## HEALTH AWARENESS DAY

The Student Health Center and CSUN's Student Health Advisory

Committee will be hosting HEALTH AWARENESS DAY

**Promoted By** 

98.5 KŁUC, FM

THE #1 HIT MUSIC STATION

NATIONWIDE COMMUNICATIONS IN

APRIL 4, 1990 10:00 a.m. til 4:00 p.m.

in the

## MOYER STUDENT UNION BALLROOM & LOUNGES

The activities will include:

Ballroom:

Blood Pressure Tests, Body Fat Composition,

Height / Weight Measurements, Health Risk

Appraisals, Free Educational and Informational

**Brochures and Pamphlets** 

Oasis Room:

Lectures / Seminars / Workshops

(Please RSVP for these • 739-3370)

a. HIV Infection & AIDS-Campus Committee on AIDS

b. Highlights on Dermatology and Skin

Beautification - Update 1990 - Saul Schreiber, D.O.

c. Nutrition - Lisa Sherman, R.D.

d. Healthy Heart Habits - CPR Plus

e. CPR Class - CPR Plus (4 p.m. - 8 p.m. • \$10.00)

Room 201:

Blood Drive - United Blood Services (10 a.m. - 4 p.m.)

Student Health

Center:

Anonymous HIV Antibody Testing - Clark County Health District (**FREE** • 10:00 a.m. - 2 p.m.), Mumps, Measles, Rubella Vaccines Available for Persons Born After 1957 (\$5.00 • 9:00 a.m. - 1 p.m.).

If you would like to assist in our endeavors or reserve space for a group, please contact Ken Tomory at 739-3370.

A person's health is the most valuable gift an individual can receive as part of life. Each can hold and treasure it so that it may last a lifetime. We hope to see you there!!!