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"If he doesn't have a condom, you just have to take a deep breath and tell him to go get one."

It's not the easiest thing in the world to say.

But these days, you have to. If you're dating someone who doesn't like condoms, talk before having sex. Explain how you feel. Offer to help during the awkward moments. And if this doesn't work, ask yourself, is it worth the risk?

For more information on condoms and AIDS, call 1-800-342-AIDS. Deaf access: 1-800-AIDS-TTY (1-800-243-7889).