

## Study says that fewer students are using drugs

(CPS) The number of college and high school students who use illicit drugs sharply declined in 1990, a nationwide study contended Jan. 24.

Students' consumption of alcohol remains at about the same high levels of prior years, the annual survey by the National Institute of Health and the University of Michigan also found.

"Clearly our young people are gradually moving away from nearly all forms of illicit drug use," concluded Lloyd D. Johnston, the survey's director and a social scientist at Michigan.

Researchers found that about one-third of the 1,200 college students surveyed had used an illicit drug in the past year.

One-third of high school students asked also reported they had used an illicit drug during 1990.

By contrast, last year's survey found that 50.8 percent of all college students and high schools seniors had used illicit drugs in 1989.

"We are seeing a continuing decline in the proportion of these populations who are actively using any illicit drug, as well as in the proportions using a number of specific drugs such as marijuana, cocaine, crack, stimulants and

sedatives," Johnston reported.

Students' use of alcohol is declining much more slowly than other drugs.

In 1990, 75 percent of college students surveyed said they had consumed alcohol during the past month, down from a high of 83 percent in 1982.

While students apparently are using illicit drugs less frequently, Johnston added it's not because drugs are hard to get.

"Our data strongly suggest that most of the decrease among young people in their use of marijuana, cocaine, crack and PCP is due to a change in their demand for these drugs, not a change in supply," he observed. Students "have increasingly come to see the use of these drugs as dangerous and, probably as a result, peer acceptance of such use has diminished considerably," he said.

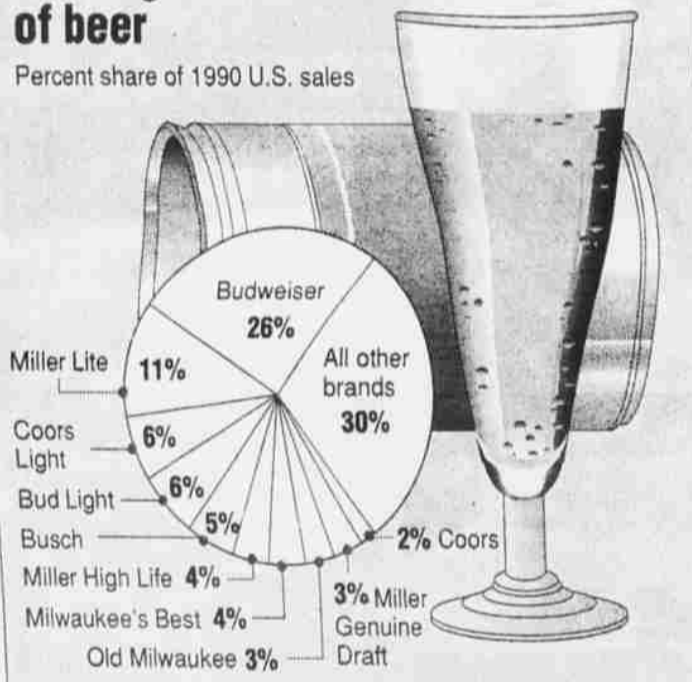
However it's too early to become overly optimistic, Johnston warned.

"We must not lose sight of the fact that even today a significant fraction of our young people are involved with these drugs, and that there still remains much to be done."

### Facts du jour

#### Leading brands of beer

Percent share of 1990 U.S. sales



## HEALTH NEWS

### Time out for a healthy lifestyle

By Tina Crinite

Many times you may hear someone comment that a person is "pear-shaped" or "apple-shaped." The appearance of a person may indicate whether he or she is at risk for developing cardiovascular disease (CVD).

If a person is apple-shaped, the distribution of fat mostly accumulates around the abdominal area of the body, as opposed to a pear shaped person, whose fat accumulation tends to be apparent in the area below the waist, meaning the hips and thighs.

In research conducted at Laval University Medical Center in

Quebec State, it has been found that the "regional distribution of body fat is a significant and independent risk factor in the development of, and death from, CVD."

The person most at risk seems to be apple-shaped, although it still is unclear as to how the disease risk is increased through fat distribution. The storage of fat in the abdominal area is associated with factors such as insulin resistance, diabetes, high blood pressure, etc., which may increase a person's risk for CVD.

This information comes from a clip in the March '91 issue of *Fitness Plus* magazine.

## GREEK NOTES

The sorority sisters of Sigma Kappa and the brothers of the Lambda Chi Alpha fraternity assembled on the afternoon of Feb. 7 to distribute yellow ribbons and American flags in front of the Moyer Student Union. The support of the UNLV students, faculty and staff was apparent as all 200 ribbons were given out in a matter of minutes.

On Feb. 9, the Delta Zeta sorority and the Lambda Chi fraternity helped brighten the day of some children at Las Vegas' Child Haven. Activities included nearly three hours of "play" at Scandia. All involved in this afternoon of softball play, Go-Kart racing and bumper boats enjoyed fun and fellowship with those less fortunate children of the community.

## On this date in black American History

**Feb. 14:** Frederick Douglas, immortal abolitionist, orator, editor and statesman was born a slave in Maryland in 1817.

**Feb. 15:** Ernest E. Just, noted biologist, was awarded the first coveted Springarn medal by the NAACP in 1915.

**Feb. 15:** Nat "King" Cole, legendary singer and jazz pianist, died in 1965.

**Feb. 15:** The Southern Stove Hollow-ware and Foundry Company, a co-operative, was organized on this date in Chattanooga, Tenn. Its aim was to provide both income and workshop training.

**Feb. 16:** The Liberia Herald, the first newspaper printed in Africa, was first published by C.L. Force of Boston in 1826.

**Feb. 16:** The linguist William S. Scarborough was born on this date in 1852. He was graduated from Oberlin College in 1875 and became a teacher of Latin, Greek and mathematics. In 1880, he authored a Greek textbook, *First Lessons in Greek*, which was adopted and widely used in secondary schools and colleges.

**Feb. 17:** On this date in 1946, Orrin C. Suthern II was born. He became the first black organist to perform on the CBS network. While a student at Western Reserve University, he gave a recital

before the American Guild of Organists at Youngstown, Ohio. No black organist had ever been invited to do so before.

**Feb. 17:** Huey Newton, leader and founder of the Black Panther Party, was born in Monroe, La. in 1942.

**Feb. 18:** Quakers of Germantown, Pa. made first formal protest against slavery in colonial America in 1688.

**Feb. 18:** Lucy Sessions died on this date in 1910 in Los Angeles. She was graduated from Oberlin College in 1850 and was the first black woman in America to earn a college degree.

When moonlight glows and nights are starry, a condom means you're never sorry.

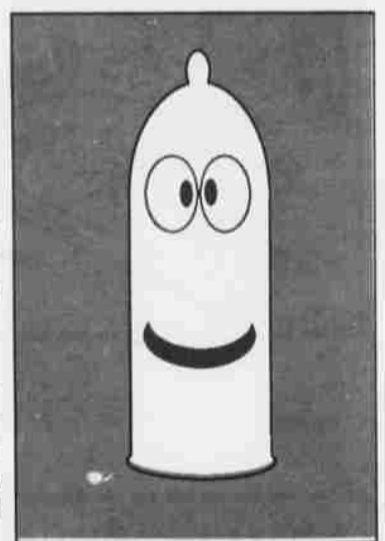
## A new way to test condoms

University of Maryland student Gregory B. Davis won a \$400 prize from the Washington Society of Engineers for inventing a test that can more accurately determine if a condom leaks.

Instead of checking for leaks by filling the condom with plain water, Davis filled it with "fluids that are more accurately represent human fluids."

Translation: "putting something like Ivory liquid soap into the solution before you fill up the condom."

Besides the professional acclaim, Davis said the biggest result of his invention is that "I get a lot of comments in job interviews when I give them the resume and the word condom is there."



## Poems by William Holt

*On The Contrary*

*Love is the only delightful experience  
That is taken seriously.*

*Seriousness is the only delight  
That is hated.*

*Hatred is the only destruction  
That is delightful.*

*And delight is the only Insanity  
Worth having,  
Because Insanity is the only reality  
That is worth believing.*

*Are We There Yet*

*Everyone follows the path to understanding.  
Most will stop along the way and set up  
camp.*

*Then they will invite everyone to the city  
They have created.*

*When you're there, be sure to look  
For the path running through it.*

*Somewhere along the way,  
You will find a museum of an ancient camp-  
ground*