



What if there were no sports?

Where would I be?

Who would I be?

Would I still be your hero?

Sports do a lot of things for a lot of people. Some people, it turns into stars. Others simply gain self-confidence. If you'd like to help young people get involved in sports or recreation, there's a lot you can do.

Coach a team. Volunteer at a Boys & Girls Club. Donate some equipment. The list goes on. To find out where help is needed in your community, please call P.L.A.Y. at 1-800-929-PLAY.

P.L.A.Y. PARTICIPATE IN THE LIVES OF AMERICA'S YOUTH.

