CAPITOL BUILDING, SALEM, ORECON.

Peruna is known from the Atlantic | A Letter from the Ex-Governor to the Pacific. Letters of congratula-tion and commendation testifying to the merits of Peruna as a catarrh remedy are pouring in from every State in the Union. Dr. Hartman is receiving hundreds of such 'letters daily. All classes write these letters, from the highest to the lowest.

The outdoor laborer, the indoor artisan, the clerk, the editor, the statesman, the preacher-all agree that Peruna is the eatarrh remedy of the age. The stage and rostrum, recognizing catarrh as their greatest enemy, are especially enthusiastic in their praise and tes-

Any man who wishes perfect health must be entirely free from catarrh.

Catarrh is well-nigh universal. Peruna for other ailments. The reason for this is, most other ailments begin with a cold.

Oregon.

The Ex-Governor of Oregon is an ardent admirer of Peruna. He keeps it continually in the house. In a letter to Dr. Hartman, he says: STATE OF OREGON,

EXECUTIVE DEPARTMENT.

The Peruna Medicine Co., Columbus, O.: Dear Sirs: --- I have had occasion to use your Peruna medicine in my family for colds, and it proved to be an excel-lent remedy. I have not had occasion to use it for other allments.

Yours very truly, W. M. Lord. It will be noticed that the Governor

Ask Your Druggist for Free Peruna Almanac for 1906.

On the Watch

Should be the name of a standard maker. "Wise at the start, safe at the end." Buy of a house with a reputation. We offer nothing but watches of standard makes, guaranteed by the manufacturers, and add our own personal guarantee. This means your money back if you are disappointed in what you buy.

This applies to Diamonds and Silverware, too.

Reasonable Prices.



Write for Booklet.

XXXXXXXXXXXXXX We settled a claim for \$1337.36 for

the Opal Supply Co. of Opal, Wyo, due for supplies furnished sheep outfits some five or six years ago. If you have any bad debts turn them in. If you need

cash for Christmas or New Year's you

170 Main Street, Salt Lake City.

\$1337.36 FOR SHEEP FEED

BRONCO JACK'S PRIZE BEAUTY

Splendid Animal, but a Little Particular as to Who Rode Him.

the "milkmen's matinee" he may see a beautiful black horse with finely drawn lines and full red nostrils prancing up and down in front of a Mr. Wheels that he had "tamed the cart which was once white.

This particular horse was, not many days ago, the property of a railroad manager we may call Wheels. Mr. Wheels is such a lover of good horses and of horseback riding that it affects his entire existence. During the latter part of the Summer the genial manager and other officials went to Dakota to look over the territory curb didn't break. ahead of the new Pierre extension. As usual, Mr. Wheels had his eye open for a fancy sample of horseflesh, and Bronco Jack, of Deadwood, saw him

One fine morning in Pierre, while the general manager was taking his morning run on the back of a livery stable horse, he saw something coming down the street that held his attention. It was as handsome and spirited a horse as he had ever seen,



Prancing up and down in front of a milk cart.

and he was ridden by a genuine cowboy, who knew how to ride. An exclamation of delight escaped the general manager as the Westerner and his mount swept past him in as fine a single-footing exhibition as the railroad man had ever seen. Bronco Jack heard the general manager's exclamation, but permitted his horse to go some distance before he gracefully lin, pepsin, trypsin, etc., without a turned him without checking speed, plentiful supply of which no food can changed his gait, and swung back at be perfectly digested. Wait for an full canter to the point where Mr. appetite if it takes a week. Fasting Wheels was standing.

cowboy what he would take and great physical and physiological im-

Should any resident of Riverside | ern beauty permitted him to saddle drive arise sufficiently early to attend and mount and then went through his pretty gaits without a slip. After several successful attempts John brought the horse to the stable and informed brute," which was as gentle as a kit-

> John was soon in the saddle. Somehow or other the galvanic battery got to work again and John found himself describing a parabolic curve through space. When he alighted there was no friendly maple tree around and his collarbone met the curbstone. The

A family conference was held that evening, and it was decided that it would not be safe to give the black beauty to any one but a real cowboy. Acordingly this advertisement appeared in a morning daily: "Wanted, to see a cowpuncher. Call at room 429, 00 Broadway."

There was a response to the advertisement before the day was over, and after the presentation was made the general manager said:

"You may or may not be a cowpuncher, but if you're not it looks to me like certain death for you to ride that horse I'm giving you." "Don't want to ride him," was the

laconic reply. "He goes into the milk business."-New York Telegraph.

Eating From Habit.

A prolific cause of chronic indiges tion is eating from habit, and simply because it is meal-time and others are eating. To eat when not hungry is to eat without relish, and food taken without relish is worse than wasted. Without relish the salivary glands do not act, the gastric fluids are not freely secreted, and the best of foods will not be digested. Many perfectly harmless dishes are severely condemned for no other reason than that they were eaten perfunctorily and without relish and due insalivation. Hunger makes the plainest foods enjoyable. It causes vigorous secretion and outpouring of all the digestive fluids-the sources of ptyais one of the saving graces. It has a When the railroad man asked the spiritual significance only through its Bronco Jack said, "A century and a portance. If breakfast is a bore or half," Mr. Wheels closed with him for lunch a matter or indifference, cut



A select coterie of prominent citizens went over to the Wheels stable to look him over.

was he to annex him to his stable.

The Western wonder arrived "deadout, Mr. Wheels sang the praises of The Hygienic Gazette. his new possession. As soon as the horse was in the stable a select coterie of prominent citizens went over to the Wheels stable to look him over.

In due time a morning riding party the new horse facing him, with head following evening. down and meek and lowly look in his

a foreboding. He made up his mind, said the minister. "This wilf be the however, to make a sure thing of it at the next attempt, and, to his surprise, the black beauty stood perfectly quiet and permitted him to vault

into the saddle.

Mr. Wheels cheerfully clucked to his mount and gently tightened the reins. There was nothing doing. The persuasion was repeated. Same result. Just as he began to wonder vaguely what Bronco Jack was doing with that \$150 there was a sudden change in the attitude of the Western wonder. His muscles became rigid and his legs stuck out like the four posts of a sawhorse, his head went to the ground and his body bounded abruptly into the air with the force of a battering ram. Totally unprepared for such a denouement, Mr. Wheels shot into the air, and when he came down he found himself in

"You miserable brute," shouted the exasperated owner. "I'll teach you who your master is. John, bring me my .44 Colt's .. I'm going to win this

John took the horse away, and the next day led him out to pasture. He o' got in de habit o' gittin' a white had strict orders from Mr. Wheels not to try to ride him, but John dis- allus do it. I'se turrible sot in my obeyad. Several times the stableman | ways. Mistah Pa'ker."-Youth's Comsneaked out to the lot and the West- panion.

fear he would back out. He did not | noe or both of them out. Wait for even wait to try the horse, so anxious | distinct and unmistakable hunger, and then eat slowly. If you do this, you need ask few questions as to the prohead" from Pierre in good condition. Priety and digestibility of what you At the club, at home, in season and eat, and it need not be predigested!-

> A Regular Customer. Uncle Erastus, the village plasterer

and whitewasher, who had married and buried four wives, was about to was arranged. When his guests were acquire a fifth. He went to the house mounted Mr. Wheels started to swing of the Presbyterian minister, a vener into the saddle. He missed by about able man who had officiated at sever a foot, however, as something had al of his previous weddings, to make swung before he did, and there stood arrangements to be married there the

"Of course I shall be glad to marry For the first time, Mr. Wheels had you to your new wife, Uncle Rastus,"



third or fourth time for me, won't it! How does it happen, uncle, that you never have a colored preacher tie the knot for you?"

man to do my marryin,' I reckon I'A

JOYS OF MATERNITY

YOMAN'S BEST HOPES REALIZED

Mrs. Potts Tells How Women Should Prepare for Motherhood

The darkest days of husband and wife are when they come to look lor ward to childless and lonely old age. Many a wife has found herself inca

sable of motherhood owing to a displacement of the womb or lack of strength in the generative organs.



Frequent backache and distressing pains, accompanied by offensive dis-charges and generally by irregular and scanty menstruation indicate a displacement or nerve degeneration of the womb and surrounding organs.

The question that troubles women is how can a woman who has some female trouble bear healthy children? Mrs. Anna Potts, of 510 Park Avenue, Hot Springs, Ark., writes:

My Dear Mrs. Pinkham:—
During the early part of my married life I was delicate in health; both my husband and was delicate in health; both my husband and I were very anxious for a child to bless our home, but I had two miscarriages, and could not carry a child to maturity. A neignbor who had been cured by Lydia E. Pinkham's Vegetable Compound advised me to try it. I did so and soon felt that I was growing stronger, my headaches and backaches left me, I had no more bearing-down pains, and felt like a new woman. Within a year I became the mother of a strong, healthy became the mother of a strong, healthy child, the joy of our home. Lydia E. Pinkham's Vegetable Compound is certainly a splendid remedy, and I wish every weman who wants to become a mother would try it."

Actual sterility in woman is very rare. If any woman thinks she is ster ile, let her try Lydia E. Pinkham's Vegetable Compound and write to Mrs. Pinkham, Lynn, Mass. Her advice is free to expectant or would-be mothers.



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and cut with every movement.
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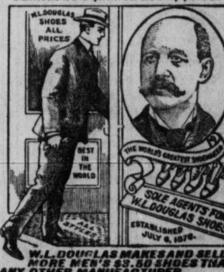
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Oxone Purifies the Air. One of the most interesting new products of chemistry is oxone, or sodium peroxide. It is made in tab lets, a pound of which placed in water will give off more than two cubic feet of oxygen gas. A few such tablets and a little water would do much to improve the air for breathing, where work has to be done in confined

Cable Tolls to Japan.

pheric conditions.

It costs \$1.76 a word to send a message to Japan; and, with war raging in the far East, the cable tolls for war news are something tremendous. But as the people will have the war news in connection with their morning dish of Pillsbury's Vitos, the cables are kept busy day and night.

Depends on the Way. A woman will forgive a man almost anything, if he only asks her in the right way. She has learned from long experience that she has to .- Somer-

spaces and under unfavorable atmosthe top of a young maple tree, from which he was disentangled with some difficulty. When he reached the ground there stood his black beauty not far away with dejected mien and sad eyes gazing into his.

> battle right here." Instead of doing as he was told,

His head went to the ground and his body bounded abruptly into the air.

'Well, sah," he answered, "I'se kind