

## RELATIONSHIPS,

FROM PAGE 9

Terneus said this causes conflict because many people believe their mates should love them for who they are, not for how they look.

Terneus agreed that letting down one's appearance can be a sign of disrespect, adding that couples should maintain communication about the subject.

Breaking up is hard to do, right? No rules exist on this subject, but some tactics are better than others, Terneus said.

Direct communication is best, she added. Telling someone the relationship is over in a face-to-face setting is preferable to avoiding the person and hoping they get the hint.

According to Terneus, the loss of that stability from ending a relationship can be frightening. The best way to deal with post-relationship blues, Terneus said, is to

communicate.

"Talking about it is the best way of dealing with the grief," she said. "Get interested in things you did before the relationship. Finally, do not try to force recovery. Take your time and go at your own pace."

Some people fantasize about asking their ex-mate to revive the relationship after a break up, Terneus said. In counseling, Terneus helps people rebuild

themselves to the person they were before the relationship. This can help people realize why the relationship did not work out.

Student Psychological Services offers counseling for couples and individuals. "Counseling is not a magic band-aid to fix years and months of miscommunication and inaccurate assumptions," she said.

SPS offers free counseling to students for many types of problems. Students interested in getting help can call 895-3627. Ry

*"Talking about it is the best way of dealing with the grief."*

—Sandra Terneus, UNLV Student Psychological Services counselor

# GREEK IN REVIEW

**Tau Kappa Epsilon:**

Rush Week winds down tonight with Stogie Fest, featuring cigars and a billiard tournament. Disco hits will abound, courtesy of a live DJ.

The Richard Johnson Memorial Blood Drive will be held Oct. 17 in MSU 201, honoring a former TKE. The public is welcome to participate.

TKE Traditions Night was a big success Sept. 9. The alumni mixer brought together new members and faces from the past.

TKE Night on Friday provided an informal setting to mix with perspective members.

**Beta Theta Pi:**

Beta Theta Pi will be raising money for the local chapter of the Muscular Dystrophy Association this fall with a car wash and poker tournament. The tournament is open to the public.

The Beta Theta Pi Alumni Scholarship will be the first fraternity-sponsored scholarship for new students at UNLV. All new students may apply.

Eight members of the UNLV chapter attended Beta Theta Pi's 157th General Convention this summer in Palm Desert, Ca. Delegate Joaquin Trujillo was accompanied by members Mike Kawazoe, Terry Moore and Artie Taylor.

Rush began Thursday with Billiard Night. A barbecue was held

at Paradise Park on Saturday. The Preference Party will take place in the Fireside Lounge in the Moyer Student Union tomorrow. This semi-formal event is designed to encourage interaction between alumni and prospective pledges.

A pledge ceremony and party will be held Friday, ending the formal rush period.

*Editor's note: Information was solicited from all recognized Greek organizations. Due to lack of interest, only two organizations participated. All Greek members are encouraged to submit material to April Partridge, Features Editor, FDH 205 or mail code 2011. Deadlines are at noon on the second Tuesday of every month.*

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