

# It is cold in psychology

by William Holt

I hate being dishonest, so I'll tell you that I am concerned that the following assault on the field of psychology (including social work, counseling, and psychiatry) will wind up being my own personal vendetta, because I have also had help and guidance shoved down my throat from professionals as a teen.

My basic qualm about psychology is that it appears to be advice that people get whether they want it or not, through syringes, in the arm, the rear, orally, in the form of tables and straps or in padded rooms. There appear to be many tools of psychology, although the victims rarely have a choice.

The above mentioned devices used by professionals in the field of psychology are of course only used on the severe people, like

schizophrenics. Psychologists (or psychiatrists) often don't need to be as crude and as forceful when half of the "semi-normal" population voluntarily asks for the methods of the doctor anyway, even when paying up-front.

Psychology appears to me to not be a working technology that people can use to better themselves. It rather seems to be a study of merely defining mental illnesses so that experts can then group people into categories of problems. Most psychologists will tell you that they "know very little about the mind"(it's funny that it was the mind that allowed them to say that) and that most people's problems aren't really solved.

I think that the reason people have problems is not because the mental sciences have not been

perfected "yet," but rather because people are going to psychologists, who look at a client as one of many possible problems instead of as one of many different people.

Most clients are either voluntary people who have a paid listener or a paid drug pusher once a week, or are enslaved mental patients who are either sedated by or are stimulated by convulsive drugs (such as antidepressants and anti-psychotics), depending on the situation.

When psychologists do attempt to actually work with a person's dilemma, it appears that they don't work from the person's problem up to the solution. Rather, it seems that they start from a list of authorized solutions from a text manual and hope that the right page will trickle down

to the person's actual problem.

As a teenager, I, myself, was taken to see a counselor. Upon being asked to discuss my problems, I began discussing some philosophical ideas that I had had at the time. My current "attitude" as a teen resulted in a required treatment and a nine week high on convulsive drugs. Apparently, my problem was that I had ideas.

From the field of psychology, I learned more of what this world is all about. In my opinion, I don't think that any of our problems can be solved with advice, whether you pay for it or are locked up to take it. I think that problems started when someone decided that someone else will know better, and when that someone else decided to get his degree.

# Freedom to choose

by R.F. Williams

The question has been asked. It was even put to a very formal state-wide vote, but I'm not sure if we all know what the question actually was. The formal query was posed, "Shall the statute NRS 442.250, 'Conditions under which abortion be permitted,' be approved?" and could be found under the heading of ballot question "Number 7" in the Nov. 6, 1990 Nevada state elections.

The issue that was the topic of possible referendum to the Nevada state constitution is, without a doubt, a volatile question that affects all the citizens of this state and, as I will show, could effect all the residents of the United States of America.

The argument I am making

is in no way an argument for or against abortion, nor is it even about that issue. It is about a much larger issue, which some will say is not possible.

The issue, in reality, was concerning our liberties and freedom. The abortion issue was a disguise, a mask hiding the reality of the question, "Should citizens of the United States be free to control their lives, or should the government, in its infinite wisdom, mandate the morality and conduct of its citizens?"

This was my initial gut reaction, and the way I read the question. If this referendum was approved, where would it stop?

At the same time this issue was being debated, rap group 2

Live Crew, and heavy metal band Judas Priest were on trial because of their methods of expression. Paintings, photographs and other works of art were being taken off the walls and out of galleries. Museum curators who put them on display were being put on trial for pornography. Freedom has prevailed in these cases.

It doesn't matter how you feel about issues, what music you listen to or what represents art to you. The only important thing is that you are free to make these choices. This country is built on a foundation of liberty and freedom. It is our duty to protect and defend those ideas millions have fought and died for.

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Write Us!

The Yellin' Rebel wants your opinions.

Letters should be approximately 300 words, and have name, address, phone number, major and year in school. Send to:

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c/o Letters to the Editor  
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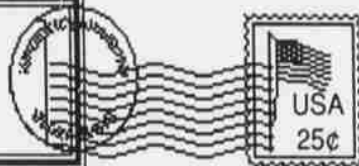
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## Letters to the Editor



### Candidate-to-be seeks help

I will be seeking the Democratic presidential nomination in 1992. After the Iran-Contra affair, the Housing and Urban Development (HUD) scandal, the Savings and Loan debacle, and the latest budget fiasco it will be a real challenge to help restore America's faith in our federal government.

I'm seeking a part-time statewide campaign manager/treasurer to help me capture Nevada delegates to the Democratic National Convention in New York. I'm looking for a political science major who likes politics and may be able to use this position to earn some college credits.

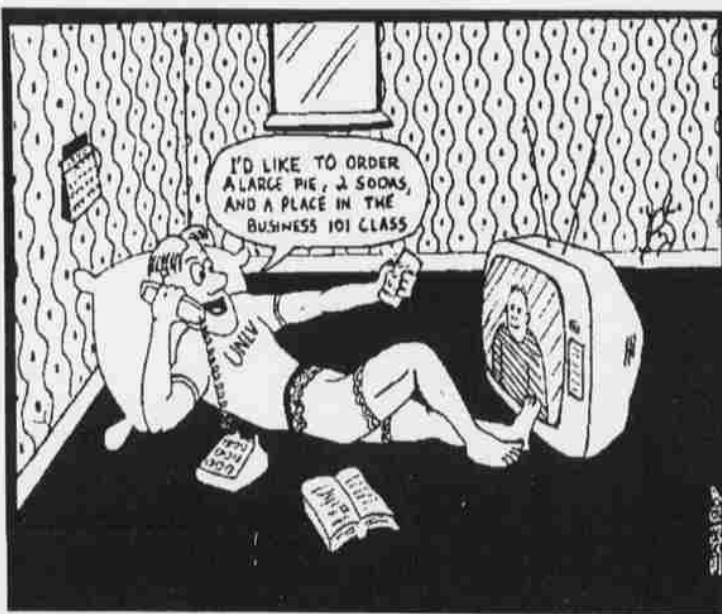
The position would afford the opportunity to learn practical politics from the ground up. Because of Washington's pres-

ent deplorable financial condition, I can't really promise America's college students much except to state that I oppose any cut in the number of Pell grants and student loans currently available to qualified students.

Any male or female student interested in this position please send a brief biography and reasons for wanting this opportunity. A recent photo would be nice. I'm a white, 53-year-old ex-sailor, New Hampshire state legislator from 1982-84 and favor a fiscally responsible, downscaled federal government that is more responsible to the American people.

Paul Hamel  
2109 Crawford Street  
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Quote from the library of Holtism:

"When you've gone too far, the only way to go is further"