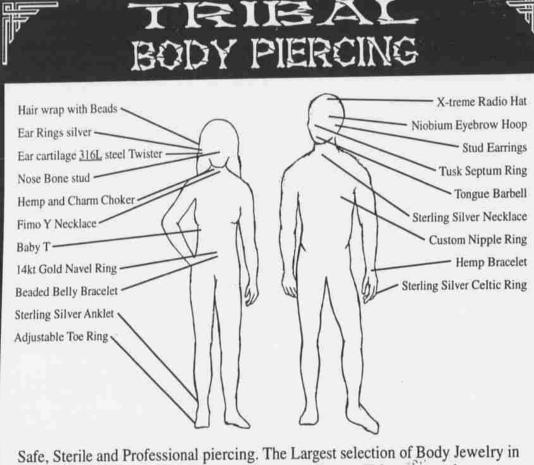


THE REBEL YELL



**URGES READERS TO EXERCISE** THEIR RIGHT TO VOTE NOV. 5



town. Plus incense, candles, clothes, Hemp, Silver, Hair warps and more.

Call 79-Tribe (798-7423)

4800 S. Maryland Pky. Across from UNLV . Just behind Wendy's Open Mon - Sat From 11a - 9p











At the Turf Louge V.I.P. Room ... **It's our first annual** Thursday, October 31, 9 PM = ?? Costume Contest •Free Appetizers No cover Charge Music by THE CREEPS !!! The Turf Lounge VIP Room is located at 3700 Las Vegas Boulevard South, 2nd floor of the Jockey Club across the street from the Alladin Hotel., Call 7363899 for more information.

Must be 21 with 10

# Managing the

Cold season is here and the Student Health Center has compiled some advice for treating and preventing the dreaded cold.

#### Treatment:

- Don't treat your cold with antibiotics.
- Drink one gallon of liquids a day.
- Take aspirin or other over-the-counter pain medica
- Use disposable tissues, not handkerchief's.
- Don't smoke.
- Get plenty of rest.
- Gargle with salt water to relieve sore throat.
- Inhale warm moist air to sooth inflamed mucus mem branes.

#### Medication tips:

- Pseudophedrine, sold as Sudafed or Afrinol, relieves congestion.
- Mild antihistimines, such as Chlor-trimeton and Dimetane for runny nose.
- Dextromethorphan, found in Delsym or Benylin DN for
- Coughs with phlegm can be treated with cough syrup including Robitussin.

#### Prevention:

- Wash your hands often and avoid touching your face.
- Eat a balanced diet.
- Avoid prolonged conract with people who have colds.
- Keep your stress level down.
- Keep your room humidity moderate to high.

#### Symptoms:

- Scratchy or sore throat
- Clear nasal discharge
- stade Repute Tenderness around the eyes
- Stuffy nose
- Full feeling in ears
- Achiness
- Cough, dry or with clear or white mucous
- Tearing (watery) eyes



The Black Student Association presents

## Spooktacula

Oct. 30 • Dining Commons 10 p.m.

### **Entry Fees:**

- \$1 For the first 25 people
- \$2 For students dressed in costume
- \$3 For everyone else

(Two students admitted per student I.D.)

Student I.D. Required



