



Nose rings gain notoriety on campus

by Kellie J. Adan

Ever wonder why or where a person acquires that unique piece of jewelry known as the nose ring? Ever wonder if it hurts or what nose-ring wearers do when they sneeze? Wonder no more! Stop plaguing the nose-ring-wearing public with those annoying questions and get all the information here.

Getting a nose ring is not a simple task in Nevada. Don't call any of the ear-piercing places around town. They just won't do it. However, there is hope for those who desire this interesting jewelry.

"I did a girl's ears the other day who had a nose ring. I don't know who would do it around here. I had the impression that she did it herself," said the ear-piercer at Charjm Hair Design.

Tricia Romano, wearer of the intriguing nose-ring, confirms this potentially disheartening news.

"Most people do it themselves," she said. "But you can get them in California."

So, pursuers of the elusive nose-ring, either find somebody who knows how to do it or expect a trek to California.

Does a nose-ring hurt?

Romano said, "Not at all. Only for a second or two. It's like getting a second hole in your ears."

As for getting infected, Romano said, "I'm told that there is a high risk of infection and it can get aggravated if you take it in or out a lot. All you have to do is keep it clean and leave it in for a couple of weeks when you first get it, to be safe."

Keeping it clean is essential. An infection from a

nose-ring can easily become a devastating infection of the brain.

Why do people get nose-rings?

"Well, they've been around for a while in the alternative scene," Romano said. "A lot of black people seem to be wearing them now; it's probably an expression of African heritage. And lately, rich and wealthy people have had them, but they have little diamond

studs."

Finally, the big question on everyone's mind—what happens when a nose-ring wearer has a cold?

"Usually you just take it out," Romano said. "You can blow your nose with it in, but it's kind of messy."

So there they are, the answers to the great mysteries of the nose-ring. Now, what about those people with belly-button and nipple-



photo by Morgan Fisher

UNLV student Tricia Romano sports a unique ring

Living in dorms can add to a college experience

by Deriann DeHart

Two 18-year-old students fresh out of high school attend UNLV with high hopes of good fun and education; one is disappointed, one is satisfied.

Both students have taken different paths in the way they have decided to attend UNLV. Darek Thornton lives at home and takes two classes. Keri Danielson lives in the dorms and is a full-time student.

Thornton, a 1991 graduate of Valley High School, registered this fall.

He expected to attend UNLV and be as popular as he was in high school. He thought the classes would be full of young college students that he could make friends with easily. Much to his surprise he found himself in classes of 100 or more students, making him simply a number among them.

"I walked into class with all these expectations and walked out of class feeling like a spec of sand on a beach covered with sand," Thornton said.

Thornton added that this has been the biggest

adjustment he has had to make in his life.

Not only has attending UNLV been a great disappointment for Thornton, but he has also lost the self-confidence he had while attending high school.

According to Thornton, "UNLV is so cliquish. If you're not involved in a sorority or fraternity you might as well kiss your social life and the chance of meeting new people good-bye. Students at UNLV are so into themselves."

Like Thornton, Danielson, a business major,

is a 1991 graduate of Valley High School. She moved out of her parent's home and into the residence halls. She loves UNLV.

She said moving into the dorms was the smartest thing she could have ever done. In the dorms she has met many other students.

Danielson said her classes are just about what she expected they would be like.

"My classes are so full of students that it is hard to meet people. That's why I'm so glad I chose to live in the dorms," she said.

A new species invades the beaches

by Kimberley McGee

A different type of seafood is washing ashore on our beaches. Plastic makes up over 60 percent of the debris found on our coastlines.

The garbage that now floats in the world's waters outweighs fish harvests 3 to 1. Fish, birds and other marine life live amidst plastic six-pack holders, Styrofoam pellets, plastic shopping bags and tampon applicators, also called "New Jersey seashells," that litter the ocean. They become entangled in the six-pack holders and mis-

take cigarette butts and tampon applicators for food. Birds swoop down upon what they believe to be a jelly fish and drown struggling with what is really a plastic shopping bag. Our garbage is invading the surrounding environment that is virtually self-sustaining until we destroy the delicate balance.

The Center for Marine Conservation released "Cleaning North America's Beaches: 1990 Beach Cleanup Results" in May. This report revealed that

within a three hour period 109,000 people, who volunteered to comb the 3,656 miles of beaches for debris, found 4,375,567 pieces of trash. They discovered how devastating our negligence has become, finding everything from balloons to kitchen sinks. Here are a few of the items they found:

- 531,828 cigarette filters
- 142 wildlife species entangled in or had ingested plastic
- 33 wildlife species entangled in fishing line
- 3,738 plastic syringes
- 17,125 tampon applicators
- Over 100,000 plastic beverage containers
- 34,722 plastic six-pack holders
- 26,536 balloons
- 10 kitchen sinks

By cutting down on plastic and choosing products with less packaging and more product we can begin to reduce our garbage. Reducing garbage will help save the environment from being buried alive. It is a minor inconvenience for a major difference.

NUTRITION				
Product	Cholesterol (mg)	Protein (g)	Fat (g)	Calories
1 large egg (yolk plus white)	213	6	6	79
1 egg white (large egg)	0	3	0	16
Avoset Foods Second Nature, refrigerated (1/4 cup)	0	6	2	60
Fleischmann's Egg Beaters, frozen (1/4 cup)	0	5	0	25
Morningstar Farms Scramblers, frozen (1/4 cup)	0	6	3	60

Give eggs a break
Here are some ways to control high blood cholesterol and still enjoy egg dishes. Eating no more than four egg yolks a week is a good recipe.

SOURCE: Mayo Clinic Health Letter