

Agoraphobia Our Nation's #1 Silent Disease

Agoraphobia literally is Greek for "Fear of the Market Place" but in recent years it has grown to mean much more.

In 1982, an agoraphobic probably would be diagnosed as someone who has many phobias. Fear of leaving the house does not totally define an agoraphobic, but it is a symptom.

Such victims have fears of going into many places, houses, stores, markets, elevators, escalators, theaters, restaurants and parties. Some are afraid of attending meetings, driving, talking on the phone and meeting new people. Agoraphobia cannot be defined as a typical singular phobia or fear and can be brought on by a thought.

A panic attack may strike the agoraphobic unexpectedly at any time without any apparent reason. Fear of these attacks occurring without warning, is one reason why agoraphobics sit near a door or exit in a theater or restaurant, drive on populated streets so they can be near a gas station or telephone and always know where the nearest hospital is located.

Classic symptoms of a panic attack are sweaty palms, increasing heart rate, churning stomach, tightening throat and dizziness. Sometimes chest pains may make the agoraphobic think he is having a heart attack.

Throughout this nation, it is estimated that one out of twenty men, women and children are afflicted. Most are sensitive, warm human beings who have had something traumatic happen in their life. Many are more intelligent than the average person. Certainly they are not mental cases.

Sometimes agoraphobia may be brought on by an over aggressive parent or an incident that sticks in

the victims mind and usually becomes apparent between the ages of 18 and 28. A person who is a perfectionist might be a candidate for agoraphobia.

Many agoraphobics have a great difficulty expressing anger and many times they turn the anger in on themselves.

People are beginning to identify with agoraphobia more and more, and in the last ten years it has become more widely known. You can say it has increased because of the tense and stressful life we lead these days. There has been more research in the last few years and its been found that a fear becomes a phobia when it becomes associated with a panic attack. In Las Vegas, Bernie Welan at 796-1758 is counseling and teaching the "New Beginning Process," a tried and proven method helping agoraphobics to recover from this crippling disease, a process that teaches and emphasizes strategies, like attitude changes that focus on the alleviation of the anxiety and the underlying feeling of insecurity and helplessness.

Hecht Appoints Rancho High Senior To U.S. Air Force Academy

Eighteen-year-old Ronald Allen Clark, a senior at Rancho high school has been appointed to the U.S. Air Force Academy following his nomination by U.S. Senator Chic Hecht (R-Nv).

The son of Mr. and Mrs. Richard Clark, 36A Salmon Drive, Las Vegas, he will begin his studies in Colorado Springs July 1, 1984.

Clark has a 4.0 grade point average and scholastically is number one in his class of 500. A member of the National Honor Society, he also is Outstanding Cadet of the Year.

In seeking appointment to the academy, Clark says he feels the world situation is tense and that it was his duty "to prepare myself in the event that the United States is forced into war. By going to the air force academy, I will be properly prepared to defend my country."

Conservative Rabbis Again Reject Reform Ordained Women Rabbi

KIUMESHA LAKE, N.Y. (WNS) — The application of Reform ordained Rabbi Beverly Magidson to become America's first woman conservative rabbi was rejected by conservative rabbis who voted at the 84th annual convention of the Rabbinical Assembly here. But, it was noted, the changed circumstances in the Conservative movement had made the issue of Conservative women rabbis academic and no future RA convention is very likely to vote on that issue again.

Despite the backing of the RA membership committee and that of many Conservative leaderships, Magidson of Clifton, N.J., received 230 votes in favor to 99 votes against her application, 22 votes short of the required 75 percent of the convention majority needed to affirm her application. At last year's RA convention, she failed in her bid by fewer votes.

The application of another Reform ordained woman rabbi, Jan Kaufman of Washington, D.C. has been approved by the appropriate RA committee for consideration for convention action. But her application was tabled. Both she and Magidson were ordained in 1979 by the Hebrew Union College, the reform seminary branch in New York City.

Ordination into Conservative rabbinate is by two means: attendance at the movement's Jewish Theological Seminary of America

which leads to ordination for successful applicants; or admission by a 75 percent vote of rabbis present and voting at an RA convention.

A shortage of rabbis for Conservative pulpits had led the RA in the past years to accept more than 500 applicants for RA membership — and Conservative rabbinical status — notably from Reform and Reconstructionist seminaries. But until Magidson made her unsuccessful bid for RA membership at the 1983 RA convention in Dallas, all of the candidates voted on for RA membership and status as Conservative rabbis had been men.

The vote at the RA convention reflected, in part, the objections of Conservative rabbis who believe that the only route to the Conservative rabbinate should be via the JTS rabbinical school. But until last October women had been barred from admission to the school since its founding. In October, after years of heated debate, in which three recent successive RA conventions endorsed admission of women to the JTS rabbinical school, the JTS faculty Senate yielded and agreed to do so, starting with the 1984-85 class in the fall. Another basic course of opposition to women rabbis in the conservative movement, on halacha principle, comes from a strong group of rightwing RA members and supporters in the active rabbinate, who came in a body to the RA convention to oppose the admission vote of the two women.

Temple Emamu-El

Conservative Congregation
4241 - W. Charleston Blvd.
870-1217
Fri. Nite Services - 8:00 P.M.

I KNOW WE SHOULD GO TO THE FUNERAL HOME



BUT, I NEVER KNOW WHAT TO SAY.

The fact is that nothing can be said to express adequately our loss or make the bereaved family feel better. But that doesn't mean that a visit and an expression of sympathy won't be helpful. Bereaved persons tell us that it's not the words that are helpful but that someone cared enough to go to the funeral home and express their sympathy in person. Sometimes just a hug or holding your friend's hand briefly is a good way to say "I care." When a friend loses a loved one go to the funeral home. Express your sympathy and offer your assistance. You'll be appreciated for caring.

BUNKER'S
925 Las Vegas Blvd. North
385-1441



Advertise
In Your
Las Vegas
Israelite!
Now In It's
20th Year.

PASCA ROBERTI'S

Fine Italian Dining

44 Convention Center Drive
(Across from Stardust Hotel)

(702) 732-3070

R.G. FITZGERALD
Owner/Operator

BONANZA RUBBER STAMP & ENGRAVING CO.

871-5166

DON'T WRITE IT...
STAMP IT!

COMPARE OUR
LOW PRICES

WE CAN REPRODUCE YOUR LOGOS ON A STAMP

Rubber Stamps, Pre-Inks, Daters, Notary & Corporate Seals,
Engraved Badges, Name Plates, Plastic Signs & Typesetting

MAIL & PHONE ORDERS WELCOME

MOST WORK GOES OUT THE DAY AFTER THE ORDER IS RECEIVED

Swiss Jewish Socialist Resigns

GENEVA (WNS) — A Jewish Socialist member of Parliament from Zurich, Emanuel Hurwitz, has resigned from the legislature and from the party following a manifesto the Socialist Party prepared in observance of May Day which stated its "full support and sympathy for the Palestine Liberation Organization and its struggle as well as for the freedom movement in San Salvador, Turkey and for the Polisario (in Western Sahara fighting the Moroccan government)."