

# COMMUNITY EVENTS

## Campus information

### Board of Regents meeting

The Board of Regents meeting scheduled for May 16 and 17 has been changed to Wednesday and Thursday, May 15 and 16 in the Pine Auditorium, Jot Travis Student Union, University of Nevada, Reno.

### Law school success



Southern Nevada Law School Prep. will present "Law School: A Guide to Success" in Moyer Student Union Room 203, Wednesday, May 1.

A meeting will begin at 2:30 p.m. and the presentation will start at 3 p.m. This program is held in conjunction with Phi Alpha Delta.

### Music: Can it improve grades?

UNLV presents a free "Seminar Concert" embracing personal wellness through lecture, demonstration and performance entitled,

"Music: Can it Improve Grades?" Friday, May 3, from 7-8:30 p.m. in the Moyer Student Union Ballroom.

Discover your response to music. Learn why music could aid your well being. Understand how music could improve your study habits. Experience a 45-minute "Music Exercising Emotions" concert, created from medical research.

Judith Pinkerton, lecturer and executive director of the Center for Creative Therapeutic Arts (CCTA) leads a 7-piece band that features violin, classical and electric guitars, piano, synthesizer, vocals, bass and drums. The performance sequences contain a variety of musical styles including classical, rap, jazz, blues, country and rock.

The seminar is sponsored as a UNLV community service by the Student Health Advisory Committee (739-3370) and CCTA (792-4224), a nonprofit research and education center for creative arts therapies.

### Join American Youth Hostels

American Youth Hostels offer some of the least expensive, most informative travel facilities in the world. Explore the United States and the world—without spending a fortune—with a membership card for American Youth Hostels.

Hostels have dormitory-style accommodations with separate quarters for males and females,

self-service kitchens and dining and common areas for relaxing and meeting other travelers.

Overnight fees at hostels range from 35 cents in India to \$18.75 in New York City, with most averaging \$7-10 a night.

Your AYH membership card will be valid for 12 months and you'll receive a free copy of "Hostelling North America: A Guide to Hostels in Canada and the United States."

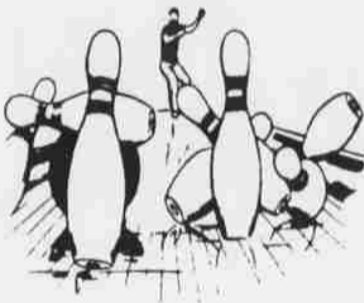
For a free information brochure and AYH membership application, contact: American Youth Hostels, Dept. 481, P.O. Box 37613, Washington, D.C., 20013-7613, (202) 783-6161.

## City events

### Fourth-annual Bowling Ball

Arizona Charlies Bowling Center is hosting the annual bowling-a-thon June 8 from 9 a.m.-3 p.m.

By obtaining sponsors, bowlers can raise money to help Opportunity Village as they bowl alongside their favorite Las Vegas



Stars' baseball player.

Prizes are awarded based on the total amount of money raised and turned in by 3:30 p.m. June 9.

Opportunity Village is a local nonprofit agency serving the needs of mentally handicapped adults of Clark County.

All money raised from this event stays in Clark county and goes directly to support the many training programs offered at Opportunity Village.

For more information, call Michelle at 384-8170, ext. 5.

### Getting a job in the '90s

"Job Writing for the '90s, Resume Writing and Interviewing Tips" is the title of a workshop that will take place Saturday, May 18 at the City of Las Vegas Baker Park Community School, 1100 E. St. Louis Ave. The two and a half hour seminar begins at 9:30 a.m. and is designed for those 16 and older. The cost is \$7.

### CPR workshop

Saturday, May 4, the City of Las Vegas Baker Park Community School, 1100 E. St. Louis Ave., will present a course in cardiopulmonary resuscitation.

The four-hour workshop begins at 9 a.m. and is designed for adults. The cost is \$7 and includes certification. Pre-registration is required.

For more information, call 733-6599.

# Students learn to defend against attackers

by Eileen Brady

One out of every four college women will be raped during her college years, according to the April 14 "Face the Nation." The Moyer Student Union Program Council, along with Sigma Kappa sorority, sponsored a self-defense and rape awareness program April 25 in the MSU.

Sgt. Rochelle Sax of the university police department gave a 15-minute speech about university services offered and campus statistics on rape and assault. A 21-minute videotape from Santa Monica Hospital about rapes on college campuses, both date rape and stranger rape, stressed the importance of reporting rape.

Dick Douglas, 7th-degree black belt in martial arts, spoke about rape awareness and defending oneself against attackers. He gave tips to be aware and avoid potentially dangerous situations, such as walking on the side of the

street facing traffic so it's harder to be pulled into a vehicle and so drivers and pedestrians can see better. He said to always keep exterior doors locked when at home and to always use deadbolt locks.

"If you don't have a deadbolt lock, anyone can kick your door in," he said.

If confronted by a rapist, Douglas advises being as noisy as possible. He said to never give rapists ideas such as "Don't kill me," "Don't cut my face," or "I can't stand pain." He said many times rapists will do what they are told not to do.

"I was talking with a police officer at (Las Vegas) Metro and he was talking about a rapist who had raped 18 women and killed the last one," Douglas said. "When he was caught, he said that the woman had said, 'Don't kill me.' He got that thought in his mind and said he had to kill her."

Douglas, vice president of Circle Realty in Las Vegas, has been teaching self-defense for 20

years and was trained under Chuck Norris. He said "the absolute best thing to do" to fight rapists is to be trained in martial arts and be in good physical condition.

The three areas to consider to attack the rapist are the eyes, throat and groin—in that order, he said. If the rapist has a defense to protect the face, the throat is the next best thing to attack.

"If someone's under the influence of alcohol or narcotics, he may not be able to feel the pain (of a kick in the groin), so be careful," Douglas said.

He then showed the participants some basic self-defense techniques to use when grabbed by an attacker. The participants practiced on each other, with help of Douglas and several of his martial arts students.

Shawn Vasknetz, a sophomore at UNLV, watched as his girlfriend, Tanya Ewert, also a sophomore, practiced the self-defense moves. Vasknetz said he was glad

to see the program and found the videotape to be very informative.

"I think this campus is dark, especially when I walk from the library to the parking lot," he said. "If I were a female, it (the danger of being raped) would run through my head."

Fa Greenspon, Mike Nicholl and Mark Thomson of the MSU Program Council coordinated the awareness program with the help of Tammi Nance, president of Sigma Kappa.

Greenspon said they will try to set up a similar program in the fall and possibly get a martial arts class and continue the program every semester.

"Whether we get a large or small crowd, I think it's important enough to keep on campus," Nicholl said. "Hopefully next time we'll get a larger turnout and we'll use the ballroom."

"It's a needed program," Greenspon added.

On and around campus...



Three hackey-sackers practice in front of Wright Hall

photo by Eileen Brady

# UNLV calendar of events

## May

**1 Summer session 1991** registration begins. Baseball: UNLV vs. Arizona State University. 2:30 p.m. Barnson Field. \$3 and \$2. 739-3900.

**1-4 Exhibit:** "Rock Art in Southern Nevada." Weekdays, 9 a.m.-4:45 p.m. Saturday, 10 a.m.-4:45 p.m. Barrick Museum of Natural History. Free. 739-3381.

**1-17 Art exhibit:** Master of Fine Arts Exhibition. Weekdays, 8 a.m.-5 p.m. Donna Beam Fine Art Gallery. Free. 739-3893.

**2 University Forum Lecture:** "Magic and Illusion in Chaucer's 'Franklin's Tale.'" V.A. Kolve. 7:30 p.m. Beam Hall 241. Free. 739-3177.

**Information session:** Early studies night. 7 p.m. Artemus Ham Concert Hall lobby. Free. 739-3177.

**3 Concert:** "Ramsey Lewis and Billy Taylor: A Salute to Nellis Air Force Base." 7:30 p.m. Artemus Ham Concert lobby. Free. 739-3177.

**3-5 Baseball:** UNLV vs. University of Pacific. Friday and Saturday, 7 p.m. Sunday, 1 p.m. Barnson Field. \$3 and \$2. 739-3900.

**4 Wine tasting:** UNLVino. 3-9 p.m. Thomas & Mack Center. \$15 in advance, \$25 at the door. 739-3900.

**Chamber Music Southwest:** "A Viennese Sojourn." Nevada Fine Arts Trio. 7:30 p.m. Artemus Ham Concert Hall. \$6. 739-3801.

**Extended education:** "Owner/Builder Seminar." 9 a.m.-4:30 p.m. Beam Hall 108. \$105 (includes checklists and planning guide). 739-3394.

**4-5 Race:** M.T.E.G Motocross '91. Times and prices to be announced. Sam Boyd Silver Bowl. 739-3900.

**5 Concert:** Hank Williams Jr. with special guest Sawyer Brown. 7:30 p.m. Thomas & Mack Center. \$25 and \$21. 739-3900.

**Concert:** Oratorio Chorus. 2 p.m. Artemus Ham Concert Hall. 739-3801.

**6 University Forum Lecture:** "Tales—Tall and Short" (a discussion and telling of humorous American stories). Robert Dodge. 7:30 p.m. Wright Hall 103. Free. 739-3801.

**7 Concert:** UNLV Wind Ensemble. 8 p.m. Artemus Ham Concert Hall. 739-3801.