STRESS-TEST FOR OVER 45 HEARTS

JERUSALEM -- An Israeli cardiologist -a former associate of Christiaan Barnard nard -- recomends that "everybody from the age of 45 have an annual exercise test with special stresstesting equipment for the detection of latent

or hidden cardiac artery disease," Dr. Mervyn Gots-man, the Head of the Cardiology Depart-ment at the Hadassah-University Hebrew Medical Center here explains: "In this way we can detect those people with impending heart disease before an acute attack occurs. The Depart-ment is in the procompleting cess of a new fully - equipped stress exercise testing laboratory in which such testing could be carried out on at-risk people. people, plan also special introduce programs exercise . for the prevention of the disease. does block artery

HAPPY NEW YEAR

we can promote the growth of new arteries through exercise, which encourages collateral circulation of the blood in the heart muscles."

Dr. Gotsman stresses that it is possible to prevent the disease diagnosing and treating con factors such contributing 28 and obesity overweight, smoking, high blood pressure hypertension, latent diabetes and high blood fats.

"We plan to study different forms of tension. particuLAS VEGAS ISRAELITE

larly with regard to the effect of Holocaust," say the says Dr. Gottsman. express tension differently and we do not have sufficiently accu-rate criteria of how different people ex-pressed their tensions in the Holocaust experience,

"We are interested in the elasticity of heart," he says, know that after the he says. " We myocardial farction, part of the heart muscle is replaced by fibrous or scar tissue. When the remainder of the heart this scar contracts.

tissue bulges and impairs the contraction of the heart by pumping blood into the figrous segment. This is responsible for a low cardiac output, heart failure and

we're interested in studying the elas-ticity of death. ticity of this fibrous segment and wavs of altering it. In order to do this, we use echo-cardiograph which employs the

FRIDAY, AUG. 29, 1975 principle of sonar to track the move-ments of the left ventricle and measure the pressure inside this ventricle

scar tissue most-

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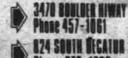
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