

FROM GIRLHOOD TO WOMANHOOD

Mothers Should Watch the Development of Their Daughters—
Interesting Experiences of Misses Borman and Mills.



Every mother possesses information which is of vital interest to her young daughter.

Too often this is never imparted or is withheld until serious harm has resulted to the growing girl through her ignorance of nature's mysterious and wonderful laws and penalties.

Girls' over-sensitiveness and modesty often puzzle their mothers and baffle physicians, as they so often withhold their confidence from their mothers and conceal the symptoms which ought to be told to their physician at this critical period.

When a girl's thoughts become sluggish, with headache, dizziness of a disposition to sleep, pains in back or lower limbs, eyes dim, desire for solitude; when she is a mystery to herself and friends, her mother should come to her aid, and remember that Lydia E. Pinkham's Vegetable Compound will at this time prepare the system for the coming change, and start the menstrual period in a young girl's life without pain or irregularities.

Hundreds of letters from young girls and from mothers, expressing their gratitude for what Lydia E. Pinkham's Vegetable Compound has accomplished for them, have been received by the Lydia E. Pinkham Medicine Co., at Lynn, Mass.

Miss Mills has written the two following letters to Mrs. Pinkham, which will be read with interest:

Dear Mrs. Pinkham:— (First Letter.)
"I am but fifteen years of age, am depressed, have dizzy spells, chills, headache and faints."
Lydia E. Pinkham's Vegetable Compound Makes Sick Women Well.

This cut illustrates a gentleman's open face thin model full jeweled Swiss watch with a 20 year gold filled case.

It looks and is worth \$20.00 but we are selling them for \$12.00 each. First class in every respect and fully guaranteed.

Send for our illustrated Catalogue A of watches and our Illustrated Catalogue B of jewelry and diamonds.

Both books mailed free upon request.

J. H. LEYSON CO.
236 Main St.,
Salt Lake City, Utah.

Have Proved Their Worth.

The campaign undertaken by interested publications to undermine the faith of the people in proprietary medicines has drawn forth the following from a high medical authority: "It must never be forgotten that the interest of the manufacturer is to put out a remedy which is not only meritorious but safe. With a small army of enemies constantly on the alert, ready to seize upon and magnify every unfavorable circumstance, how few are the cases of accident or injury from the use of proprietary medicines! Complaints in regard to the use of such remedies are exceedingly rare and utterly insignificant, in comparison with the amount sold and the millions of people who avail themselves of these remedies."

The Garden of the Soul.

The soul is like a garden that can not safely be left unattended; for weeds grow much faster than wholesome plants, and there is no beauty of holiness that can be expected to come up of itself and keep itself free from contamination and evil contact. The sacrament of love is that flower on the holy life. It irritates the soul with beauty, it fills it with fragrance, and sheds peace and rest upon the nature. It is the secret of the highest, devoted natures. We look up to them with awe and longing, feeling that their gifts cannot be attained by us; but the power of love is open to us all. It is especially the attribute of the humble heart.—Chicago Post.

DON'T FORGET
A large 2-oz. package Red Cross Ball Blue, only 5 cents. The Ross Company, South Bend, Ind.

Action and High Ideals.

When Horace Greeley was a boy one of his mates said to him one Saturday: "Come, Hod, let's go fishing." "Let's do our stunt first," was young Horace's characteristic reply. Even in his youth he wanted to get something done promptly and well. What wonder is it that when he became a man, and an editor of one of the most powerful journals in America, he still wanted to do something with his paper, to have it strike heavy blows in behalf of human freedom, happiness and progress?—And any man who cherishes high ideals of usefulness and governs his life by them will never be accused of going through motions. He will be able, on the other hand, to point to something done when the summons comes to go up higher.

A round trip rate of \$50 to California will be in effect all winter via the new and popular Salt Lake Route. See nearest agent or write for information to J. L. Moore, D. P. A., Salt Lake City

Reached Limit of Patience.

At provincial theaters in France, when opera is given, it is not uncommon for untried tenors to submit themselves to the public judgment which is usually hostile. One of these obscure songsters presented himself and sang the first act. He did not make a "hit." He retired to his dressing room, took off his "make up" and was preparing to go home when the manager appeared. "What!" he cried, "You are not dressed for the second act and the curtain is just going up! Thousand thunders! The second act?" said the tenor placidly "I cannot sing the second act. I don't know the second act. Whenever I sing I am always kicked out after the first!"

Mrs. Winslow's Soothing Syrup.
For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

A Good Man.
A common good, a public stream, or conduit, that every man hath a share in.—Tibbes.

TEA
The aroma of tea—fine tea
—is almost enough to define the word to a dead man.

It's so much easier to tell people how to do things than it is to show them.

TEA
The few top leaves of the bush and a knowing cook made tea for the few; alas for the many!

Ever Flip a Double-Header Cent?
An old maid never loses interest in the man she might have married if he succeeds she prides herself on the fact that she could have had him if he falls she is equally proud of the fact that she had foresight enough to turn him down.—Detroit Free Press

THERE IS NO SLICKER LIKE TOWER'S
Forty years ago and after many years of use on the eastern coast, Tower's Waterproof Oiled Coats were introduced in the West and were called Slickers by the pioneers and cowboys. This graphic name has come into such general use that it is frequently though wrongfully applied to many substitutes. You want the genuine. Look for the Sign of the Fish and the name Tower on the buttons.

MADE IN BLACK AND YELLOW AND SOLD BY REPRESENTATIVE TRADE THE WORLD OVER. A. J. TOWER CO., BOSTON, MASS., U.S.A. TOWER CANADIAN CO., LIMITED, TORONTO, CAN.

MUCH UNKNOWN LAND

VAST PORTION OF THE EARTH'S SURFACE UNEXPLORED.

Around the Two Poles Lie Continents Awaiting the Tread of the Surveyor—Mission of Capt. Amundsen May Be Accomplished.

Of an estimated land area of the earth of 142,000,000 square miles, 20,000,000 square miles are entirely unexplored, and one-half of this unknown surface lies around the two Poles, says the Philadelphia Ledger. After many centuries of geographical progress, one-seventh of the estimated land surface of the world remains hidden from knowledge. Around the



North Pole almost 3,000,000 square miles of area is yet to be surveyed, and at the South Pole lies a continent more than twice the size of Europe awaiting exploration.

Not only are the terrestrial poles awaiting the adventurer, but the even more important magnetic poles, of which there are also two, are not yet accurately charted. Ross discovered the north magnetic pole in 1831, but his instruments were primitive compared with those now made, and the knowledge of magnetism seventy-five years ago did not equal that of today. Ross may have discovered the north magnetic pole, and he may not have done so. Capt. Amundsen left Norway on an expedition two years ago to rediscover it and to accurately chart this important spot. A few months ago word was received that the intrepid Norwegian had accomplished his purpose, but the report awaits confirmation. So far as the south magnetic pole is concerned, it has never been reached. As yet no explorer has held a magnetic needle over the spot, although Borchgrevink in 1898, in the Southern Cross expedition, claimed to have determined its location. Dr. Frederick A. Cook, who was a member of the Belgica Antarctic expedition, says that no fewer than six positions are assigned by



experts to the south magnetic pole, and these are from 100 to 500 miles apart.

A Tall Story.

Any one would suppose that there must be some eagle blood in Mrs. George Earle's flying hen, says a dispatch from Middletown, N. Y. Mrs. Earle lives at Parلمان's Corners, and has a lot of chickens, the only remarkable one being the flying hen.

The hen is ostensibly a cross between a Leghorn and a Dominick, but hasn't the qualities of either breed. Some time ago she decided to set and built a nest of sticks and grass in the very top of a tall tree. She flew back and forth from tree top to the ground like a crow, carrying the material for the nest in her mouth.

In the course of this time she filled the nest with eggs, and has hatched out thirteen chickens, which she brought safely to the ground without assistance.

A Plant Within a Plant.

At Brookdale, Santa Cruz county, Cal., a fine specimen of the sequoia, or redwood tree, was blown over in a recent storm. The tree is estimated to be over 330 years old. Ten feet from the top of the tree, and at a distance of 165 feet from the ground, was found a hole somewhat less than two feet deep. It had once been the nest of a woodpecker. In this hole had grown a sturdy, three-stalked huckleberry bush, two feet tall. Its roots, extending six feet into the heart of the tree, had absorbed the sap of the redwood. The huckleberry had flourished and borne fruit.

Turns Turkeys Loose on Grasshoppers.

An Irishman who has a farm in Kansas has thought out a true Irish way of getting rid of grasshoppers. He keeps a flock of 2,000 turkeys and turned them loose in his fields to eat the insects. He also rents them to his neighbors, and has made a good bit of money this year.

New England Liberty Pole.

The city of Portsmouth is the only one in New England, it is believed, that still maintains a liberty pole. At the place, once known as Swing bridge on Jan. 9, 1768, the first "no-stamp" flag was raised in what is now the United States.

STIFF AND SORE
from head to foot? Can't work today, but tomorrow you can, as the Old-Monk-Cure

St. Jacobs Oil
will soften and heal the muscles while you sleep.

It Conquers Pain
Price, 25c. and 50c.

PAXTINE TOILET ANTISEPTIC

FOR WOMEN
troubled with its peculiar to their sex, used as a douche is invaluable and essential. Thoroughly cleanses, kills disease germs, stops discharges, heals inflammation and soreness.

Paxtine is in powder form to be dissolved in pure water, and is far more cleansing, healing, germicidal and economical than liquid antiseptics for all

TOILET AND WOMEN'S SPECIAL USES
For sale at druggists, 50 cents a box. Trial Box and Book of Instructions Free. The B. FAKTOR COMPANY, BOSTON, MASS.

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COTTON FELT
MATTRESS

This is the Mattress you read about. Made in five different grades. Prices from \$10 to \$13.50. Ask your furniture dealer for it. If genuine, our Trade Mark is on the tag.

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is the wonderful raising powder of the Wave Circle. Thousands of women are bringing greater health and better food into their homes by using K. C. Baking Powder. Don't accept a substitute! Use the safe, wholesome and reliable K. C. Baking Powder. If you have never used it you don't know what you've missed.

25 ounces for 25 cents

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The artistic "Book of Presents" free upon request.

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TREAT and CURE

CATARRH and all curable diseases of the eye, ear, nose, throat, lungs, stomach, bowels, kidneys, bladder and all chronic, nervous and private diseases of both sexes, and diseases of children.

Home Treatment Course. Write for free symptom list if you cannot call. Consultation Free.

DR. A. J. SHORES. Special Offer in Private Diseases. DR. G. W. SHORES.

Unfortunately, of both sexes, who are suffering from Private Diseases—whether caused by ignorance, excess or contagion—have always been looked upon as legitimate prey by the Sharks and Charlatans who pose as "specialists" and rob the sufferer for worthless treatment. DR. SHORES DO NOT ASK YOU TO PAY THEM ONE DOLLAR UNTIL CURED—UNLESS YOU WANT TO YOURSELVES!

DR. SHORES KNOW THEY CAN CURE AND DO CURE PRIVATE DISEASES IN BOTH SEXES PERMANENTLY, AND TO PROVE their skill in this class of ailments, they treat and cure such cases before the patient is required to pay Dr. Shores' one dollar. Of those who prefer to pay the fee in small weekly or monthly instalments as the cure progresses, THIS SOBER PLAN OF DEALING WITH THE AFFLICTED, deals a death blow to the Quack and Faker who demands all Cash, in exchange for empty promises. Did you ever hear of a Faker refunding a penny to a duped patient? Take no chance—take no chance—you cannot lose your money if you don't pay it out.

Nine-tenths of so-called "WEAKNESSES OF MEN" are simply the result of enlarged or inflamed PROSTATE GLANDS—Dr. Shores' new LOCAL TREATMENT for such cases, IS VALUABLE. CURE other Doctors how many cases they cure under the old and useless plan of treatment for this trouble. We cure LOST MANHOOD, Seminal Weakness, Spermatorrhoea, GONORRHOEA, SYPHILIS, VARIICOLES and kidney troubles, in less time and for less money, than any institution in the west, every case is confidential—we never use a name or betray a secret. Consultation, Examination and Advice FREE by mail or at the office.

OFFICE HOURS: 9 a.m. to 8 p.m. Evenings 7 to 8, Sundays and holidays 10 a.m. to 10 p.m.

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want their clothes clean and pure white. To get this result always use on washday
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IS GUARANTEED TO CURE
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I will sell Anti-Gripine in a drug store who won't discuss it. Call for your MONEY BACK IF IT DOESN'T CURE.
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FOR THE MOUTH, THROAT. NEVER FAILS—FOR SALE BY ALL DRUGGISTS STOMACH AND BOWELS.
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Color more goods brighter and faster colors than any other dye. One 10c package colors all blues. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Wash and Mix Colors.
WINDSOR DYE CO., Unionville, Missouri.

Relic of Fire-Worshipping Days.
In Quito, Ecuador, it is usual to uncover one's head when there is a flash of lightning. This is probably a relic of fire-worshipping days.

TEA
There is a little joy in the world in the reach of the poorest.

A bachelor always looks at a woman's hat and shoes, but pays no attention to the rest of her wearing apparel.

SLOANS LINIMENT

CURES 50c. and \$1.00.
Swine Disease and Hog Cholera

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W. L. DOUGLAS \$3.50 & \$3.00 SHOES FOR MEN
W. L. Douglas \$4.00 Gilt Edge Line cannot be equaled at any price.

W. L. DOUGLAS MAKES AND SELLS THE MEN'S \$3.50 SHOES THAN ANY OTHER MANUFACTURER.

\$10,000 REWARD in anyone who can disprove this statement.

W. L. Douglas \$3.50 shoes have by their excellent style, easy fitting, and superior wearing qualities, achieved the largest sale of any \$3.50 shoe in the world. They are just as good as those that cost you \$5.00 to \$7.00—the only difference is the price. If I could take you into my factory at Brockton, Mass., the largest in the world under one roof making men's fine shoes, and show you the care with which every pair of Douglas shoes is made, you would realize why W. L. Douglas \$3.50 shoes are the best shoes produced in the world.

If I could show you the difference between the shoes made in my factory and those of other makers, you would understand why Douglas \$3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value than any other \$3.50 shoes on the market to-day.

W. L. Douglas's Strong Rubber Heel Shows Four-Cornered \$5.00, \$3.50, \$2.50, \$1.50, \$1.00, \$0.50.

CAUTION:—Insist upon having W. L. Douglas shoes. This no substitute. None genuine without his name and price stamped on bottom.

WANTED: A shoe dealer in every town where W. L. Douglas shoes are not sold. Full line of samples sent free for inspection upon request.

Fast Color Fast-dyeing ready they will not wear down.

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W. N. U., Salt Lake—No. 96, 1908.

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EYES BRILLIANT
Fast Color Fast-dyeing ready they will not wear down.
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