

UNLV student has fishy internship

by Marilyn Ming

Imagine a fellow UNLV student up to her elbows in slippery, slimy fish. That's one of Dottie Klugel's duties while interning at the Mirage's dolphin facility. Klugel feeds the dolphins fish for lunch.

Along with lunch duties for the dolphins, Klugel also organizes and runs tours for school groups.

"Dottie handles all aspects of our educational program," said Julie Onie, director of Marine Operations for The Mirage. "She pools together materials for information packets and conducts teacher workshops."

Klugel supervises the quarantine tank for the new fish which will be added to the large aquarium in the lobby of The Mirage.

"Whenever we need extra help, Dottie is there to pitch in," Onie said. "She's terrific."

Klugel is at UNLV this year because of the National Student Exchange Program (NSE). Her home campus is the University of Maryland at College Park.

Because of the exchange program, Klugel was able to travel west to see a different part of the country and pursue her interest in marine biology.

"Anyone who wants to travel and keep up their schooling should check out the NSE program," Klugel said.

Klugel's interest with marine life extends beyond Nevada. She interned at the National Aquarium in Washington, D.C., where she was sponsored by Onie.

When the Mirage applied to the National Marine Fisheries for the permit to house dolphins, Onie contacted Klugel.

"They asked me to testify at the hearing on behalf of the Mirage to stress the importance of an internship at the facility can be to a student," Klugel said. "The Mirage wanted to show a strong emphasis on education."

"I had traveled all around the East Coast and wanted to travel west, but I couldn't decide which campus to visit on the exchange program. When the internship at the Mirage opened, my decision was made," she said.

Klugel said she found it hard to leave her family and fiancé behind, "but the opportunity to study with dolphins was too much to resist."



photo by Rob Weidenfeld

UNLV student Dottie Klugel interns at the Mirage.

Klugel plans to return to the University of Maryland in May to finish her degree.

Relaxing to music—the food of life

by Ilana Fiorenza

The Center for Creative Therapeutic Arts (CCTA) offered a sample of music therapy and a little slice of heaven for anyone who stopped by their "Relaxation Room" as part of UNLV's Health Awareness Day April 3.

Judith Pinkerton, executive director of CCTA said that the response from students and faculty was tremendous and those who stopped by the "Relaxation Room" walked out much calmer than when they arrived.

Upon entering the room, participants were given a choice to pick a single cassette of music to simply relax to, or if they had more time to choose a sequence of tapes to "experience how (to) use music to benefit your personal life," Pinkerton said.

The concept assumes that various music encourages specific emotional responses in people. So, of the three tapes of a sequence picked by

an individual, the first is used to provoke a slight "tension," perhaps a musical selection the person dislikes rather than enjoys. The second tape is supposed to induce a "peaceful" feeling and the final selection, a "joyous" feeling. After experiencing the sequence, participants said they were calm and "mellow," yet also somehow re-energized.

"The concept assumes various music encourages specific emotional responses in people."

The method used in music therapy and the "Relaxation Room" is based on research done by Dr. Manfred Clynes, a neuroscientist who indicates that healing processes occur as a result of experiencing certain patterns of emotions.

The technique has been useful in assisting a wide range of ailments, from helping simple stress-related tensions and depression, to relieving emotional

stress of cancer patients. Pinkerton may possibly have the "Relaxation Room" back on campus again during finals week. Music therapy could be a perfect and positive solution to reducing some of the debilitating stress and tension that permeates students during the semester.

The "Relaxation Room" is only an abridged version of Pinkerton's usual approach to educating the public regarding the joys and advantages of music therapy, called the "Seminarconcert." The "Seminarconcert" has been developed over a period of five years by Pinkerton and a group of devoted colleagues.

There will be a free performance of "Seminarconcert" at the Flamingo Library on April 26 for those who may have missed out on CCTA's "Relaxation Room" or those who might want to learn more about music therapy.

As Shakespeare said, "If music be the food of life, play on."

Another student dies while elevator surfing

(CPS)—An Indiana State University (ISU) student was killed March 20 while "elevator surfing," an activity that has become a fad on some college campuses in the last year. Campus officials said they had no idea Michael John Deliduka, a 23-year-old junior from Shalimar, Fla., and other students had been riding on top of elevators for fun until Deliduka was killed.

"It was not known that he was engaged in this activity," said Martin Blank, ISU's director of public information.

In the activity, known as elevator surfing, students stand on the top of an elevator, and then ride up and down the shaft. Sometimes they may

try to jump from the top of one elevator to another while they are passing each other. Apparently Deliduka and three other young men used a coat hanger to trip the safety mechanism on the door, allowing access to the elevator shaft.

The four boarded one of the building's two elevators. As they rode, the other elevator became stuck.

Deliduka was trying to move from the working elevator to the stuck elevator when it started to move, pinning him between the elevator and the shaft wall.

Deliduka died instantly of positional asphyxia, according to Vigo County Coroner Rowland Kohr.

Kohr's report also revealed

Deliduka had been drinking. ISU officials are planning education programs to help prevent similar tragedies in the future.

"I think the incident alone will be educational enough," Blank said.

The three students who "surfed" with Deliduka have been offered counseling, and will be brought in for interviews, Blank said. It is not known if they will be disciplined.

The ISU incident occurred one year and 10 days after the death of Joel Mangion, an 18-year-old student at the University of Massachusetts, in another elevator surfing accident.

Mangion fell 16 stories to his death while trying to jump

from one elevator car to another. UMass officials have since taken steps to make it difficult to get on top of elevator cabs in campus high-rise buildings, said Karin Sherbin, director of UMass's news office.

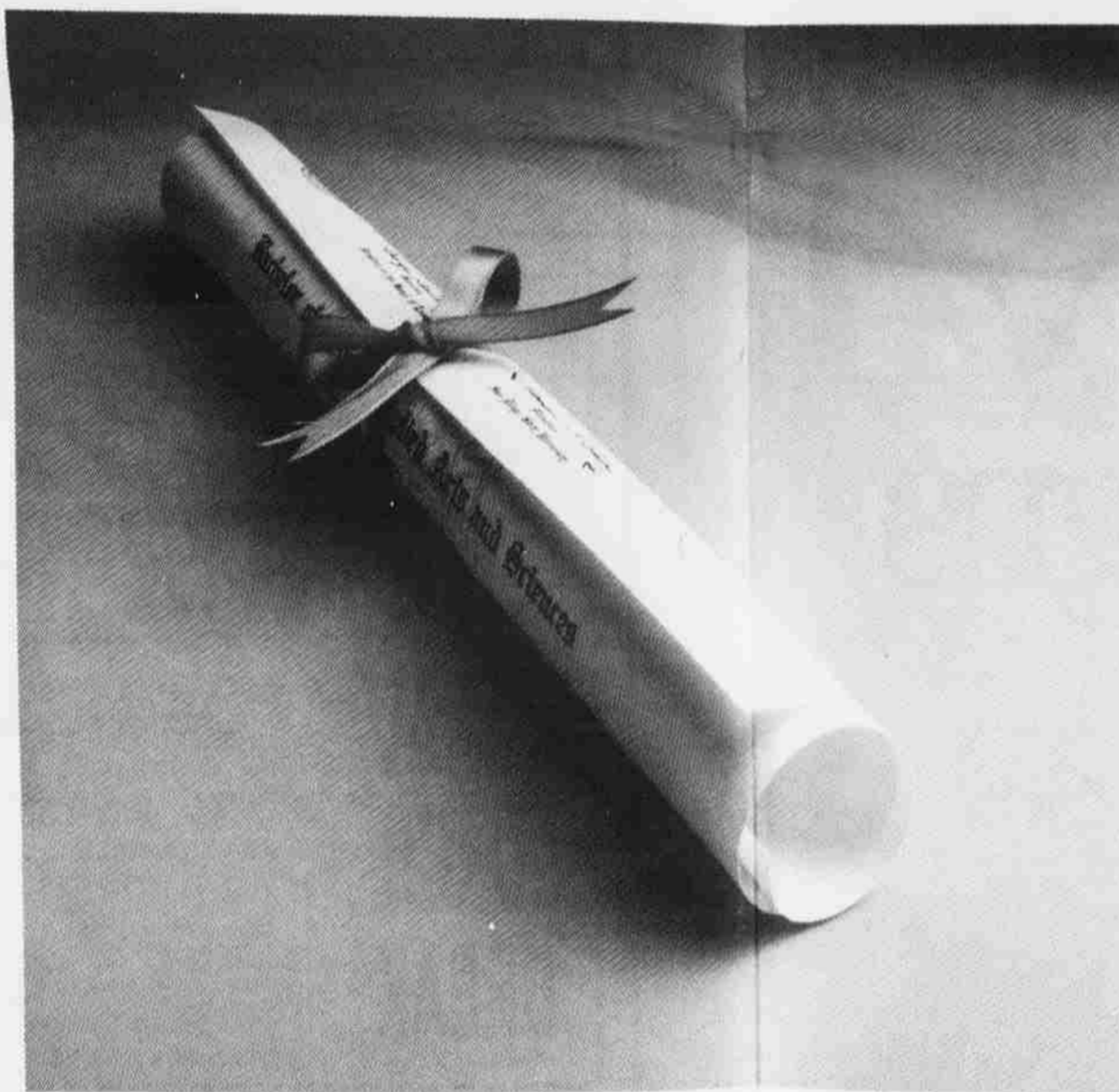
But, Sherbin added, the school can't guarantee an enterprising surfer could not breach its security measures.

"The sad truth is that if somebody has a will, there's a way," she said.

However, there haven't been any reports of students elevator surfing since Mangion's death, Sherbin said.

"I would hope it was a lesson," she said.

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fail the test, you're out of a job. The message is simple. Doing drugs could blow your whole education.

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Partnership for a Drug-Free America

Attention UNLV students: If you have an interest in new trends, fashion, environment, love, or issues that concern college students, stop by The Yellin' Rebel newspaper and fill out an application to write for the Lifestyles section. For more information call Tina Crinite at 739-3478 or 382-8039.

Gretchen Stamos—Protestant Chaplain

by Tina Crinite

As college students begin to question their purpose in life and career choice for the future they may ask: Where do I fit into the larger spectrum of life? Gretchen Stamos, Protestant chaplain at The University Center For Religion and Life, said that many students need something to believe in and stand for in this world.

"Students today need to have self-esteem and an open option to help discover the answer to the question, 'Who am I?'" she said.

Stamos, a psychology graduate of UNLV and former CSUN senator, received a master's of divinity from Fuller Theological Seminary in Southern California. Stamos worked in various churches before being called to a college ministry, where she became the Protestant chaplain at the Center in the end of January.

"It was the perfect job, and I (wondered) why it never occurred to me before," Stamos said.

The purpose of the Protestant Campus Ministry is to "provide ministry with and service to the Protestant Christian campus community of UNLV." Stamos' main job as chaplain is to provide pastoral care, worship services, educational programming, social events, and counseling for students, faculty and staff of the UNLV community.

In addition to the service provided by Stamos every Sunday at 2:30 p.m., she is also concerned with providing activities such as Bible studies, Sunday School, and outside fellowship with the members in a Christian environment. Outside

activities promote a fun, social aspect in which members are able to become better acquainted with one another.

Although the main emphasis of service is directed toward the residential students, Stamos is eager to serve anyone in the campus community who might be interested. Stamos likened college students between the ages of 18 to 25 to "fish out of water in most churches," meaning there seems to be a lack of teaching and ministry for college age students.

"I would like to provide a ministry for college-age people," Stamos said.

"Anyone is welcome to attend the various Protestant services and activities but must understand that the primary emphasis is Protestant," Stamos added. While bridging different religious philosophies and affirming individual identities, Stamos hopes to promote a togetherness and the ability to get along.

Within the Protestant religion there are many different denominations, and the emphasis of the ministry provided by Stamos includes pastoral care and a discipleship program.

"We all hold certain religious bonds in common, and this unity will bring us all together," Stamos said.

The Center for Religion and Life has had a majority of female chaplains and Stamos has found a positive response from students in her position as chaplain.

"Today we are dealing with a different generation. Women in the ministry are becoming more common and people are slowly getting used to the idea," Stamos said.

In March, Stamos became

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advisor for the Protestant Student Association, which became a CSUN-recognized organization. Stamos also sits on the committee for preventing sexual exploitation at UNLV.

The funding for the Center for Religion and Life comes from local churches in Las Vegas as well as support given by some national churches.

"UNLV needs the ministry we are here to provide, and I encourage anyone to try us out and see if this might be a place where some can look beyond themselves and fit in," Stamos said.

Prior to the Protestant ser-

vice on Sunday, Stamos also features a beginning Bible study class, and has a Monday night fellowship.

"It's kind of like 'Everything you wanted to know about the Bible but were afraid to ask.' There is no question too dumb," Stamos said.

If you have any questions regarding the teachings of Stamos or outside activities and Christian environment provided by the Center's protestant ministry, or would like to join the Protestant Student Association contact Gretchen Stamos at 736-0887.



photo by Rob Weidenfeld

Gretchen Stamos, Protestant Chaplain at the university Center for Religion and Life.

In The Making

by William Holt

*In a bedroom,
Closed to those who care,
There is a relaxing breakdown,
Where underwear soils with tear,
And Kleenex drop with skirt.*

*The quiet crackling
Of wet muscles,
Muffled massages,
Flushed circles hot with pain
Soak after soak.*

*We've been too happy,
You and I.*

*But you're right,
People with nothing to do
Would love to do it like this.*

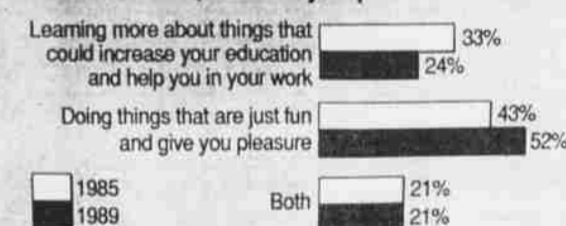
*I don't mind living with no tomorrow
When the past tastes as good
As you.*

Americans and their leisure

Results of poll of 2,000 adults:

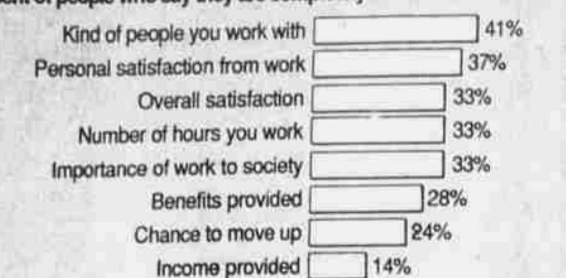
Leisure goals have changed

If you had more leisure time, how would you spend it?



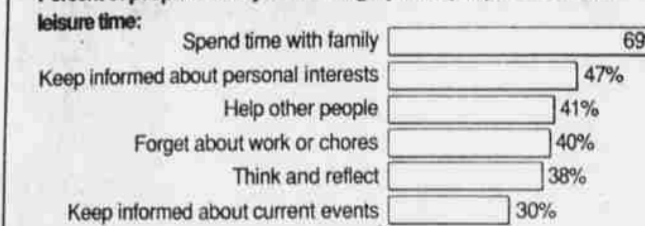
Job satisfaction

Percent of people who say they are completely satisfied with each item:



Leisure time: Family comes first

Percent of people who say each category is very important to their leisure time:



SOURCE: San Jose Mercury News, The Roper Organization