

Fraternity Rush is on again
and
Rebel Rabble!

Lifestyles

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THE REBEL YELL

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Campus Center provides problem solving with understanding

by Kimberley McGee

College can be full of new ideas, people and influences which are exciting and challenging. But sometimes, especially if a student is new and away from home for the first time, anxiety, lack of confidence, loneliness and other fears and phobias may hinder one's quality of life.

The Student Development Center, located on the second floor of the James R. Dickinson Library, offers counseling to students who might feel the pressures of academic life here at the university. The Psycho-

logical Counseling Office within the center stresses personal growth and exploration as a necessary part of the academic process in order to become an emotionally healthy and balanced person. The center's main goal is to provide quick, confidential and complete services to the entire campus community.

The center offers services by counselors, clinical psychologists and psychology interns completing their master's degree. The counseling center staff is skilled in helping students cope with a wide variety of problems. Low motivation,

depression, eating disorders, decision making, relationship problems,

anxiety and cross cultural issues are a few problems that counselors often deal with within the campus community. The problem-solving techniques used are short-term, usually consisting of about five weeks of counseling. However, if a particular problem or situation calls for long-term counseling, the center can offer referrals to

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an outside source that is better equipped for the individual's needs.

Confidentiality is a large concern among students who might be worried friends or family could be informed. The counselors understand the need to be confidential and make a strong commitment to maintaining strict privacy. All appointments, conversations, paperwork and decisions that are made are kept between the

counselor and student.

Three groups are offered this semester to help students and faculty cope. These groups are: Relaxation and Stress Reduction, Adult Children of Dysfunctional Families and Learning Assertiveness Skills.

An intake appointment must be made to see a counselor, after which the student and counselor discuss the student's needs and whether the center can fulfill those needs completely. The center is open 8 a.m. to 5 p.m. Monday through Friday. For further information call 739-3177.

An oasis in the desert

by Kimberley McGee

The Moyer Student Union opened its doors last semester with a new look and a new goal, to provide students with better service.

The union, deemed the "oasis on the UNLV campus," has been remodeled to offer students a more attractive and effective union. They have added and updated their services and hope the students will take advantage of them.

"We have quite a bit of services that really help students out," said Eric Walters, assistant director of Moyer Student Union activities.

The information booth offers an asundry of services to help the student such as a postage machine (which allows for a small package to be weighed and stamped with the proper postage so that it may be slipped into a mailbox), a fax machine and check-cashing services. The booth also sells envelopes and stamps and tickets to campus events. In addition, it gives out coupons, ID validations and off-campus housing information.

A game room located on the south side of the union contains four pool tables, video games and pinballs. There are billiard competitions throughout the year and students are encouraged to participate. Call the games room at 739-3879 for more information.

A new store is located where the old ID booth was. Rebel Gear, sells clothing, university rings, cards and catalogs and school supplies such as pencils



by Morgan Fisher

The Trip took students through the psychedelic sixties in the newly redecorated MSU Friday.

and Scantrons for the rushed student on the way to a test.

They moved two of the trees and made a new entrance to the building on the south side. A cement courtyard with covered picnic tables offers a quiet place to eat and study. A grassy area is suitable for concerts which are planned to begin in the spring.

Automated teller machines are now located on the outside of the union so that students may be able to get to the machines 24 hours a day. Security Pacific Bank, the contractor, does not charge the usual \$1 service fee if the user is from another bank.

A stamp machine will be offered later this spring to be located by the vending machines. "It will give you stamps and foreign envelopes. We've been working with the post office to get one," Walters said.

Meeting rooms are still of-

ferred for student organizations and campus departments. Students and faculty may stop by the administrative offices located on the north side of the union to make room reservations.

A television lounge on the second floor is open for students who want to watch soap operas, ball games and those terrific PBS specials missed while waiting between classes.

Lockers, an elevator, outdoor recreation and study lounges are also provided. "They have a wide variety of trips planned, hiking trips to the Joshua Tree, Zion and white water rafting," Walters said.

The union has made a special effort to be more effective. They are open 8 a.m. to 7 p.m. Monday through Thursday and close at 5 p.m. on Friday. Enjoy the programs and facilities offered and take advantage of what the campus has to offer.

The great outdoors has come to the MSU

By Brian Hurlburt

Have you ever been sitting in class when an uncontrollable urge to canoe down the Colorado River strikes? But where can this primitive urge be fulfilled, and cheaply?

The UNLV Campus Recreation/Intramurals is the place to go. This semester, they are offering several "Outdoor Adventures." Trips to Disneyland, Magic Mountain and a backpacking adventure to Zion National Park are planned. The trips are reasonably priced, ranging from \$40 to \$60.

The first canoe trip will be March 7-8, to the Black Canyon area of the Colorado River. "This is the area just below the dam," director of campus recreation/intramurals Jeff Wells said. "We travel toward Willow Beach, and the trip offers a lot of history of the dam and the area."

Since it is a two day trip, a camp is set up and travelers are given the opportunity to explore the land area of the canyon.

"We have a steak fry and also we stop near some hot springs," Wells said. "There is also a chance for some good hiking where we stop for the night."

This trip, along with the March 21-22 trip to Topock

Gorge, will be guided by Deborah March. She has been a canoeist/guide for 14 years.

The trips include transportation to and from the destinations along with canoe rental and all permits to travel the river.

Another service offered by the department is what Wells calls common adventures. Students who are interested in a certain activity such as rock climbing and canoeing can sign up and meet others that share those same interests at the UNLV Adventures and Outdoors Shop located in room 137 in the Moyer Student Union.

Items Available

Car Rack
Backpacks
Sleeping Bags
Lanterns
Stoves (2 Burner)
2 Man Tents
4 Man Tents
Ensolite Pads
Canoes
Paddles
Lifvests
Ice Chests:
Gott 60
Gott 120
Coolers:
2 Gallon
5 Gallon
10 Gallon
Volleyball Sets
Bicycles

UNLV Campus Recreation/Intramurals Outdoor Adventures Spring 1992

Date	Destination	Price
Feb 29	Disneyland (all day trip)	\$50
Mar 7-8	Black Canyon Canoe Trip	\$40
Mar 14	Magic Mountain (all day trip)	\$50
Mar 21-22	Topock Gorge Canoe Trip	\$60
Apr 4-5	Black Canyon Canoe Trip	\$40
Apr 10-12	Zion Backpacking Adventure	\$40