A female suffrage advocate says women should get men's wages.
He—A friend of mine who is married says they do.

MAKE Hens Pay!

This can be done by keeping them in good, healthy condition, free from roup, cholera, and all disease by using

PRUSSIAN POULTRY FOOD

"Prussian Poultry Food cures cholera, roup, etc."—H. Avery, Concord, Minn.
"Prussian Poultry Food makes hens lay."—G. W. Arbogast, Fishers Grove, Ia.

Pkgs. 25¢ 50¢; Pails, \$3.50. Book Free Prussian Stock Food Co., St. Paul, Minn.

Germain Seed Co. So. Cal. Agents, Los Angeles

Maria's Tonic.
"Did you get a spring tonic for that tired feeling?" asked Kiddleigh.
"Yes," answered Ennepe. "Maria sort of braced me up with one."
"Some homemade remedy?"
"Well—er—yes. That is, she told me she wanted an automobile some time this summer, and advised me to get a hump on myself."—Detroit Tribune.

How's This?
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.
F. J. CHENEY & CO., Toledo, O.
We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.
WALDING, KINNA & MARVIN, Wholesale Druggists, Toledo, O.
Hall's Catarrh Cure is taken internally acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75c per bottle. Sold by all Druggists.
Take Hall's Family Pills for constipation.

FIT'S Permanently Cured. No Size or sex necessary after first day's use of Dr. Chas. C. Great Nerve Restorer. Send for FREE \$1.00 trial bottle and treatise. DR. S. H. KLINE, LAD., 51 Arch St., Philadelphia, Pa.

PISO'S CURE FOR CONSUMPTION

Best Cough Syrup Cures Croup. Use in time. Sold by druggists.

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