

## Help

continued from 1  
aged 15 to 24 . . . suicide. Every day 15 people within this age group take their own lives.

Fortunately for Deanna, a friend was able to connect the signs and suggested that she get help.

Each year since 1983, in an effort to help promote awareness about depression and other mental illness, the American Psychiatric Association and many other health care organizations observe this week as Mental Health Awareness Week.

A major public outreach event is National Depression Screening Day. Today, nearly 200 colleges campuses around the country will offer free screenings through their health or counseling centers.

Student Psychological Services, located in the Student Services building, will offer free short term sessions.

For information call 895-3131.

The free sessions will be held at 9:30 a.m., 1:30 p.m., and 5:30 p.m. at Charter Hospital, 7000 W. Spring Mountain Road. Each session lasts two hours.

Depression is one of the most common and treatable of all mental illnesses. According to the APA, one in four women and one in 10 men can expect to develop it during their lifetime. Unfortunately, only one in four seek treatment. However, 80 to 90 percent of those who suffer from depression can be effectively cured.

Symptoms may include a noticeable change of appetite, change in sleeping patterns, loss of interest in previously enjoyable activities, loss of energy, inability to concentrate, and recurring thoughts of death or suicide that last for at least two weeks.

Researchers for the APA say that the illness may be hard to recognize because its symptoms are so easily attributed to other causes. They say people fail to notice a pattern and instead, attribute the physical symptoms to "the flu," the sleeping and eating problems to "stress," and the emotional problems to lack of sleep or improper eating habits.

For any crisis call the National Crisis Hot-line at 800-448-4663, a 24 hour service.

## King's TNT Special Sheds Light on Groom Lake

### Show Draws Crowd

BY JAMES EMBREE  
EDITOR

RACHEL—A barren piece of desert just off State Highway 375 running through this tiny hamlet in Lincoln County was the setting Saturday of a live Turner Network Television special about Area 51, hosted by Larry King.

The show, "The UFO Cover-Up? Live from Area 51" attracted about 150 UFO buffs, Area 51 watchers and just about all the locals. They crowded-up to the bar at the Little A 'LE' Inn, a combination restaurant/bar/motel/RV park/laundromat and UFO headquarters, and into a make-shift tent set-up outside, just to watch the show.

Nevada Congressman James Bilbray (D-Nev.) appeared in a taped segment defending the secrecy of the activities at Area 51.

Bilbray said, while people may want to know what is going on at

places such as Area 51, it's not always possible. "The fact is...you have to balance their need to know with national security needs. People cannot have access to a lot of facilities."

The show featured four guests who shared the set, complete with tumble weeds, with King. They included Dr. Steven Greer, an extraterrestrial researcher, Stanton Friedman, a leading UFO researcher, Kevin Randle, a former Air Force officer and Glen Campbell, who has been leading the fight to gain access to information about activities at Area 51.

Campbell is a resident of Rachel, having moved there from Boston two years ago, after becoming interested in Area 51 and the secret Air Force base at Groom Lake.

The base has been a testing ground for the U-2 spy plane, the SR-71 Blackbird and the F-117 Stealth Fighter. It is thought to be home of another, as yet, still secret spy plane, code-named "Aurora." It is also thought that alien space craft are being reverse-engineered at the facility.

Groom Lake and Area 51 has been a magnet for UFO buffs who flock to a "mysterious black mailbox" located about 20 miles from Rachel on highway 375.

Greer said the Clinton administration may not be fully briefed about all the military and intelligence communities know about UFOs. He said at least one alien group has made contact with earth and they hold no hostile intentions.

"These agencies are so compartmentalized they may be telling the truth when they say they don't know, but somebody knows."

Friedman said the governments of the world are involved in a "cosmic Watergate" to keep the truth about UFOs hidden. He also stressed his concern with the enormous "black budgets" the military and intelligence communities control without any oversight.

After the show, Friedman said he was pleased and hoped to hear from people who have information about UFOs or related matters. Anyone who would like an essay about his "cosmic Water-

gate" theory can call him at 506-457-0232 to obtain a copy.

Joe Travis, owner of the Little A 'LE' Inn was also pleased with the show. "It was fantastic, they did a great show," he said. Aside from the national exposure, Travis, an avid UFO buff, said the show will help people look at the subject of UFOs more objectively.

"It was to the point and discussed very intelligently," Travis said. "I thought it was very informative. What people need is education."

King said the topic fascinated him. "The TNT crew did a terrific job," he said. "The taped packages were terrific, I didn't see it on the read, but this was top-draw stuff."

The taped segments included clips with Carl Sagan, William Shatner, Phil Klass, a UFO skeptic, and former senator Barry Goldwater, among a number of others.

The show was rerun twice on Saturday night and again Sunday afternoon.

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