

# Dining Commons offer fast food alternative

by William Holt

UNLV's Dining Commons are a full-service, cafeteria-style restaurant which offers students an inexpensive all-you-can-eat alternative to fast food.

"We do hamburgers, hot dogs, grilled sandwiches, stir-fry to order and we offer a bar where students can prepare their own omelets and Belgian waffles," said Don Bell, director of Campus Dining Services. There are counters in the serving area that include venues of pasta, Mexican, deli sandwiches, a salad bar with over 20 ingredients available, a desert bar, soup and chili bar and the traditional board items such as roast beef.

Bell said the variety of food is based on a six-week rotation cycle so that patrons won't see the same item being served three days in a row.

Every night, between the hours of 9 p.m. and 12 a.m., a late-night reduced-service venue is open to all students. During the late-night snack, movies will be shown on a big-screen projection

television. "This is a good outlet for students so that they don't have to go somewhere else for entertainment, like the Strip," said Bell.

Three nights per semester, a program called Designs in Dining will be held that offers feature entrees. Also, once a week, upscale entrees such as shrimp and chicken cordon bleu will be served in order to, as Bell describes, "break up the monotony."

Every week, ARA will place menus in front of the Dining Commons and around the residence halls listing all the items available and indicating which items are healthy (meeting the minimum nutritional standards per serving based on calories, fat, cholesterol and sodium). This way, students can choose to order food tagged with the logo "Treat Yourself Right."

Other services offered through the Dining Commons are: the Easy Goes option, where students short on time can take a package of food with them; Special request meals for students with a diet recommended by a doctor; vegetarian meals; catering, parties and special



The Dining Commons are nestled gently between Hughes and Tonopah Halls.

photo by Rob Weidenfeld

events.

Breakfast hours are 7 a.m. to 8 a.m. Monday through Friday, lunch hours are 11 a.m. to 1 p.m. Monday through Friday and din-

ner hours are 4:30 p.m. to 6:30 p.m. seven days a week. Brunch is served 10:30 a.m. to 1:15 p.m. on weekends.

The Dining Commons are lo-

cated southwest of the Moyer Student Union between the Thomas & Mack parking lot and the Tonopah residence hall.

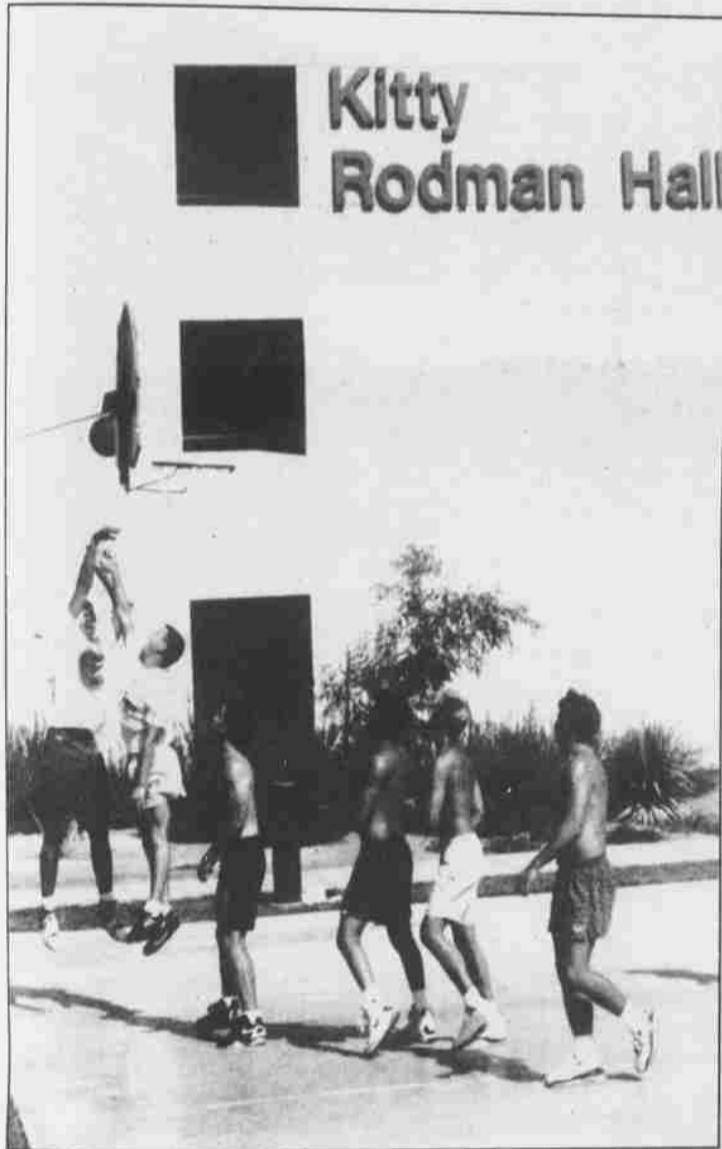


photo by Rob Weidenfeld

## At work and at play in the fields of UNLV

Left (play): A group of students play a pick-up basketball game outside the Residence Halls. Above (work): Jenny Bradley, Lisa Sheffield and Daniella Seghieri decide how they will fit all their possessions in their dorm rooms.

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