

A CURE FOR DEBILITY

Dr. Williams' Pink Pills A Reliable Remedy for the Weak, Ailing and Bloodless.

When the body is weak and the blood thin it is sometimes difficult to find the cause unless a wasting illness has preceded, or the sufferer happens to be a girl on the verge of womanhood.

Obscure influences, something unhealthful in one's surroundings or work, may lead to a slow impoverishment of the blood and an enfeeblement of the whole body. When a serious stage has been reached there seems to be nothing that will account for it.

Mr. O. E. Legg, of Tipton, W. Va., has found a successful method of treating weakness and bloodlessness. He says:

"I used Dr. Williams' Pink Pills for weakness caused by a lingering malarial fever that began in the spring of 1896. The worst effects of this were indigestion and a bad state of my blood. I was anemic, as the doctors say. People generally would say that I didn't have blood enough, or that I didn't have the right kind of blood; mine was too thin. My kidneys and liver were out of order. I was badly annoyed by sour risings from my stomach. There was a good deal of pain, too, in my back and under my right shoulder blade."

"How long did these troubles last?"
"For over two years. For four months of that time I was under the care of a physician, but his medicine did me no good. Meanwhile I learned of the cures that had been wrought by Dr. Williams' Pink Pills."

"You owe your cure to these pills?"
"I certainly do, and I also know that they are helping others to whom I have recommended them. They have real merit and I know of nothing that would take their place."

For further information and valuable booklet address the Dr. Williams Medicine Co., Schenectady, N. Y.

Lyton's Famous Phrase.

The phrase which has become trite by its frequent use, "The pen is mightier than the sword," which Lord Lyton put in the mouth of Cardinal Richelieu, was written when the steel pen had barely begun to supplant the quill.

DON'T FORGET

A large 2-oz. package Red Cross Ball Blue, only 5 cents. The Russ Company, South Bend, Ind.

FATAL TO ALL DISEASE GERMS.

Effect of Acids of Fruits on the Human System.

An eminent Japanese bacteriologist has shown that the acids of lemons, apples and other fruits—citric acid, malic acid—are capable of destroying all kinds of disease germs. Cholera germs are killed in fifteen minutes by lemon juice or apple juice, and typhoid fever germs are killed in half an hour by these acids, even when considerably diluted. If you squeeze a lemon into a glass of water containing cholera germs, and let it stand fifteen or twenty minutes, you may drink the water with impunity, as the germs will be dead; these juices will kill other disease germs, says the New York Herald. Instead of telling a man to have his stomach washed out, we can now tell him to drink orange juice, which will cleanse the stomach as thoroughly as a stomach tube, provided it be not a case of gastric catarrh. If we have to deal with gastric catarrh, in which there is a large amount of tenacious mucus adhering to the walls of the stomach, a stomach tube to dislodge it is required, but in ordinary cases of biliousness, foul tongue, bad breath, sick headache, and nervous headache a fruit diet is a wonderful purifier.

One of Evarts' Epigrams.

William M. Evarts, when asked if he did not think woman was the best judge of woman, replied: "Not only the best judge, madam, but the best executioner."

"COFFEE JAGS."

The Doctor Named Them Correctly.

Some one said "Coffee never hurts any one." Enquire of your friends and note their experiences.

A Phila. woman says

"During the last 2 or 3 years I became subject to what the doctor called 'coffee jags' and felt like I have heard men say they feel who have drank too much rum. It nauseated me, and I felt as though there was nothing but coffee flowing through my veins."

"Coffee agreed well enough for a time, but for a number of years I have known that it was doing me great harm, but, like the rum toper, I thought I could not get along without it. It made me nervous, disordered my digestion, destroyed my sleep and brought on frequent and very distressing headaches."

"When I got what the doctor called a 'coffee jag' on, I would give up drinking it for a few days till my stomach regained a little strength, but I was always fretful and worried and nervous till I was able to resume the use of the drug."

"About a year ago I was persuaded to try Postum, but as I got it in restaurants it was nothing but a sloppy mess, sometimes cold, and always weak, and of course I didn't like it. Finally I prepared some myself, at home, following the directions carefully, and found it delicious. I persevered in its use, quitting the old coffee entirely, and feeling better and better each day, till I found at last, my great joy, that my ailments had disappeared and my longing for coffee had come to an end."

"I have heretofore suffered intensely from utter exhaustion, besides the other ailments and troubles, but this summer, using Postum, I have felt fine." Name given by Postum Co., Battle Creek, Mich.

There's a reason. Restaurant cooks rarely prepare Postum Coffee properly. They do not let it boil long enough.

WOMEN'S INTERESTS

For the Younger Members.

For young girls many new suits are shown in the various shades of gray. There is nothing prettier than gray for either young or old, and the jaunty short Etons or the trim pony coats are employed with excellent effect in making up girlish and stylish suits for misses and young women. The Peter Thompson suits are, however, as satisfactory and as modish as any dress a schoolgirl can wear, and if the young girls realize how much better and how much more stylish they appear in these sailor suits than they do in copies of their mother's or grandmother's gowns they would not be so desirous of looking older than their years and would cheerfully don these becoming, suitable and girlish suits. Unfortunately, they like to be thought grown up and nothing will do but that they should be replicas of older members of the family so far as clothes go.



Green camel's hair with white hair. Green velvet trimmings.

Some New Desserts.

A delicious English tart is made by filling a deep baking dish with sliced apples, well sugared, covering with a thin, rich paste, and baking brown; this is to be eaten fresh, not quite cold, with cream and cheese. Canned apricots, drained of their juice, may be used instead of apples, says Harper's Bazar.

A pretty dessert is made with a quart of rich custard for a basis, and for this the yolks of three eggs are to be used. When still hot half a box of gelatine, dissolved in cold water, is stirred in and the whole strained. Last of all, the stiff whites are to be folded in when the custard is cold, and the whole is put into a fancy mould on ice. When needed it will be found to be in three layers, the top one transparent jelly, the next custard, and the bottom one foamy white. Candied violets may be put around and on it, and whipped cream.

Checked Voile Morning Gown.

A very pleasing idea is a smart morning gown in checked voile. The color scheme is a practical one, suitable for a street gown of unusual smartness. Black and white is always good and very generally becoming. The body of the gown is of black and white checked voile. The bolero is original in design. According to the latest mode it is rather large, almost meeting upon Eton lines. A pretty fancy is the buttoned fichu-like ends which fasten upon the girde with large velvet buttons. A wide collar gives breadth to the figure. This, as well as the tiny applied collar of embroidery, is outlined by white braid and Richelieu plaiting. Braid and plaiting likewise mark the skirt's devant and the wide cuffs. The skirt is a circular model. Two rows of braid and plaiting set above the hem form its trimming.

Substitute for Chiffon Scarf.

The delicately colored chiffon scarfs so much worn are not only expensive, and easily ruined, but come in so few shades that a substitute is gladly welcomed, particularly by those who like to have their garments always fresh. The long veils, made of chiffon, as are the scarfs, but costing much less, are worn by many girls, and have the additional advantage over the regular scarfs that they come in a much greater variety of colors. Adjusted so that the border is neatly hidden the effect is exactly the same, as if made of a scarf, and she may have one for each gown, and renew them with much greater frequency without making a very large hole in her pocketbook.

New Scarfs.

Long, wire scarfs to throw lightly over the shoulders promise to be the distinguishing feature of light-colored toilettes this spring. Among the most seductive novelties which the early spring has up to now produced are charming floral scarfs in all manner of colors and varieties. Mounted on a foundation of mousseline de sole on fine crepe de chine, these scarfs are fashioned out of flowers in silk

gauze, the petals sewn lightly together, so as to form a solid floral network.

Large-petaled flowers, such as full-blown roses of all kinds, anemones, clematis and lilies, are most in favor, but clusters of hydrangeas, daisies and even forget-me-nots are effectively introduced against a background of chiffon.



A brush dipped in salt water will clean bamboo furniture.

A solution of salt and alcohol is excellent for rubbing on weak ankles. Books will keep better if exposed to the air than when shut in a bookcase.

To remove a porous plaster quickly and painlessly try an application of alcohol.

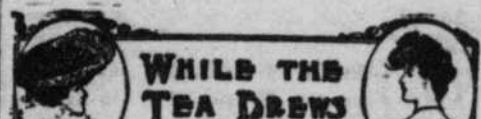
Cold tea cleanses oilcloth or linoleum. After the application polish with a little turpentine or linseed oil.

Toast in Variety.

Toast may also be used as a dessert at lunch, and there are a dozen ways in which its plainness may be improved upon. For the children trim all crust from the thin slices and place in the oven until a golden brown all through. Smother it in apple sauce or pour over the heated juice from canned fruits and serve cold with milk or cream. Dip the cut slices in a raw custard—one egg to a half pint of milk—and fry quickly with butter. Serve hot with butter and spiced sugar—this is variously known as German, French and nun's toast. Cut the slices in circles, saute quickly in butter; drop on each piece a large spoonful of mashed prunes, and serve with cream, whipped or plain. Stewed figs or any marmalade which is not too rich may also be used.—What to Eat.

Useful Chiffon Taffeta.

For silk shirt waists and shirt-waist suits, and for the extra little dress of silk which "comes in" for a hundred uses all summer long (and spring, too), chiffon taffeta is making hosts of friends, either in plain colors or those odd two-toned kinds, with little figures or blocks happening off and on the narrow stripes which make it up. Yet so perfectly are the two shades toned, and so nearly alike are they, that at a little distance the silk seems plain, except for the shimmer which plays over it—a shimmer which seeks out and reveals the color.



Chenille fringe is noted on many white cloth gowns.

Smooth satin crowns as a feature are marked on many of the spring hats.

Braces of material to match the skirt are worn with the corset skirt over the lingerie blouse.

For the theater there are little boleros of silk musline covered with valencienne ruffles and insertions.

For morning wear smart little toques of fine straw or crin are trimmed with a single stiff wing in

front or to one side and a bunch of ribbon loops at the back.

A soft gray walking hat is turned up on the left with a huge gray bird, whose bigness is almost grotesque. Most of the hats seem to be quite overcome by their trimmings.

Tailored Wash Dresses.

The tailored wash dresses are worth a whole library of explanation. They are admirable in every way and they will be worn in a manner which will show that they are appreciated. They come in white linen, in blue linen, in tan and in the natural shades, as well as in pink and other colors.

Girls' Russian Dress.

If it is not school it is kindergarten, and anyway you fix it, the small girl needs frocks, and pretty ones, too. The coarser weaves of linen and crash are very popular with the younger generation, but for cold weather serge and challis come in for their share of good hard wear. Here is a little dress designed for a lad or lass and quite



free from difficulties for the home dressmaker. It is in one piece, having the broad sailor collar so youthfully becoming. A generous box plait forms a panel in front, making the small wearer appear tall, and its counterpart relieves the plainness of the back. Deep platts stitched near the edges turn from the broad front plait and provide fullness for the skirt. A belt of the material or leather girdles the dress in long-waisted effect.

When Baking Pies.

Bake all very juicy pies in the bottom of ovens, placing them on the oven's bottom first to insure the browning of the under crust. Let these juicy pies cool, and reheat them before serving. This second heating seems to give the necessary crispness to the crust—a crispness that is harder to accomplish than in drier pies.

To Clean Carpets.

To clean carpets, go over them once a week with a broom dipped in hot water to which a little turpentine has been added. Wring a cloth in the hot water and wipe under pieces of furniture too heavy to be moved.

CALLING OR RECEPTION GOWNS.



The gown at the left is of black and white checked taffeta. The skirt is covered with a tunic, which is plaited over the hips, and bordered with tucks and a wide band of ecru guipure, the latter edged with black taffeta. The blouse has a sort of plastron of the material, trimmed with the guipure, edged with taffeta. The rosettes are also of black taffeta, bordered with little frills of the same, of which the straps are also made.

The chemisette is of white silk, embroidered in green and black, and the jabot is of lace. The sleeves each form two puffs, and are finished at

the elbows with ruffles of the material and lace. The girde is of the black taffeta.

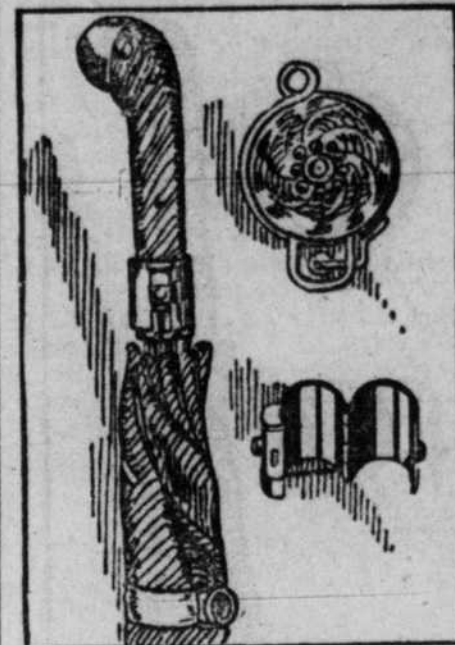
The other gown is of old blue taffeta. The front breadth of the skirt is cut in one piece with the corset, which is slightly draped. The rest of the skirt is plaited over the hips and encircled at the bottom with tucks.

The bolero is of English embroidery in black, over a foundation of blue, and is trimmed all around with a shaped band of the lace. The turnover collar and cuffs are of velvet, and the guipure, jabot and sleeve ruffles are of lace.

SHOWING THE WORLD'S PROGRESS

An Umbrella Lock.

A New York man, realizing the annoyance and inconvenience experienced by the owner following the theft of an umbrella, has designed a simple device intended to prevent the taking of umbrellas, accidentally or otherwise, from umbrella stands, tracks and similar places. As umbrellas are usually taken from umbrella stands when it is raining, and as they are usually taken not for their intrinsic value, but simply on account of the immediate protection which they offer from the rain, it follows that when it is discovered that an umbrella cannot be raised and will be of no use the person taking the same will return it to the stand. On this supposition the umbrella lock shown here would be of immense value, as it can be attached to any umbrella. It is made in the shape of a sleeve divided into two sections, connected by a hinge. Opposite this hinge is a lock, which co-



Locks the Umbrella.

operates with a catch in such a manner as to enable the sections to be locked together. For this purpose the lock has an opening through its casing, which enables the catch to pass in. At the extremity of one of the sections is a flange, which projects inwardly. In applying the lock to the umbrella the sleeve is snapped over the end of the cover, the flange lying between the handle and the ends of the ribs, which will evidently effectually prevent the removal of the lock. When it is not desired to lock the umbrella the device can be applied in an inverted position on the handle. In connection with the lock is a keyhole, which enables the lock to be opened only by means of a key, which will, of course, be carried by the owner of the umbrella.

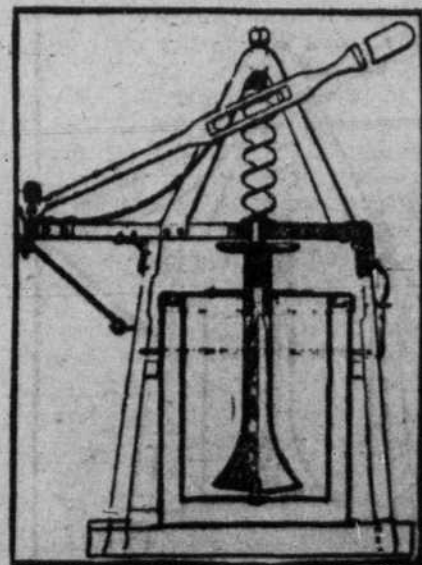
Artificial Pumice Stone.

Artificial pumice stone is now being made by mixing sand and clay. Natural pumice stone for industrial purposes comes from the islands of Lipari, and is nothing but lava which was cooled rapidly under strong development of gases. It is not firm enough to last well; so the artificial variety, made in five grades, again demonstrates the superiority of art over nature—sometimes.

Butter Churn.

A Missouri inventor has patented a churn which revolutionizes the old-style method of making butter. In this churn a frame is provided upon which the milk or cream receptacle is supported and connected with the operating mechanism. Two receptacles are used, one inside the other. The inner receptacle holds the cream and the other receptacle the tempering element, such as cold or hot water, as may be required, to impart any required temperature to the cream to facilitate churning. Attached to the upper part of the frame is a twisted rod, which connects with an opening in the handle. The rod is also secured to the paddle of the churn.

By working the handle up and down motion is imparted to the pad-



dle, and, with the assistance of the tempering element, the butter is quickly churned.

Fusing Rubies.

Little rubies, the price of which is considerably below that of large ones of the same quality are finely powdered, and then fused together in the electric furnace. The mass is quickly cooled by some trick that is not made public, resulting in a gem of good size, and retaining the desired luster and tint. Neither the sapphire nor the emerald can be subjected to this treatment.

Dr. Pierce's Favorite Prescription

Is a powerful, invigorating tonic, imparting health and strength in particular to the organs distinctly feminine. The local, womanly health is so intimately related to the general health that when diseases of the delicate womanly organs are cured the whole body gains in health and strength. For weak and sickly women who are "run-down," "run-down" or debilitated, especially for women who work in store, office or schoolroom, who sit at the typewriter or sewing machine, or bear heavy household burdens, and for nursing mothers, Dr. Pierce's Favorite Prescription has proven a priceless benefit. Because of its health-restoring and strength-giving powers.

As a soothing and strengthening nerve, "Favorite Prescription" is unequalled and is invaluable in allaying and imparting nervous excitability, irritability, nervous exhaustion, nervous prostration, neuralgia, hysteria, spasms, chorea, or St. Vitus's dance, and other distressing nervous symptoms commonly attendant upon functional or organic diseases of the womanly organs. It induces refreshing sleep and relieves mental anxiety and despondency.

Cures obstinate cases. "Favorite Prescription" is a positive cure for the most complicated and obstinate cases of "female weakness," painful periods, irregularities, prolapsus or falling of the pelvic organs, weak back, bearing-down sensations, chronic constipation, inflammation and ulceration.

Dr. Pierce's medicines are made from harmless but efficient medical roots found growing in our American forests. The Indians knew of the marvelous curative value of some of these roots and imparted that knowledge to some of the friendlier whites, and gradually some of the more progressive physicians came to test and use them, and ever since they have grown in favor by reason of their superior curative virtues and their safe and harmless qualities.

Your druggists sell the "Favorite Prescription" and also that famous alterative, blood purifier and stomach tonic, the "Golden Medical Discovery." Write to Dr. Pierce about your case. He is an experienced physician and will treat your case as confidential and without charge for correspondence. Address him at the Invalids' Hotel and Surgical Institute, Buffalo, N. Y., of which he is chief consulting physician.

Tea Only.

The most damaging testimony against tea comes from tea-tasters employed by the wholesale tea houses. Some of these are compelled to take long rests from their vocation that they may recover from the baneful effects of the tea taken into their systems.—Leslie's Weekly.

Peruna Is Exempt.

The internal revenue commissioner has decided that Peruna is now manufactured is exempt from internal revenue license.

The highest medical and pharmaceutical authorities in the United States have passed upon the product. It must be highly gratifying to the many friends of Peruna and the local commercial world that the product which has carried Columbus' name into all continents, again enjoys the same fixed status as any other recognized medicine.—Columbus Dispatch.

Sand Well in Canada.

A curious well in Canada produces sand, instead of water. This sand comes up in a fine stream, like a fountain. The force which drives it to the surface from a depth of 100 feet has not yet been discovered.

TERRIBLE SCALP HUMOR.

Badly Affected With Sores and Crusts—Extended Down Behind the Ears—Another Cure by Cuticura.

"About ten years ago my scalp became badly affected with sore and itching humors, crusts, etc., and extended down behind the ears. My hair came out in places, also. I was greatly troubled; understood it was eczema. Tried various remedies so called, without effect. Saw your Cuticura advertisement, and got the Cuticura Remedies at once. Applied them as to directions, etc., and after two weeks I think, of use, was clear as a whistle. I have to state also that late last fall, October and November, 1904, I was suddenly afflicted with a bad eruption, painful and itching pustules over the lower part of the body. I suffered dreadfully. In two months, under the skillful treatment of my doctor, combined with Cuticura Soap and Cuticura Ointment, I found myself cured. H. M. F. Weiss, Rosemond, Christian Co., Ill., Aug. 31, 1905."

Use for Old Newspapers.

Newspapers are good to keep out drafts, put over the windows inside the blinds. Sew them on the machine with a long stitch into squares as large as you want to put under carpets and art squares. One can change them twice a year and be much more wholesome than the paper we buy.—Exchange.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Dr. J. C. Watson*
In Use For Over 30 Years.
The Kind You Have Always Bought.

High Temperature.

It has been discovered that by the use of acetylene gas in a blowpipe much higher temperatures can be obtained than are available with the ordinary oxyhydrogen blowpipe. The latter gives from 2,600 to 4,500 degrees; the former more than 7,000 degrees.

In a Pinch, Use ALLEN'S FOOT-EASE.

A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all druggists, 25c. Trial package, FREE. Address A. S. Olmsted, La. B. Co., N. Y.

When Courtesy is Observed. Did you observe the experiment of being gallant in a crowd that had no time for flippers? It is well worth your while just once, as a lesson. You may step aside till the crack of doom and still find plenty to take advantage of your unselfishness.