

EMPIRE'S LOW FAT FRANKS ARE DIETERS' DELIGHT

MIFFLINTOWN, Pa. -- Now that the season for outdoors has arrived all over the country, Empire Kosher Foods, Inc., wants to remind everyone who's nutrition-minded and weight-conscious that Empire's famous Chicken Franks and Turkey Franks offer low fat in a healthy, delicious, fully-cooked skinless frankfurter. "As a matter of fact, our Chicken Franks and Turkey Franks are so much lower in fat content than the U.S. Department of Agriculture allows, that we print it right on the frank packs," said Murray L. Katz, Empire's President. "So remember to buy Empire franks for perfectly healthy picnics, cookouts, swimming parties and

all those other great nice-weather events coming up.

"Empire franks are definitely the product that health and weight-conscious individuals should remember. Empire franks look like, cook like and taste like the best beef hot dogs. But they're made from low fat

turkey or chicken meat. They're delicious and they're good for you. Try them! They're another fine quality food from the Kosher Kitchens of Empire," Katz concluded, reminding "If Empire isn't available near you, call us toll free at

1-800-233-7177 to learn the nearest store location."

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- 22 EAST OAKY AT LAS VEGAS BLVD.
- 232 NORTH JONES AT FREMONT
- 3681 MARYLAND AT TWAIN
- 2021 CIVIC CENTER NEAR LAKE MEAD
- 574 NORTH EASTERN AT BONANZA
- 350 NORTH NELLIS AT STEWART
- 1221 E. SAHARA AT MARYLAND PKWY.
- 850 SOUTH RANCHO AT CHARLESTON
- 3459 SOUTH JONES AT SPRING MOUNTAIN
- 3750 FLAMINGO AT SANDHILL
- 4962 SOUTH EASTERN AT TROPICANA
- 6115 W. TROPICANA AT JONES
- 3830 W. SAHARA AT VALLEY VIEW

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IF YOU ARE SINCERELY INTERESTED IN TRADING WITH PROFITS IN MIND COME IN FOR A COPY OF THE BOOK AND ARTICLES.

ISN'T IT TIME YOU TALK TO A BROKER WHO WORKS FOR YOU?

**HAROLD GOLDBERG R.C.R.
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APPETIZERS

Shrimp Cocktail	4.95	Baked Clams Oreganato (6)	4.95
Crab Cocktail	4.95	Oysters Rockefeller	3.95
Escargot Bourguignon	4.95	Topped with Spinach, seasoned with Pernod Mornay sauce and baked	
King Crab on Ice	6.95	Stuffed Mushrooms	2.95
Fried Zucchini	2.50	Stuffed with Alaskan King Crab and topped with Mornay sauce	
Chicken Wings	2.75	Antipasto	3.50
Clams (6) 1/2 Shell on Ice	4.95	Large Antipasto	3.95
Oysters (6) 1/2 Shell on Ice	4.95	Pizza Bread	2.50

SOUPS

Clam Chowder - Boston Style	Cup 1.25
Minestrone	Cup 1.25

DINNERS

FISH and SEAFOOD

Entrees include choice of Soup or Salad, Baked Potato, Sour Cream and Chives, and Hot Roll and Butter

"Catch of the Day"	9.95
Saute'd Boneless Mountain Trout Amandine	7.95
Baked Halibut Steak "Napolitano"	9.95
with Tomatoes, Onions and Italian Seasoning	
Baked Halibut Oreganato	9.95
with Oregano, Lemon and White Wine	
Broiled Halibut Steak	9.95
Deep Fried Scallops	9.95
Lobster Tail	18.95
Fried Shrimp	9.95
Jumbo Shrimp (Prawns) Francese	11.95
Saute'd with Mushrooms, Batter, Sauterne and Sherry Wine	
Scampi Lobster Tails	12.95
Alaskan King Crab	17.95
Shrimp Scampi	9.95
served with Rice Pilaf	
Shrimp DeJohne	9.95
Shrimp in a Garlic White Wine sauce, topped with Parmesan Cheese and baked	

STEAKS

N.Y. Sirloin Steak	13.95
Filet Mignon	14.95

CHILDREN'S MENU

Spaghetti with Meat Sauce	3.50
Spaghetti with Meat Ball	3.95
Spaghetti with Sausage	3.95
Mostaccioli with Meat Sauce	3.50
Rigatoni with Meat Sauce	3.50

DESSERTS

Hot Apple Strudel	2.50
Topped with Vanilla Ice Cream	
Spumoni	1.00
Vanilla or Neopolitan Ice Cream	.80
Sherbet	.80
Italian Ice	.75

ITALIAN DINNERS

Includes Soup or Salad, Side Order of Spaghetti, Bread and Butter

Boneless Breast Chicken Francese	9.95
Saute'd with Mushrooms, Batter, Sauterne and Sherry Wine	
Tenderloin Parmigiana	9.95
Tenderloin Cutlet Baked with Cheese and Tomato Sauce	
Chicken Cacciatore	8.95
Hunter Style with Sauce and Selected Vegetables and Imported Herbs	
Italian Sausage	7.95
Breaded Beef Tenderloin	8.95
With Bread Crumbs, Cheese and Imported Italian Spices	
Eggplant Parmigiana	5.50
Eggplant Baked with Cheese and Tomato Sauce	

PASTA

Salad Included

No. 1 Spaghetti with Meat Sauce	4.95
No. 2 Spaghetti with Meat Balls	5.95
No. 3 Spaghetti with Italian Sausage	5.95
No. 4 Mostaccioli with Meat Sauce	4.95
No. 5 Rigatoni with Meat Sauce	4.95
No. 6 Linguine with Meat Sauce	4.95
No. 7 Shell Macaroni	4.95
No. 8 Gnocchi	5.95
Little Italian Potato Dumplings with Meat Sauce	
No. 9 Manicotti	6.50
Rolled Noodles stuffed with Ricotta Cheese and Meat Sauce	
No. 10 Tortellini	5.95
Little Macaroni Noodles Stuffed with Prosciutto, Cheese and Pork and Imported Italian Spices	
No. 11 Tortellini with Ricotta Cheese	5.95
Little Macaroni Noodles stuffed with Cheese and Imported Italian Spices	
No. 12 Gemelli with Meat Sauce	4.95
Macaroni with a Twist	
No. 13 Spaghetti Aglio and Olio	4.95
With Garlic Sauce	
No. 14 Spaghetti Marinara with Peas	5.25
No. 15 Linguine with Calamari	5.95
Sauce made with Succulent Young Squid	
No. 16 Linguine with Mushroom Sauce	5.95
No. 17 Linguine with Clam and Shrimp Sauce	9.95
No. 18 Linguine with Marinara Sauce	4.95
Sauce made with Tomato, Garlic, Oregano and Parsley	

BEVERAGES

Coffee	.50	Espresso	1.00
Sanka	.50	Capuccino	2.00
Hot Tea	.50	Ice Tea	.50

HOUSE WINES

Rose - Chablis - Burgundy
Full Litre - 6.00 1/2 Litre - 3.00