

## Counseling Services Offered in New Location

BY LISA ADAMS  
STAFF REPORTER

Students having trouble dealing with the pressures of personal and academic life have someone to turn to at UNLV.

Student Psychological Services offers counseling, assessment, community outreach and education programs. "We are experts in problems of everyday living," said James Davidson, a psychologist who counsels students.

SPS moved their offices from the crowded library to the new Student Services Complex last fall. "There's been a real change," he said. "The stigma is no longer there."

SPS offers various kinds of help including individual, couples and group counseling. The services are part of an overall campus strategy to create an environment that enhances personal and academic development.

"Our goal is to help people work to manage their problems," said Davidson. He stated the most common problem that students

seek help for is depression.

Other services available include psychological testing and assessment, drug and alcohol education and personal growth workshops and activities. Students can get assessment for drug and alcohol abuse and referrals to local programs or inpatient care.

A 24-hour hotline is available to offer recorded information in areas such as stress, drug and alcohol abuse, weight and nutrition, tobacco, AIDS, sexuality and personal growth. The hotline number is 895-4679.

Consultation and training are provided to faculty and staff so they are more effective in meeting the day to day needs of students.

Students can receive up to 10 counseling sessions, though this is usually decided on a case-by-case basis. Generally, if students require more help they are given referrals to appropriate professionals in the community.

All students enrolled at UNLV are eligible for free counseling

services. "This is a pretty good deal since most psychologists charge \$100 an hour."

Information gathered in counseling, including the fact the student is receiving services, is held in complete confidence. Under Nevada law, a counselor may reveal information in situations where there is the threat of imminent danger of serious harm to the patient or others.

Also available is Suicide Prevention (731-2990) or the Public Safety office (895-3668) if one has reservations about talking to a counselor in person. Davidson said the best thing to do when one feels this way is to talk it over with someone.

Most students who seek counseling are striving for personal growth and adjustment to their environment. SPS has psychologists and certified counselors who are trained to help students find alternative coping methods and strategies. SPS is on the second floor of the Newmont Student Development Center. For information, call 895-3627.

## Men

continued from 1

policy, Townsend added, is that often men do not know that they're being violated.

"Men are dumb. They think 'a woman is paying attention to me,'" said Townsend. "It must be a good thing."

This behavior objectifies men and once a person has been objectified, then he or she has little chance of being promoted or taken seriously, according to Townsend.

The university resource guide on sexual exploitation defines sexual harassment as unwelcome sexual advances, requests for sexual favors and other intimidation of a sexual nature. Harassment can range from innuendoes to coerced sexual relations.

Harassment may also include sexually degrading comments, gestures, unnecessary body contact or professors or employers offering a better grade, a promotion or other privileges in exchange for sexual favors.

The guide recommends that the victim of sexual harassment make it clear to the perpetrator that what he or she is doing or saying is unwanted. If the behavior continues, report it to the harasser's supervisor.

Documentation of all incidents is strongly recommended. Keeping a log of the dates, times and behavior will help if the student decides to bring charges.

Townsend said he has no argument with the classical "sleep with me or else" type of harassment, but says the hostile environment type is where the issue gets complicated.

"Is it a hostile environment

## Stahl

continued from 1

office. A graduate of Wheaton College, Stahl is one of the most experienced journalists in network television, covering stories from Watergate to the assassination attempt on former President Reagan.

Before joining "60 Minutes" four years ago, Stahl served as chief White House correspondent for CBS, a moderator for "Face the Nation" and filled in for Dan Rather on the CBS evening news.

The Barrick Lecture Series presents speakers each semester through a grant from philanthropist Marjorie Barrick.

For ticket information, please call 895-3801.

when men tell dirty jokes?" asked Townsend. "How about when women tell dirty jokes? Am I being harassed because they talk that way? I don't think so."

Townsend says a man is harassed when a female boss says all men are scum and will never get a promotion. He is also concerned about what he perceives as a great inequity in the differences in acceptable behavior.

"There's kind of an anti-male sentiment in some classrooms," said Townsend. "You hear female faculty members saying things that you know if you said them in business you'd be in big trouble."

Townsend believes the current interpretation of harassment law gives women license to say and do things that men are afraid to do. "You feel this chill in the air, and until we get rid of the chill, people are not going to be working together as productively as they could be."

Though men are filing more claims and winning judgments, women are still the primary claimants. Forty percent of women report having been harassed at work as compared to 15 percent of men, according to the Federal Merit System Protection Board.

Townsend believes that the numbers may be skewed because of under reporting by men. He

says those statistics also reveal that one in six men are being harassed.

"Male harassment certainly is not trivial," Townsend stated emphatically. "If we had any other population saying one in six feels they've been discriminated against because of their gender, you'd be looking at a serious social problem."

Townsend has studied issues on sexual harassment for more than three years. He said he enjoyed the Chrichton book but said that neither the book nor the movie represent the problem realistically. Townsend's article can be found in the Feb. 6 edition of the *National Review*.

There's a much simpler solution to the problem of sexual harassment than making new laws and men and women suing each other, according to Townsend.

"Men and women need to understand that they're equally responsible to be civil to each other," Townsend said. "If we all practice good manners, we would have never had the first harassment case."

If anyone feels they have been sexually harassed, a claim can be filed with the Student Judicial Officer in the Vice President for Student Services office or with the Affirmative Action Officer.

## News Briefs

### Lecture on Global Warming

Russell W. Graham, curator and head of geology, Illinois State Museum will present a lecture at 4 p.m. today on "Global Warming: Viewing the future through the past," in conference room 181 at the Desert Research Institute, 755 E. Flamingo Rd. A mixer will follow.

For more information, please call 895-0424.

### Black History Month celebrated at UNLV

In honor of National Black American History Month, Campus Dining is giving away prizes in the Dining Commons and in MSU's Union Cafe.

This begins today in the DC, with every diner receiving a free prize. A four-part documentary about black history, "Eye on the Prize," will also begin, with part two on Monday, part three next Thursday and part four Monday, Feb. 27. Free tee-shirts will be awarded to diner's who can answer trivia questions about black history, with a leather jacket awarded as the prize on the 27th.

The Union Cafe will run a promotion starting today through Feb. 28 for entries based on trivia. The grand prize is a mounted/framed lithograph.

For more information, call ARAMARK at 895-3858.

### Support groups offered by Student Health Services

The Student Health Services announces a series of ongoing support groups available to all registered students, faculty and staff. The following are free services offered by the SHS at SHC:

- Save Our Selves (SOS) Group meets Mondays, 7-8 p.m.
- Eating Awareness Group meets Wednesdays, 4:30-6 p.m.

- HIV testing is done Thursdays, 2-5 p.m.

- Nicotine Anonymous meets Wednesdays, 7-8 p.m.

- Smoking Cessation I meets Mondays, 5:30-7 p.m.

- Smoking Cessation II meets Wednesdays, 9-10:30 a.m.

- Alcoholics Anonymous meets Wednesdays, 10:30-11:30 a.m.

- Alcoholics Anonymous and

alanoN meet every morning, afternoon and evening at The Meeting Place, 3006 Maryland Parkway #16.

- Gay, Lesbian, Bi-Sexual Support Groups meet Thursdays, 7:30-9 p.m.

- Safer Sex Week is Feb. 13-17 at the MSU.

- Safe Spring Break Week will be featured March 6-10 at the MSU.

- A Wellness Expo will be featured April 19 from 9-1:30 p.m. at the MSU.

The SHC is located between the Student Services Building and the Dining Commons. For additional information call Kim Smith, Health Education Coordinator, at 895-3370.

### Fund-raiser for Psi Chi/ Psychology Club

The UNLV chapter of Psi Chi (national honor society of psychology majors)/Psychology Club are holding their second Psycho Drawing Fund-raiser. Tickets are \$2 and can be purchased from club members.

Prizes are to be awarded on Friday, Feb. 24 at noon; winners need not be present. The grand prize is two tickets to *Mystere*; second prize, two tickets to *King Arthur's Tournament*; third prize, dinner for two at Planet Hollywood; and fourth prize is two tickets to *An Evening at the Improv*.

Proceeds from the drawing will go towards the cost of attending the Western Psychological Association Conference in Los Angeles in March.

### Centennial exhibit commemorating Pasteur

The Pasteur Foundation has sent a Traveling Exposition to commemorate the centennial of Louis Pasteur, which is available for viewing on the first floor of the Dickinson Library until Feb. 28.

Portraits of the scientist in this French-English exhibition retrace the various stages of Pasteur's career, from molecules, asymmetry and vaccines to the founding of the Institute Pasteur.

A 30-minute English film, produced for the "Year of Pasteur" celebration, is available at the nonbook reference desk for library viewing.

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(Form 1040-EZ, Special UNLV Rate)

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